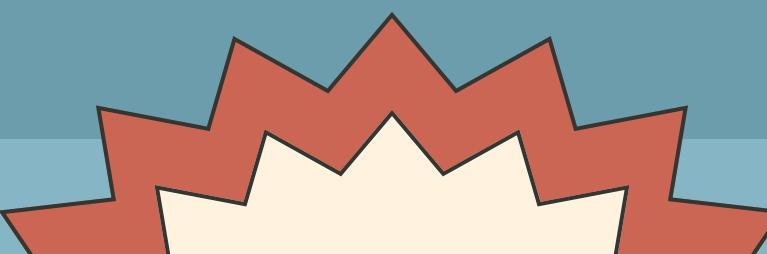


2026

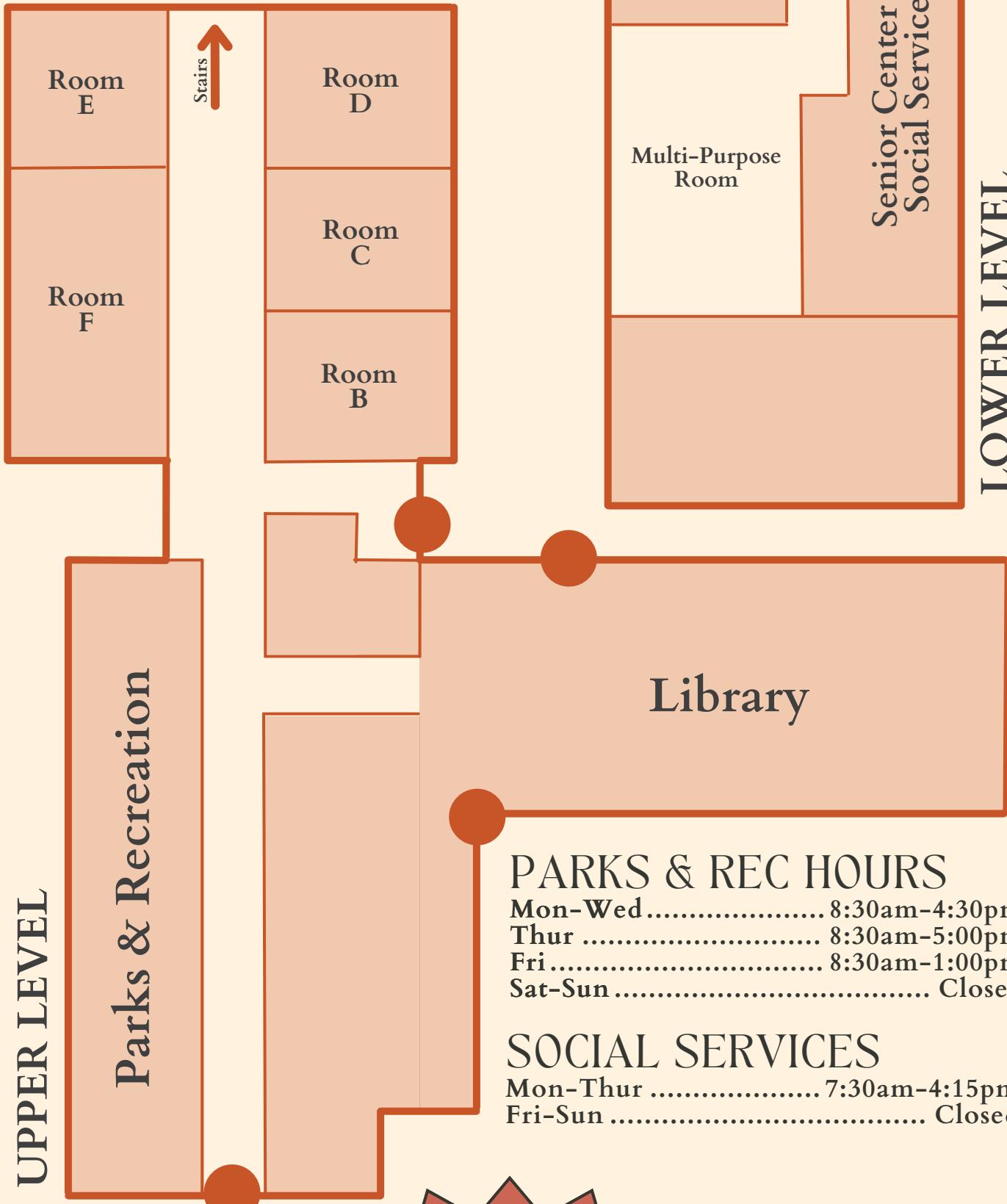
WINTER &
SPRING
PROGRAM GUIDE

CANTON PUBLIC LIBRARY
PARKS & RECREATION
SENIOR & SOCIAL SERVICES



LIBRARY HOURS

Mon-Thur 10:00am-7:00pm
Fri 10:00am-5:00pm
Sat 10:00am-3:00pm
Sun Closed



SENIOR & SOCIAL SERVICES

Contact Us About Social Services

(860)693-5811

townofcantonct.gov/senior-services

Contact Us About Senior Programming

(860)693-5808

cantonrec.org

Our Mission

Our mission is to empower individuals and families through accessible, diverse services that enhance their quality of life.

DID YOU KNOW ABOUT THESE SPECIAL COLLECTIONS AT THE LIBRARY?

Museum Passes: We have more than 20 passes offering free or discounted admission to museums and cultural sites.

Library of Things: In addition to books and movies, we also lend board games, jigsaw puzzles, lawn games, pickleball paddles, ukuleles, knitting needles and more!

Memory Care Collection: A special collection of books, activities and resources for people with memory loss and their caregivers.

VOX Books: A modern version of the "turn the page at the beep" books that many of us remember from childhood, perfect for kids and parents looking for a screen-free read-along experience.

PUBLIC LIBRARY

Contact Us

(860)693-5800

cantonpubliclibrary.org

Meet the Staff

Sarah McCusker
Library Director

Heather Baker

Head of Children's Services

Beth Griffin

Public Services Manager

Meghan Glasgow

Teen Librarian

Beth Van Ness

Adult Services Librarian

Kate Jarest

Head of Library Services & Technology

Our Mission

The mission of the Canton Public Library is to provide a vibrant, welcoming and accessible space to enhance community connection, enrich lifelong learning and promote a dynamic exchange of ideas for all residents in all stages of life.

DO YOU HAVE QUESTIONS?

WE HAVE ANSWERS!

Check Out pg. 28 for
FAQs About the
Departments of the
Community Center!

PARKS & RECREATION

Contact Us

(860)693-5808

cantonrec.org

Meet the Staff

Taryn Schrager
Director of Parks & Recreation

Kellie Faust

Recreation Supervisor

Claire Boughton

Recreation Coordinator

Our Mission

The mission of the Canton Parks & Rec Department is to provide a wide range of recreational and leisure opportunities in an effort to enhance the quality of life for all Canton residents and promote physical, social and emotional experiences. In our effort to achieve this goal we will continue to provide safe, attractive and well-maintained facilities.

Looking for Fitness Classes That Fit Into Your Busy Schedule?

Join the Fitness Flex Pass community in 2026! From low-impact barre to challenging HIIT, Fitness Flex Pass classes cover a range of workout styles that will get your heart pumping. More information on pg. 21

INTERESTED IN VOLUNTEER COACHING T-BALL?

Email
kfaust@townofcantonct.org
if interested. Background checks required for all coaches.

SOCIAL SERVICES

CANTON FOOD BANK

The Canton Food Bank is a non-profit organization that assists families struggling with the burden of managing a tight budget and financial tradeoffs when it comes to providing nutritional meals for their families. Residents of Canton are eligible to receive food assistance through the Food Bank upon completing an intake application and providing proof of residency.

Applications:

townofcantonct.org/NUTRITION

Food Bank Open Hours:

Mondays 6:00pm-7:00pm

Tuesdays 8:00am-11:00am

Trinity Episcopal Church
55 River Rd, Canton CT

CANTON EMERGENCY FUEL BANK

Canton's Emergency Fuel Bank is a program designed to assist families in meeting their heating needs when other sources of aid have been exhausted. Please contact Senior & Social Services if you are in need of emergency fuel assistance.

To make a tax deductible donation to CEFB please make checks payable to Canton Energy Fuel Bank (CEFB), mail to the Collinsville Savings Society, P.O. Box 350, Canton, CT 06019. Please write "Care of CEFB" on the envelope.

FOR ALL SOCIAL SERVICE NEEDS

**CONTACT TONOA JACKSON AT
(860)693-5811**

STATE OF CT RENTERS' REBATE

Elderly applicants must have been 65 years of age before December 31, 2025, rent or share rent, and have lived in Connecticut for one year. All applicants disabled and under 65 years of age must provide proof of disability. Applicants must submit documentation of ALL income and ALL receipts for rent and utilities paid January through December 2025.

Applications:

townofcantonct.org/RENTERS-REBATE

STATE OF CT ENERGY ASSISTANCE

Energy Assistance helps households pay for primary heating bills. ****If the household's primary heating costs are included in your rent, you may also apply for assistance.**** Applications will be taken at Senior & Social Services by appointment only.

Important Deadlines

September 1 - Appointments to submit an application begin

November 1 - First day for fuel deliveries that can be paid for by the program

April 1 - Deadline for fuel auth. for delivery

May 30 - Last day a household can apply to establish its eligibility for benefits

DIAL-A-RIDE

Dial-A-Ride provides local in-town transit service to residents of Canton who are age 60 or older, or residents age 18 or older with disabilities. An annual fee of \$50 per person or \$100 per couple purchases a Dial-A-Ride pass for September 1 through August 31.

Applications:
townofcantonct.org/TRANSPORTATION

SPECIAL EVENTS

CANTON FAMILY ICE SKATING PARTY

Parks & Recreation

Join us for our 9th annual Canton Family Ice Skating Party. Enjoy some time out with the family at Simsbury Farms Ice Rink hosted by Canton Parks and Recreation. There will be one hour of skate time with music. Hot chocolate will be provided.

Sunday 1/11
12:45pm-1:45pm
Simsbury Farms Ice Rink
\$8 R / \$10 NR

CANTON SCHOOLS ART SHOW

Library

Our local celebration of National Youth Art Month! Fine art, sculpture, photography (and more) from all Canton public schools will be on display throughout the library, in the Children's Room, in the showcase display, and in the main gallery area during the entire month of March. This event is a collaboration with the Art Teachers of the Canton Public Schools, who select and display the works. Free evening reception mid March, date to be decided. The reception and the show are open to all and celebrate the work of Canton's young artistic community.

Month of March
During Open Hours
Exhibit and Special Reception are Free
No Registration Required

GALENTINE'S DAY: BEADS & BESTIES

Senior Center

Grab your best friend and join us for a fabulous afternoon celebrating friendship and creativity! "Galentine's Day" is all about ladies celebrating ladies, and what better way to do that than with a little sparkle? We will provide a beautiful assortment of beads and supplies for you to design your own custom jewelry—whether it's a bracelet to keep or a necklace to gift to a friend. While you craft, enjoy delicious light refreshments and wonderful conversation.

Thursday 2/12
11:00am-12:00pm
Senior Lounge
\$5 per Person

TAKE YOUR CHILD TO THE LIBRARY DAY

Library

It's the 15th Annual "TYCTTLD"! We'll celebrate with free, fabulous, fun activities for families. Get a library card (they're free!), meet your children's librarian, and explore all the wonders that your local library has to offer your family. Stop by at any time that Saturday for our in-house scavenger hunt, open Valentine's craft station, and to visit our preschool art show.

Saturday 2/7
10:00am-3:00pm
Free with No Registration Required

THE "LUCKY CHARM" WREATH WORKSHOP Senior Center

Add a splash of green to your home this March! We are hosting a special DIY workshop to create stunning St. Patrick's Day wreaths. It's the perfect way to welcome the changing season and celebrate the holiday. All supplies are provided. Bring your creativity and enjoy a relaxing afternoon socializing with friends while you design your lucky charm.

Thursday 3/5
11:00am-12:00pm
Senior Lounge
\$5 per Person

PIE BAKING CONTEST AND TASTING EVENT Library

Join us for our first-ever Pie Baking Contest and Tasting Event! Local bakers of all ages are invited to submit their best pies, with drop-off on Thursday, March 12 or Friday, March 13 before noon. Then stop by on March 13 from 2-4 PM to taste the entries and vote for your favorites. Awards will be given to the top pies.

Friday 3/13
2:00pm-4:00pm
Free with No Registration Required

UPCOMING CONCERTS SPONSORED BY THE FRIENDS OF CANTON PUBLIC LIBRARY

Therapeutic Celtic Harp Concert with Marcie Swift

Saturday 1/17
Starting at 1:00pm

Bluegrass & Celtic Music Concert

Saturday 3/28
Starting at 1:00pm

CRAFT SUPPLY SWAP Library

Our popular annual Craft Supply Swap is back! Give your unwanted supplies a new home and look for new treasures of your own. Look for more details on the library website in early February.

Saturday 3/21
Starting at 10:00am
Free with No Registration Required

PRE-SCHOOL ART SHOW Library

The lively and colorful display throughout the Children's Room will include art from many local daycare/nursery schools, as well as Canton residents.

Month of February
During Open Hours
Free with No Registration Required

MILK & COOKIES RECEPTION FOR THE PRE-SCHOOL ART SHOW Library

A special "milk and cookies" reception will be held for our young "preschool art show" artists and their families.

Tuesday 2/11
5:30pm-7:00pm
Free with No Registration Required

FRIENDS OF THE CANTON LIBRARY MEETINGS

You can never have too many Friends! The monthly meetings of the Friends of the Canton Public Library are open to anyone who wants to play an active role in supporting the library. For more information visit the Friends website, www.cantonlibraryfriends.org

3rd Tuesday of the Month at 1:00pm

MOTHER'S DAY MOCKTAILS: SHAKE UP SOMETHING SPARKLING! Senior Center

Treat yourself to a refreshing afternoon of creativity and companionship just in time for Mother's Day! Join us for our special Mother's Day Mocktails Workshop, where we will be crafting a delicious variety of non-alcoholic drinks perfect for celebrating the holiday. You'll learn to mix vibrant, flavorful mocktails—from sweet and fruity concoctions to sparkling herbal blends—that you can recreate at home for your family. This is a wonderfully fun and low-cost opportunity to socialize, sample different tastes, and master the art of the perfect celebratory beverage.

Thursday 5/7
11:00am-12:00pm
Senior Lounge
\$5 per Person

KIDS & TEENS SPRING CRAFT FAIR Library

Stop by the Kids and Teen Spring Craft Fair to shop unique, handmade creations from talented young crafters (Grade 12 and under). It's the perfect place to find one-of-a-kind gifts while supporting local youth artists. Everyone is welcome to attend and shop!

Saturday 5/9
10:00am-1:00pm
Free with No Registration Required

VENDORS WANTED FOR THE KIDS & TEENS SPRING CRAFT FAIR!

Are you a young crafter (Grade 12 and under) looking to sell your handmade creations? Sign up for a table at the Kids and Teen Spring Craft Fair by Wednesday 5/6 via the library website!

FLOCK THE LIBRARY Library

Help us create a flamboyance of flamingos at the library! Pick up a plastic flamingo starting April 20, decorate it any way you like, and return it by May 26 to join our outdoor display. All ages are welcome to participate, and prizes will be awarded at a reception on June 1. This community art event is sponsored by the Teen Advisory Group.

Flamingos Available:
Monday 4/20-Tuesday 5/26

Reception Information:
Monday 6/1 ay 5:00pm

Free with No Registration Required

TRIVIA NIGHT HOSTED BY THE TEEN ADVISORY GROUP Library

Join us for a fun trivia night featuring mocktails, classic pub snacks, and a prize for the winning team! Bring your best trivia crew or join one when you arrive. All proceeds support the Teen Advisory Group.

Friday 3/6
Starting at 6:00pm
\$20 per Person

2027 NUTMEG RELEASE PARTY Library

Join us for the 2027 Nutmeg Release Party at the Canton Public Library! Be the first to see the 2027 Nutmeg lists in all four categories and check out the books before anyone else. Register early to secure your collectible mug—fun for all ages!

Saturday 5/2
Starting at 11:00am
Free with No Registration Required

AMERICA 250

AMERICA 250 BOOK DISCUSSION GROUP Library

It's not just big events or important people that shape history. Join us for a book discussion series focused on (comparatively) small things that had a big impact, making America what it is today. Check the library website for book titles and discussion information. Copies of the books will be available at the circulation desk.

Thurs. 2/19 & 4/23
Starting at 6:30pm

AMERICA 250 PLANNING MEETINGS Library

Anyone interested in helping to plan community celebrations of America's 250th birthday in July 2026 is welcome to join us at our monthly planning meetings.

1st Mon. of the Month
Starting at 6:30pm

For Questions or More Information:
smccusker@townofcantonct.org

READ AROUND AMERICA Library

As we celebrate America's 250th birthday, let's explore our country through books! Join in our yearlong reading challenge. More information at the library and on the library website.

Pick Up Your Reading Logs
Starting Mon. 1/5

THE WEB THEY WOVE: WOMEN & THEIR WARDROBE DURING NEW ENGLAND'S REVOLUTION Library

Underpinning the sensationalism of battle reports and broadsides is the often silent steadiness of women's work with textiles. From the mythology of homespun to legends of midnight rides in red cloaks and calashes, costumed historians share stories of the women who waged war on multiple fronts as well as a look at what they wore as their worlds turned upside down.

Mon. 4/20
Starting at 6:30pm

TO FORM A MORE PERFECT UNION Library

A collaborative lecture series presented by the Canton, Avon, Farmington, Simsbury, and UConn Law Libraries. Check the library website for more information about each lecture. All lectures begin at 6:30pm.

1/29: Environmental Law
Simsbury Library (725 Hopmeadow St.)

2/12: Civil Rights & Housing
Avon Library (281 Country Club Rd.)

4/28: Why the 250th Matters
Farmington Library (6 Monteith Dr.)

FROM THE DECLARATION OF
INDEPENDENCE TO THE
GETTYSBURG ADDRESS: HOWARD
WRIGHT PORTRAYS ABRAHAM
LINCOLN

Wed. 2/18 at 6:30pm

DAY TRIPS

AQUA TURF

ST. PATRICK'S DAY CELEBRATION

Tuesday 3/10
11:00am-3:30pm

Padraig Allen and The Mclean Avenue Band have taken the Irish American music and entertainment scene by storm with their wonderful arrangements of pop, rock and folk songs, intertwined with traditional Irish toons and upbeat melodies! Participants will be served corned beef and cabbage or baked cod.

Please Note: Due to the popularity of this trip, we are currently on the waitlist. Please call to be added to a list of interested attendees to be contacted if the status changes.

PLAYHOUSE ON PARK

THE MOUNTAINTOP

Thursday 3/12
Starting at 10:30am

This play is a gripping reimagining of events the night before the assassination of civil rights leader Dr. Martin Luther King Jr. This Olivier Award-winning play offers an intimate and empathetic portrait of one of history's most consequential leaders told by one of today's most important writers, Pulitzer Prize winner Katori Hall (The Hot Wing King).

FOR DAY TRIP PRICING
AND REGISTRATION, VISIT
CANTONREC.ORG
OR CALL
(860)693-5808

“YOUNG AT HEART - FEET SO SMART”

Tuesday 8/11
11:00am-3:30pm

Are you itching to get up out of your seat and dance? From Disco to Ballroom, from Waltz to Swing, and with lots of Line Dancing, you'll be hitting the dance floor in no-time! Don't dance? Come down for some great food, great company and great music. Participants will be served baked cod or chicken marsala.

ROB ZAPPULLA CELEBRATES HERB ALPERT & SERGIO MENDEZ

Tuesday 10/13
11:00am-3:30pm

This high energy concert moves non-stop showcasing Rob's incredible trumpet playing skills! Also featuring the sensational vocals of Alta DeChamplain and Leala Cyr. Follow Herb from Tijuana Bass thru his Solo Career and Sergio with Brazil '66 in this one-of-a-kind show! Participants will be served lemon chicken or pork schnitzel.

HOLIDAY CLASSICS WITH THE CARTELLS

Tuesday 12/8
11:00am-3:30pm

Enjoy an afternoon filled with food, fun and music designed to get you in the Holiday Spirit! Featuring a sing-a-long from The Glamour Girls, Santa and Mrs. Claus. Participants will be served roasted turkey or baked cod.

YOUTH PROGRAMS

PRE-SCHOOL

MUSIC WITH MISS JEAN Parks & Recreation

Ages 18 Months - 3 Years

This guitar led sing-along class consists of music and activities that keep everybody moving. Have fun playing instruments, jumping to the rhythms and learning some musical games. This class gets kids dancing and helps them burn off some energy for nap time.

Winter Session 2

Wed. 1/21-2/18
9:30am-10:30am
Parks & Rec Room
\$70 R / \$75 NR

Winter Session 3

Wed. 2/25-3/25
9:30am-10:30am
Parks & Rec Room
\$70 R / \$75 NR

More sessions available at cantonrec.org

RHYTHM & RHYME STORY TIMES Library

Ages 6 Months - 3 Years

Let us help grow your reader. We'll be introducing children and their loved ones to language, literature and the library through songs, rhymes, stories and games. Parents and caregivers are heartily encouraged to play and sing along, siblings welcomed to attend.

Most Fridays Until 5/15

Starting at 10:30am
Free - Please Visit Children's Desk
Before Class for a Nametag

LITTLE CHEFS Parks & Recreation

Ages 3.5 Years - 5 Years

Have fun and learn some basic cooking and baking life skills. We will focus on safety in the kitchen, reading, following simple recipes, measuring ingredients, familiarization with kitchen equipment and tools all while creating tasty treats. Come share in the passion of cooking!

Winter Session 1

Fri. 1/9-1/30
9:00am-10:00am
Parks & Rec Room
\$131 R / \$141 NR

Winter Session 2

Fri. 2/6-2/27
9:00am-10:00am
Parks & Rec Room
\$131 R / \$141 NR

More sessions available at cantonrec.org

TUNEBUG STUDIO OFFERS KINDERMUSIK Parks & Recreation

Ages 1 Year - 3 Years

Experience the joy and power of music-based learning! Kindermusik's award-winning curriculum is expertly designed to support early childhood development. Spark your child's love of learning and create memories together through singing, dancing, instruments and sign language. Free demo class on 1/10, registration required in advance.

Winter Session

Sat. 1/24-3/28
Level 1: 10:30am-11:15am
Level 2: 11:30am-12:15pm
Room C
\$140 R / \$145 NR

OPEN ART STUDIO Library

Ages 2 Years - 5 Years

Children's Programmer Sue Tarinelli designs a new art project each week for children to complete here at the library with their grownup's help. It's a great way to encourage art exploration and fine motor development while visiting with other families!

Most Tuesdays Until 5/15

10:30am-11:30am

Free with No Registration Required

PLAYSTRONG Parks & Recreation

Ages 1 Year - 5 Years

This is a great class for the active little ones who are looking for a foundation of tumbling and fitness. Skills are taught through a mix of song and dance as well as obstacle courses and other fun games!

Mini Movers (1-2 Years)

This child and caregiver class promotes early social and physical skills while providing a comfortable space for you to guide your baby's skills and growth.

Tiny Tots (18 Months-3 Years)

This is an excellent beginner class for the active little ones who are looking for a foundation of tumbling and fitness and still need a parent or guardian assistance or support in class.

Pre-Tumble (3-5 Years)

This is a great foundational class for independent (no parent or guardian) students who are looking for tumbling and fitness.

Winter Session 2 Spring Session

Mon. 2/9-3/23

Mon. 3/30-5/11

Parks & Rec Room

Parks & Rec Room

Please Note: Each level of Playstrong Tumble Tots is held at a different time in the morning. To see class times and pricing, please visit cantonrec.org

SOCCKER SHOTS Parks & Recreation

Ages 2 Years - 5 Years

Mini Soccer Shots (Ages 2 - 3.5 Years)

This high-energy program introduces children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Classic Soccer Shots (Ages 3.5 - 5 Years)

This program utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Spring Session 1

Sun. 4/19-5/10

Mini Soccer Shots (A) 9:00am-9:30am

Mini Soccer Shots (B) 10:00am-10:30am

Classic Soccer Shots (A) 9:00am-9:45am

Classic Soccer Shots (B) 10:00am-10:45am

Canton Intermediate School Field

Mini Soccer Shots \$72 R / \$77 NR

Classic Soccer Shots \$75 R / \$80 NR

More sessions available at cantonrec.org

PRE-SCHOOL STORY TIMES WITH A CRAFT Library

Ages 3 Years - 5 Years

Story time is our favorite time of the week! Join Ms. Heather for stories, rhymes, songs, and games as we introduce your preschoolers to language, literature, and the library. We'll end every week with an art project created by Ms. Sue.

Most Thursdays Until 5/15

Starting at 10:30am

Free - Please Visit Children's Desk
Before Class for a Nametag

STORIES FOR TWOS AND THREES

Library

Ages 2 Years - 3 Years

Ms. Heather will share stories, songs, rhymes, and more with us to support your child's developing skills. We'll finish the story time with a craft or an interactive activity.

Most Wednesdays Until 5/15

Starting at 10:30am

Free - Please Visit Children's Desk
Before Class for a Nametag

SKYHAWKS: SPORTSTOTS Parks & Recreation

Ages 2 Years - 5 Years

This multi-sport program was developed to give children a positive first step into athletics. The essentials of basketball, t-ball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

Ages 2-3

Sat. 4/25-5/16
9:15am-10:00am
Mills Pond Park
\$79 R / \$84 NR

Ages 4-5

Sat. 4/25-5/16
10:15am-11:00am
Mills Pond Park
\$79 R / \$84 NR

INTERESTED IN MOMMY & ME FITNESS CLASSES?

Check Out The Mommy & Me Fitness
Classes Offered in the Fitness Flex Pass
on pg. 21

ARTS & CRAFTS

DIY VALENTINE'S CRAFT STATION

Library

Our very popular Holiday Craft Station will be returning to celebrate Valentine's Day. The Children's Library Staff provides all the supplies needed so that kids can create. It's a "do-it-yourself" opportunity, so expect to give your little ones a helping hand creating and tidying up. For children of all ages. Grown-ups should expect to supervise and assist any crafters under age 5.

Mon. 2/9 - Sat. 2/14

During Library Open Hours

Free with No Registration Required

AFTER SCHOOL

ART-VENTURES AFTER SCHOOL Parks & Recreation

Grades K - 3

Kids learn about a famous conservationist in each class and how they are working to save the animals. Kids will explore the wonder and beauty of the animal kingdom, and discover nature in a way that inspires empathy, curiosity and creativity. They learn about many different animals and how wildlife conservationists work to protect species around the world. They experiment with a variety of art techniques and use Crayola art materials to create frog paintings, ink diffusion jellyfish, polar bear sculptures and more!

Spring Session

Tues. 4/21-6/2

No Class 4/28

3:40pm-4:40pm

CBPS

\$162 for 6-Week Program

FOOD EXPLORERS AFTER SCHOOL Parks & Recreation

Grades K - 3

Winter Session 2: Surprise Desserts

Join Food Explorers for a dessert class with a surprise! Each week you'll make a sweet recipe with an added vegetable: Carrot Cake Energy Bites, Black Bean Brownie Trifles, Zucchini Cobbler, Chocolate Zucchini Cake Pops with Chocolate Frosting. Come along and try something new! Recipes are nut free but will contain dairy, gluten and eggs.

Wed. 2/11-3/4

3:45pm-4:45pm

CBPS

\$87 for 4-Week Program

Spring Session 1: Spring Desserts 1

Celebrate the season with fresh, fruity and fun desserts! In this hands-on cooking class, kids will create spring-inspired sweets like Raspberry Cheesecake Pies, Lemon Sugar Cookie Trifles, Apricot Croissant Bites and Peach Melba Crumbles. All recipes are nut-free and vegetarian but will contain dairy, eggs and gluten.

Wed. 3/25-4/22 (No Class 4/15)

3:45pm-4:45pm

CBPS

\$87 for 4-Week Program

BE A NUTMEG READER AT THE LIBRARY!

Library

You can sign up to earn collectible book stickers as rewards for reading the 2026 Nutmegs Books. Complete any quiz, and you will earn a collectible book sticker for that book. Read and collect them all year, through the end of April 2026. Any participant who earns 10 or more badges before April 30, 2026 is eligible for special rewards May 2026.

Ongoing Until 4/30

LEGO AFTER SCHOOL Parks & Recreation

Grades K - 3

Celebrate the coming of Spring with Play-Well and tens of thousands of LEGO parts! Build chirping birds, design blossoming flowers and take a ride on a paddle boat. Design and build as never before and explore your craziest ideas.

Spring Session

Thurs. 4/23-5/28

3:30pm-4:30pm

CBPS

\$157 for 6-Week Program

LITTLE YOGIS AFTER SCHOOL

Parks & Recreation

Grades K - 3

Each one-hour session focuses on physical, mental and emotional development through engaging activities. Kids will enjoy breathing exercises for relaxation and focus, yoga poses for flexibility and strength, story times with engaging children's yoga books and mindfulness activities and yoga games.

Spring Session

Fri. 3/13-5/1 (No Class 4/3 & 4/17)

3:30pm-4:30pm

CBPS

\$105 for 6-Week Program

STRENGTH & CONDITIONING

Parks & Recreation

Grades 5 - 8

This program is designed with age-appropriate methods, techniques and movements that will all aide in building a solid foundation of athleticism.

Session 1

Mon. 1/26-2/23 (No Class 2/16)

3:00pm-4:00pm

Parks & Rec Room

\$40 R / \$45 NR

MAD SCIENCE AFTER SCHOOL

Parks & Recreation

Grades K - 3

In this program, students learn foundational science and find out how STEM is at work in the world around them! They learn about the animal kingdom, both on land and under the sea. They make mixtures and explore the science of motion and energy. They also discover the technology that powers our modern world.

Winter Session

Mon. 1/26-3/23 (No Class 2/16)

3:40pm-4:40pm

CBPS

\$200 for 8-Week Program

CREATIVE MINDS

Parks & Recreation

Grades K - 3

This program combines group therapy principles with art projects to help children express themselves, develop coping mechanisms and enhance their social and emotional skills in a safe and supportive environment. Addressing a range of emotional, behavioral challenges such as anxiety, social difficulties and low self-esteem. This program provides a safe and inclusive environment where children can connect, share experiences and offer mutual support. A trained therapist guides discussions, mediates group dynamics and helps children process their feelings and experiences related to the art activities. This program encourages children to describe their artwork and engage with peers. Participants will learn to manage and express emotions in a healthy manner.

Spring Session

Tues. & Fri. 3/31-6/5

3:00pm-6:00pm

CBPS

\$500 for 15-Class Program

SPORTS

ADAPTIVE BASKETBALL CLINIC

Parks & Recreation

Grades K - 3

This basketball clinic is designed to teach children with intellectual and/or physical disabilities the game of basketball. Within the sessions, athletes will be divided up based on their skill set. All athletes will be assigned at minimum one buddy/mentor to help them participate at their highest potential.

Sun. 1/18-3/15

9:00am-10:00am

CIS Gymnasium

\$30 per Person

FUTSAL SOCCER CLINIC

Parks & Recreation

Grades K - 6

Join us for a fun after school street soccer program! At Futsal & Street Soccer, our objective is to increase your personal skills to the next level while increasing your affection and appreciation for soccer. The priority in Street Soccer is to motivate players in an environment that is conducive to learning.

Grades K-3

Mon. 3/2-4/6

3:30pm-4:30pm

CBPS

\$120 R / \$130

Grades 4-6

Mon. 3/2-4/6

5:00pm-6:00pm

CBPS

\$120 R / \$130

INTERESTED IN HELPING OUT WITH YOUTH SPORTS?

The Parks & Recreation Department is on the lookout this spring for T-Ball volunteer coaches! If interested, email Kellie Faust at kfaust@townofcantonct.org. Please note, all volunteer coaches require a background check.

WARRIOR VOLLEYBALL CLINIC

Parks & Recreation

Grades 4 - 9

Whether participants are just starting out or looking to enhance their skills, the clinics focus on key fundamentals such as passing, setting, hitting, serving, and overall game strategy. Each session combines skill-building drills with fun, interactive games that keep players engaged and motivated.

Grades 4-6

Tues. 3/31-5/12
4:30pm-6:00pm
CMHS Gym
\$100 R / \$110 NR

Grades 7-9

Tues. 3/31-5/12
6:00pm-7:30pm
CMHS Gym
\$100 R / \$110 NR

WARRIOR FIELD HOCKEY CLINIC

Parks & Recreation

Grades 2 - 8

Come join CHS Field Hockey Coach, Coach Bristol and her staff in an engaging clinic that will focus on developing the fundamental skills of field hockey. Players will be grouped with similar ages to focus on developing skills to introduce them to the game or elevate their skill set.

Grades 2-4

Sun. 5/3 & Sun. 5/10
9:00am-10:00am
CMHS Turf Field

Single Session: \$25 R / \$30 NR
Both Sessions: \$40 R / \$45 NR

Grades 5-8

Sun. 5/3 & Sun. 5/10
10:15am-11:45am
CMHS Turf Field

Single Session: \$35 R / \$40 NR
Both Sessions: \$60 R / \$65 NR

SKYHAWKS: SPORTSTOTS

See pg. 11

LITTLE WARRIOR JUNIOR GOLF

Parks & Recreation

Ages 3 - 7

Give your child the gift of golf, whether it's the PGA tour, business meetings or just a healthy life habit. Golf can be a hard sport to learn but can be easier with the correct early development. Have your kids learn FUNdamentals with a local golf professional.

Ages 3-4

Mon. 4/20-5/18
4:30pm-5:15pm
CIS Field
\$110 R / \$120 NR

Ages 5-7

Mon. 4/20-5/18
5:15pm-6:15pm
CIS Field
\$120 R / \$130 NR

LET'S SKATE: SKATEBOARDING

Parks & Recreation

Ages 8 - 13

Participants will acquire foundational skills in skateboarding, covering basics like pushing and riding, while also diving into more advanced techniques such as dropping in and ollies.

Thurs. 4/2-4/30
4:30pm-5:30pm
Mills Pond Park
\$100 R / \$110 NR

NEXT GENERATION OF DANCE

Parks & Recreation

Ages 4 - 6

This dance and gymnastics program is designed for all skill levels. Dance is such a fun environment to be in. It's a place to be you, be silly, meet new friends and have fun!

Session 3

Wed. 2/4-4/22
4:45pm-5:30pm
\$124 R / \$129 NR

TENNIS IN THE PARK: LEARN & PLAY

Parks & Recreation

Grades 3 - 8

The tennis program where kids play while they learn! This program is for brand-new, beginner, or returning novice youth players. Led by a USTA-approved coach, we focus on FUN and learning the basics. This program uses modified tennis balls, age-appropriate rackets and engaging activities that help players successfully learn and play the game quicker.

Red Ball
Grades 3-4
Sun. 4/26-6/7
9:00am-10:00am
Mills Pond Park
\$95 R / \$100 NR

Orange Ball
Grades 5-8
Sun. 4/26-6/7
10:00am-11:00am
Mills Pond Park
\$95 R / \$100 NR

T-BALL

Parks & Recreation

Ages 4 - 6

Children learn the basics of baseball including how to throw, catch, hit, and the positions of America's favorite pastime; all while having fun in a safe environment. T-ball takes place on Saturdays spread over 5 weeks in April and May at Mills Pond Park. Participants get a cool team t-shirt to keep! Participants must be at least 4 years old by the start date of the program. If registration is full, parents/guardians are encouraged to register on the waitlist. The waitlist does not guarantee a spot on a team. If a spot opens up or if there is enough interest for another team to be made, you will be contacted.

Registration Deadline: 3/19

Sat. 4/25-5/30
9:30am-10:30am
Mills Pond Park
\$60 R / \$70 NR

TEENS

BABYSITTER TRAINING COURSE

Parks & Recreation

Ages 12 - 16

The primary purpose of the American Red Cross Babysitter Training course is to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid.

February Class Tues. 2/17 10:00am-3:30pm Room C \$100 R / \$110 NR	March Class Tues. 3/17 12:30pm-5:30pm Room C \$100 R / \$110 NR
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TEEN COOKBOOK BOOK CLUB

Library

Grades 5+

Join our new Teen Cookbook Book Club! Each month we'll feature a new cookbook. Teens choose one recipe to prepare at home, then bring it to the meeting for a delicious group tasting and discussion. Try new foods, build your cooking skills, and enjoy a fun meal together.

4th Monday of the Month
1/26, 2/23, 3/23
Starting at 5:00pm

Free with Registration Required

INTERESTED IN ADULT
BOOK CLUBS?

See pg. 25

DUNGEONS & DRAGONS: LEARN & PLAY!

Parks & Recreation

Ages 18+

Come join a Dungeons & Dragons Fifth Edition session full of excitement, dice rolling and high fantasy! Learn to play with an experienced Game Master, create your own character and enjoy a short campaign using a published D&D adventure. No previous experience is required to play! Playing Dungeons & Dragons is a fantastic method of learning and developing team building strategies, problem solving and improvisation skills in a safe, well-constructed and fun environment.

Session 1

Thurs. 2/12-4/30

5:00pm-7:30pm

Room C

\$78 R / \$80 NR

NUTMEG TRIVIA BATTLE: CANTON VS. SOUTH WINDSOR

Library

Grades 4 - 8

Think you know your Nutmegs? Join our team as we face off against South Windsor in a fast-paced trivia showdown featuring the 2026 Elementary and Intermediate titles. We'll battle it out question by question to see which town comes out on top. Prizes—and bragging rights—await!

Tues. 4/7

Starting at 5:30pm

Free with Registration Required

**PLEASE NOTE: PROGRAMS LISTED IN THIS
GUIDE ARE SUBJECT TO CHANGE. FOR
THE MOST UP-TO-DATE INFORMATION,
PLEASE VISIT THE DEPARTMENT
WEBSITES.**

PROGRAM BUDDIES

Library

Grades 8+

Program Buddies applications open March 16! Teens (ages 13+ or entering grade 8) can volunteer this summer as Book Buddies, Art Buddies, or Game Buddies. All program dates and details will be available starting March 16 when the application goes live.

Visit www.cantonpubliclibrary.org
to learn more and apply!

APRIL BREAK

CAS: SOCCER SPRING BREAK CAMP

Parks & Recreation

Ages 6 - 12

CAS Community Camps focus on creating a fun, learning environment while fostering a love for the game through Skill acquisition, conditioned practices small-sided games.

Mon. 4/13-Fri. 4/17

9:00am-1:00pm

CIS Field

\$215 R / \$225 NR

ART-VENTURES APRIL BREAK CAMP

Parks & Recreation

Grades K - 3

Art explorers learn about real artists, their vision of the world and the materials and techniques they use or used. Think about famous artists like Picasso, Matisse, van Gogh, Modigliani, Homer and more.

Mon. 4/13-Fri. 4/17

10:00am-1:00pm

Park & Rec Room

\$225 R / \$230 NR

ADULT PROGRAMS

ART

ADULT CRAFT NIGHT Library

Let's get creative! Join us on the second Thursday of each month for a fun craft project. Something new each month! Check library website for project details and registration information.

2nd Thurs. of the Month

1/8, 2/12, 3/12, 4/9 & 5/14

Starting at 6:30pm

Free with Registration Required

EASY ART FOR ADULTS Library

Do you love to be creative and have fun without the pressure of perfection? Join us for some fun and easy art projects the third Thursday of every month at 1:00 pm. Zero skills required. Just let your inner artist run wild!

3rd Thurs. of the Month

1/15, 2/19, 3/19, 4/16 & 5/21

Starting at 1:00pm

Free with Registration Required

DON'T MISS OUT!

We are constantly adding new programs into our list of offerings! For the most up-to-date programs, visit cantonrec.org and cantonpubliclibrary.org. Also, make sure to follow Canton Parks & Recreation and the Canton Public Library on social media and opt-in to email blasts!

ADVANCED BEGINNER KNITTING TECHNIQUES

Senior Center

This class will have you learning paired increases and decreases and how to apply them, how to decipher patterns, how to read schematics and to apply appropriate finishing techniques for any project. **Attendees must have completed the Knitting for Beginners and Refreshers course or have equivalent experience.**

Mon. 2/2-3/2 (No Class 2/16)

1:00pm-3:00pm

Multi-Purpose Room

\$33 for 4 Class (Required)

\$15 Material Fee (Optional)

HOW TO KNIT CABLES Senior Center

Learn how to read those cable charts and how to keep track of more complicated combinations. In class, we will knit a cabled beverage cozy. **Attendees must have completed the Advanced Beginner Knitting Techniques or have equivalent experience.**

Mon. 3/9 & 3/23

1:00pm-3:00pm

Multi-Purpose Room

\$27 per Person

INTERESTED IN PROGRAMMING YOU DON'T SEE HERE?

We are always looking for suggestions! Don't hesitate to reach out to the Library or the Parks & Recreation Department!

FITNESS

CHAIR PILATES Senior Center

Looking for a low impact way to start or return to exercise? Robyn Centrella's Chair Pilates will have you strengthening your core, boosting your flexibility and posture as well as improving your balance. Yes, you will sit in a chair and still feel like you've gotten a great workout!

Mondays at 11:45am
Wednesdays at 11:30am
Parks & Rec Room
\$20 per Month (\$5/class)
\$7 Drop-In

FITNESS MATRIX Parks & Recreation

This fun beginner-to-intermediate class provides a full-body workout using multiple fitness modalities: resistance training, cardio, balance, and stretching using resistance bands, light weights, steps, POUND Ripstix®, occasional dance fitness moves, and chairs for optional standing support.

Tuesdays at 10:30am
Parks & Rec Room
\$15 per Month

TENNIS CLINICS FOR SENIORS Senior Center

Led by approved USTA tennis coaches, participants will have fun developing the skills to serve, rally, and play tennis while getting great exercise. All players in their first session receive and keep a new tennis racquet.

Wed. 4/29-6/3
10:30am-11:30am
Mills Pond Park
\$100 R / \$105 NR

GROUNDED & STRONG

Parks & Recreation

This class combines the power of strength training with the precision of balance work. You'll use weights to build muscle and increase bone density while performing exercises designed to challenge your stability. This unique workout not only helps you get stronger, but also improves your posture, coordination, and overall functional fitness. Suitable for all levels and abilities.

Fridays at 12:00pm
Parks & Rec Room
\$15 per Month

TAI CHI FOR BALANCE Senior Center

It's all about the balance! Tai Chi for Balance is a friendly group practice that focuses on muscle control, balance exercises, stretching and breathing to improve movement, relieve pain, and help you walk gracefully again. Great for your general health and well being. No special attire, wear comfortable shoes. Continuous enrollment, join any time.

Mondays & Wednesdays at 10:00am
Room D on Mondays
Room C on Wednesdays
\$25 per Month (\$6.25/class)
\$7 Drop-In

PILATES FUSION Parks & Recreation

Improve your flexibility and posture with Pilates Fusion! Sculpt, tone and renew your body! This class combines both standing and mat Pilates with Yoga and Barre. Light weights, a yoga ball, and possibly RIPStiX will be used. Please bring a mat, however no other equipment is required.

Fridays at 10:45am
Parks & Rec Room
\$15 per Month

REST & RECOVER YOGA

Parks & Recreation

A gentle yoga class designed for lifetime athletes. Postures focus on lengthening tight muscles, enhancing joint stability, and activating muscle groups to support functional movement. We'll target common areas of strain – shoulders, hips, spine and forearms – improving mobility and muscular balance.

Session 1
Wed. 1/14-2/18
6:00pm-7:00pm
Parks & Rec Room
\$60 R / \$70 NR

GENTLE YOGA FOR SENIORS

Senior Center

A calm, welcoming class that harmonizes breath with mindful movement. We gently stretch while building strength at a comfortable pace. Chairs, blocks, and straps are available to support ease, accessibility, and healthy alignment—so every body can move with confidence and comfort.

Mondays at 1:00pm
Parks & Rec Room
\$15 per Month (R)
\$21 per Month (NR)

ZUMBA GOLD

Parks & Recreation

Join the party and enjoy the health benefits of this energetic, feel good, low impact aerobic workout. This class is a total body workout set to Latin and international rhythms. Pick your schedule – purchase this flex schedule to be able to attend when it works for you.

Saturdays at 10:30am
Multi-Purpose Room
\$52 for 8 Classes

STRENGTH TRAINING FOR SENIORS

Senior Center

This class focuses on gentle strength training, balance, and mobility using simple movements and light resistance. Every exercise is adaptable, supportive, and designed to help you move with ease –so you can keep doing the things you love with confidence.

Thursdays at 1:00pm
Parks & Rec Room
\$20 per Month (R)
\$28 per Month (NR)

YOGACHI WITH MARY ELLEN

Parks & Recreation

YogaCHI is for all levels and everyone is encouraged to try it out! In this gentle but energizing class we will intelligently combine disciplines of Yoga, Pilates and CHI-Gong. The emphasis will be on exercises to deepen the breath, strengthen the muscles of the "core" as well as upper body, arms and legs combined with deep stretching and ending with therapeutic relaxation techniques.

Winter Session
Thurs. 2/19-3/19
11:00am-12:00pm
Parks & Rec Room
\$50 R / \$60 NR

NOODLE FIT

Senior Center

This entertaining exercise class combines drumming movements with aerobic exercise. Participants use colorful pool noodles to follow the rhythm of great music – it'll get your blood flowing, your heart thumping, your brain working!

Fridays at 9:45am
Multi-Purpose Room
\$20 per Month

POUND FITNESS

Parks & Recreation

A full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. Using lightly weighted drumsticks engineered for exercising, Pound transforms drumming into an incredibly effective way of working out. Designed for all fitness levels!

Session 4

Mon. 1/12-3/2
6:30pm-7:30pm
Parks & Rec Room
\$50 R / \$60 NR

Session 5

Mon. 3/9-4/13
6:30pm-7:30pm
Parks & Rec Room
\$60 R / \$70 NR

YOGA WITH NANCY LIVE STREAM

Parks & Recreation

Yoga is a simple, amazing connection of body, mind and spirit, great for all ages & body types. Class includes Stretches, breathing techniques and relaxation. It will enhance your physical and mental well being, increase strength, reshape muscles and tone your entire body. It will energize you and improve your overall health!

Session 2

Thurs. 2/5-3/26
7:30pm-8:30pm
Live Stream via Zoom
\$62 per Person

TRAIL RUNNING 101 Library

Curious about trail running but not sure where to start? Trail Running 101 will cover the fundamentals—from choosing the right shoes to navigating varied terrain—so you can enjoy the outdoors on the run. Presented by the CT Trailmixers trail running group.

Thursday 4/2

Starting at 6:30pm

Free with Registration Required

PICKLEBALL CLINICS

Parks & Recreation

Intro to Pickleball

Get started in the fastest growing sport in the US – pickleball! In this introduction to the game, you will learn how to play pickleball, including safety, proper grip, positioning, ground strokes, serves, returns, lobs, dinking, scoring and game strategy. This course is geared to beginners to the sport.

Spring Mondays

Mon. 4/27-5/18
5:30pm-7:00pm
Mills Pond Park
\$90 R / \$100 NR

Spring Saturdays

Sat. 4/25-5/16
9:00am-10:30am
Mills Pond Park
\$90 R / \$100 NR

Spring Thursdays

Thurs. 4/2-4/23
9:00am-10:00am
Mills Pond Park
\$60 R / \$70 NR

Drilling Clinic

So you need to practice certain skills outside of a game situation? This class will consist of drilling specific pickleball skills so that they transfer more easily to your game play. The last part of the class will be game play for about 30 minutes to put those skills to practice.

Sat. 4/25-5/16

10:30am-12:00pm
Mills Pond Park
\$90 R / \$100 NR

Advanced Beginner

Pickleball is a fast and exciting sport that challenges your physical and mental skills. If you have some experience playing and want to take your game to the next level, then this class is for you! You will learn advanced techniques, tactics and drills to improve your consistency, accuracy and power.

Thurs. 4/2-4/23

10:00am-11:00am
Mills Pond Park
\$60 R / \$70 NR

FITNESS FLEX PASS

Parks & Recreation

What is the Fitness Flex Pass: Get ready to transform your fitness routine with our 10-class fitness pass! This pass is all about flexibility, fun, and affordability, letting you take control of your workouts. With this pass, you're not locked into a rigid schedule and you have access to a wide variety of exercise classes, all for a budget-friendly cost. You can pick and choose your classes based on what fits your

busy life, making it super easy to stay consistent with your health goals.

How it Works: Register for the pass, then you can select your classes as you go. Just go to the desired class's registration page, select the flex pass option and register. Repeat this for 10 classes. Once you use your ten passes, you can register again and keep going!

FITNESS FLEX PASS ELIGIBLE CLASSES

Barre 360: This 40-minute barre class delivers a challenging yet low-impact barre workout to kick off your Friday.

Barre Bootcamp: Traditional barre with a twist! This class is a challenging fusion of barre, Pilates and HIIT.

Barre Break: Re-energize your day with this 30-minute, low-sweat barre workout on your lunch break.

Build & Burn HIIT: A high-intensity interval training class that blends strength, endurance and dynamic movements.

Core Foundations: Strengthen your center with this 30-minute, power-packed core workout.

Drop In After Drop Off: Designed for parents, this class makes it easy to prioritize your fitness after school drop-off.

Fit & Play: A fun way for parents and caregivers to get a workout in while the little ones socialize in the same space!

Healthy Hustle: A dynamic full-body workout to get your heart pumping and energy flowing.

Movement Express: Using light weights, you'll build strength, improve flexibility and enhance overall movement.

Power Pilates: This 45-minute, full-body workout delivers a challenging twist on traditional Pilates.

**\$70 R / \$75 NR for 10-Class Pass
(Use Code FLEX2026 Until 1/31 for Discount)**

MON.	TUES.	WED.	THURS.	FRI.
<u>Barre</u> <u>Bootcamp</u> 5:15pm-6pm	<u>Fit & Play</u> 9:20am-10:05am <u>Barre Break</u> 12:30pm-1pm <u>Movement Express</u> 6pm-6:30pm <u>Build & Burn</u> 6:40pm-7:25pm	<u>Power Pilates</u> 7:30am-8:15am	<u>Drop In After Drop Off</u> 9:15am-10am <u>Core Foundations</u> 5pm-5:30pm <u>Healthy Hustle</u> 5:45pm-6:30pm	<u>Barre 360</u> 7:40am-8:20am

ENRICHMENT

BATH BOMB WORKSHOP Library

Join Canton Soap Works for a hands-on workshop where you'll learn to create your own personalized bath bombs using simple ingredients, botanicals, essential oils, and clay. Presenter Barbara Szostek will guide you through romantic scents like rose and lavender, paired with pink and red color options to match your chosen botanicals. It's a fun, beautifully scented experience—perfect for crafting something special just in time for Valentine's Day!

Tuesday 2/10
Starting at 6:30pm
Free with Registration Required

SCRABBLE Senior Center

Are you a word whiz, super speller, or have a voracious vocabulary and want to show it off? Come and show your stuff on Friday mornings. Bring a friend and let's keep our brains sharp and smart! Drop-ins welcome!

Wednesdays 10:00am-12:00pm
Senior Lounge

FIRESIDE CHATS Library

Join us for a cozy afternoon of conversation as Canton High School students visit the senior lounge! It's a wonderful chance to share stories, laughter, and perspectives across generations. This is a drop in program. Meet downstairs in the senior lounge.

Tuesdays 1/20, 3/17, 4/21, 5/19
Starting at 2:30pm
Senior Lounge

COFFEE WITH A COP

Senior Center

Join members of the Canton PD for a monthly coffee chat. You are invited to come enjoy a cup of free coffee and open dialogue with those who protect and serve our community. Officer Amelia Packard and other members of the department will be educating us on popular fraud schemes used these days, how to spot them and what to do in the event you suspect you are being scammed.

Thursdays 2/5, 3/12 & 4/9
Starting at 10:00am
Senior Lounge

BINGO Senior Center

Join this growing group of BINGO enthusiasts. A great, low-key social event that involves a large digital screen to easily see and hear the numbers being called. Come when you can, bring a friend or come make some new ones. Coffee and tea are supplied while players bring a pot luck of goodies to share.

Thursdays 12:00pm-3:00pm
Multi-Purpose Room

THE WONDERS OF YELLOWSTONE Library

Discover the wonders of Yellowstone with former interpretive Ranger and photographer Gary Melnysyn! Drawing on his years of experience in the park, Gary shares fascinating insights into Yellowstone's history, geology, and incredible wildlife. Enjoy stunning photography and first-hand stories that bring this remarkable wilderness to life.

Tuesday 1/20
Starting at 6:30pm
Free with Registration
Required

DEREK PIOTR: FOLKLIFE ARCHIVE PRESENTATION Library

Derek Piotr is a folklorist, researcher and performer whose work focuses primarily on the human voice. His work covers practices including fieldwork, vocal performance, preservation and autoethnography; and is primarily concerned with tenderness, fragility, beauty and brutality. He has collaborated with artists including Scott Solter, Nathan Salsburg and Thomas Brinkmann across various disciplines. Sponsored by the Friends of the Canton Public Library.

Saturday 2/7
Starting at 1:00pm
Registration Required

CRITTERS IN THE GARDEN: A MARCIA REID MARSTED MEMORIAL LECTURE Library

Chipmunks, rabbits and deer - Oh My! These and many other animals can wreak havoc in our gardens. Learn how to humanely co-exist with these furry creatures.

Thursday 2/5
Starting at 7:00pm
Free with Registration Required

WII BOWLING Senior Center

Want to get some exercise and socializing in minus the big heavy ball? No need for the silly shoes either. Just bring your competitive spirit and join this wonderful and welcoming group of Seniors who bowl away with laughter and camaraderie. Drop-ins welcome.

Wednesdays 10:00am-12:00pm
Senior Lounge

FIRST FRIDAY FLICKS Library

Join us for First Friday Flicks, a free movie the first Friday of every month at 1:00 pm. Movie titles will be available online and on our bulletin board before each showing. Feel free to bring your own snacks and beverages with a lid.

Fridays 2/6, 3/6, 4/10, 5/1
Starting at 1:00pm
Free with Registration Required

FILM CLASSICS: THE MOST ICONIC SCENES IN MOVIE HISTORY

Library

Join award-winning author and pop culture historian Marty Gitlin for a lively journey through film history, featuring unforgettable clips from classics like Casablanca, The Wizard of Oz, Rocky, E.T., and more. Enjoy fun film trivia as Marty highlights what makes these legendary scenes so iconic. Autographed and personalized copies of his books will be available after the presentation. Don't miss this entertaining and memorable cinematic experience!

Tuesday 3/31
Starting at 6:30pm
Free with Registration Required

MAHJONG Senior Center

The name of the game means "sparrow" in southern Chinese dialects, referring to the bird-like clacking sound the tiles make during reshuffling. This social game of skill, strategy and little bit of luck is a great way to meet people, from friendships and keep the mind sharp! Drop-ins welcome.

Fridays 12:00pm-2:00pm
Senior Lounge

PLANT COMMUNICATION WITH MARGERY WINTERS: A MARCIA REID MARSTED MEMORIAL LECTURE Library

Scientists are learning more about how plants communicate with each other. Learn how they get their messages to each other and why we need to change some of our gardening practices.

Thursday 1/15
Starting at 7:00pm
Free with Registration Required

CARDS Senior Center

Pop in to the new senior lounge after lunch and grab a deck of cards and a few friends. This time is dedicated all types of card games. Plenty of decks and free coffee to go around.

Wednesdays 1:00pm-3:00pm
Senior Lounge

WRITERS GROUP Library

Whether you're working on a novel, crafting short stories, writing songs, blogging, journaling, or polishing business communications—writing is for everyone. Our Writers Group welcomes authors at all stages, from published professionals to those just starting out. We share ideas on the craft, lead creative exercises, and support each other in finding our voices and telling our stories. Poets, musicians, entrepreneurs, memoirists, moms, and more—if you write, you're one of us.

Mondays at 1:00pm
Library Program Room
No Registration Required

RED SOX - YANKEES: THE GREATEST RIVALRY IN SPORTS Library

Experience the most intense rivalry in American sports with award-winning sportswriter Marty Gitlin as he guides you through over a century of iconic Yankees-Red Sox moments. Enjoy exciting video highlights, fun trivia, and legendary stories—from Babe Ruth's sale to the Red Sox's 2004 revenge and beyond. Marty will also have his Ultimate Time Machine books available for purchase, with a Q&A to follow. Join us for a lively, fast-paced program that's sure to be a blast!

Tuesday 4/21
Starting at 6:30pm
Free with Registration Required

TECH HELP FOR SENIORS Library

Bring your laptops, iPads, and cell phones, and have all your technology questions answered by the members of the Canton High School National Honor Society. Meet in the senior lounge.

Tuesdays 2/3, 3/3, 4/7, 5/5
Senior Lounge

GARDENING WITH FROG AND TOAD Library

A garden filled with peeps, quacks, trills or croaks is one of the fastest ways to judge the health of your local ecosystem. Learn how to garden to help amphibian populations in your garden and beyond.

Thursday 4/23
Starting at 7:00pm
Free with Registration Required

BOOK CLUBS

with the Library

MONDAY EVENING BOOK GROUP

Our Monday Book Club meets in the Senior Lounge. You can come in person or request the Zoom link to join from home. Please register if you are not yet a member of the group or if you want to join via Zoom. Copies of the book are available at our circulation desk in advance of the meeting. All adults are welcome to join these book discussions. You will be asked if you register online whether you would like to be on the email list for updates to the group's selections and meeting times.

Mondays 1/12, 2/9, 3/9, 4/13
Starting at 7:00pm
Free with Registration Required

SCIENCE BOOK DISCUSSION

Our mystery book club meets monthly at Good Friends Restaurant in New Hartford and discusses our book while enjoying drinks or dinner together. All adults are welcome to join our Science Book Discussion Group at Good Friends Restaurant. Every month we read a nonfiction Science book or a Science Fiction novel and have a lunch discussion. You can borrow the current book at our library circulation desk. All adults are welcome at our book discussions. Call or email Beth Van Ness if you have any questions about the group or the readings. 860-693-5800 or [bvanness@libraryconnection.info](mailto: bvanness@libraryconnection.info) You can register if you are new to the group and you will receive emails about this book discussion group

Thursdays 2/12, 3/12, 4/9
Starting at 12:30pm
Free with Registration Required

MYSTERY LOVERS BOOK CLUB

Our mystery book club meets monthly at Good Friends Restaurant in New Hartford and discusses our book while enjoying drinks or dinner together. All adults are welcome to join our discussions.

Thursdays 1/29, 2/26, 3/26, 4/30
Starting at 6:00pm
Free with Registration Required

WALKING BOOK GROUP

Our walking book discussion meets at Nepaug Reservoir at the Route 202 gate to walk together and discuss our latest read. You can join us by registering if you have not yet attended the group. We will then put you on our mailing list if you enjoy this monthly walk and discussion. Use the registration link or you may email Beth Van Ness if you have questions or comments. The email is [bvanness@libraryconnection.info](mailto: bvanness@libraryconnection.info) or call 860-693-5800. All adults are welcome to join our discussions and copies of the current book are available at our circulation desk.

Saturdays 2/7, 3/7, 4/11
Starting at 2:00pm
Please Note: 2/7 Start Time is 3:00pm
Free with Registration Required

LIBRARY SPECIAL COLLECTIONS

Museum Passes: We have more than 20 passes offering free or discounted admission to museums and cultural sites.

Library of Things: In addition to books and movies, we also lend board games, jigsaw puzzles, lawn games, pickleball paddles, ukuleles, knitting needles and more!

Memory Care Collection: A special collection of books, activities and resources for people with memory loss and their caregivers.

See Full List on pg. 2

HEALTH, WELLNESS & FINANCE

VETERANS ADVOCACY & ASSISTANCE Senior Center

Veterans and their spouses have the ability to make appointments with Canton's District Representative and Veterans Service Officer, Bill Muhl, to seek help with applying for U.S. Veterans Affairs Disability Compensation Claims, the Veterans Pension and Survivors Pension Benefit Programs and Dependency and Indemnity Compensation; all administered through the U.S. Veterans Affairs Benefits Administration (VBA).

**First Friday of the Month
By Appointment Only**

Call the 5th District's Office at (203)805-6340 to Schedule an Appointment

AARP FREE TAX PREPARATION Senior Center

AARP Tax Volunteers will be available, by appointment only, for free tax preparation beginning February 3rd. Appointments will be held Tuesdays February - April and Fridays March - April. To book your appointment, please call the Parks & Recreation Department at (860)693-5808 during the open hours. Be prepared to answer a few questions about your previous tax filings that will be shared with the AARP Tax Volunteers prior to your appointment. Tax form packets will be made available outside of Room C in the Canton Community Center by January 20th. Please have a packet ready for your appointment date.

MEDICAL FOOT CLINIC Senior Center

Dancing Feet LLC is looking to give you happy feet. Medical foot care is performed by a Registered Nurse and includes general assessment of the feet and lower extremities; nail trimming, filing and cleaning; reduction of thickened nails; soothing of corns and calluses; massaging, applying lotion and powdering feet.

**First Monday of the Month
By Appointment Only**
Call (860)693-5808 to Schedule an Appointment

HEARING SCREENING Senior Center

Are you concerned with hearing loss? Have you ever had a hearing test or are you due for a re-check? It is important to have hearing tested if you start to notice your challenges in social settings, requiring the radio or television at higher volumes, or constantly asking people to repeat themselves. Don't put it off especially when the Senior Center offers it for free!

**Second Thursday of the Month
By Appointment Only**
Call (860)693-5808 to Schedule an Appointment

BLOOD SUGAR/BLOOD PRESSURE SCREENING Senior Center

Blood pressure and blood sugar screening is free and offered weekly by the Visiting Nurse and Hospice Care of Litchfield (VNHCL) to help individuals stay on top of these two important health indicators. No appointment necessary.

**Every Wednesday 11:30am-1:00pm
No Appointment Required
Multi-Purpose Room**

CANTON CAFE

SENIOR LUNCHES

**LUNCHES SERVED ON
MONDAYS & WEDNESDAYS AT 12:00PM
COURTESY OF CANTON'S OWN LISA'S LUNA PIZZA AND
LITTLE OAK CAFE**

Welcome to the Canton Cafe

The Canton Senior Center is proud to host weekly senior meals in the Multi-Purpose Room of the Canton Community Center. These meals are not only affordable, but they also offer a great chance to sit down and either make new friends or catch up with long-time pals. Not interested in dining in? No worries! The Canton Cafe also offers meals to-go for those who have a busy schedule or are home-bound (diners responsible for coordinating meal pick up).

Reservation & Payment Policy

All diners are required to reserve their meals for the month in advance. Reservations can be made by either calling the Parks & Recreation Department at (860)693-5808 or by visiting the office during open hours. If diners do not wish to reserve meals for the full month in advance, they must follow the reservation deadlines that follow: Monday lunches must be reserved no later than Thursday by noon, Wednesday lunches must be reserved no later than Monday by noon. These deadlines are to assure that the correct number of meals are ordered from the restaurants for each lunch. Cancellations must be made 48 hours prior to the lunch in order to receive a refund/credit. Exceptions can be made for true emergencies (ex. illness, injuries, hospitalization, etc.) and will be reviewed case-by-case.

Pricing

Canton Residents	
Dine In:	\$5/meal
Takeout:	\$6/meal
Non-Residents	
Dine In:	\$6
Takeout:	\$7



Monthly Lunch Grants

The Social Services Department is pleased to offer limited monthly grants for qualified individuals to attend Canton Cafe. If you have been wanting to attend but cost is prohibitive, we welcome you to apply. Canton residents who already receive other state and federal assistance through SNAP, Energy Assistance, SSDI and SSI are encouraged to apply. Please contact Tono Jackson at (860)693-5811 or tjackson@townofcantonct.org to apply.

UPCOMING SPECIAL LUNCH EVENTS

Patriots' Day Lunch: Take Me Out to the Ballgame!

We're bringing the excitement of Fenway Park to you as the Red Sox take on the Detroit Tigers in the annual Patriots' Day morning matchup!

Monday 4/20
11:00am

Visit cantonrec.org for Full Details

FREQUENTLY ASKED QUESTIONS YOU HAVE QUESTIONS, WE HAVE ANSWERS!

QUESTION: WHEN DOES REGISTRATION OPEN FOR PARKS & RECREATION SUMMER PROGRAMS?

Sports camp, specialty camp and day camp registration will be opening to the public on Thursday, February 26th. Swim lessons and pool membership registration will be opening on Monday, March 2nd. Please note, these are projected dates and are always possible to change.

QUESTION: DO I NEED TO PAY TO GET A LIBRARY CARD?

No! Library cards are free for all. We just need to see proof of identity and residency. Once you have a Canton library card, you can use it at any public library in the state!

QUESTION: IT'S TAX SEASON! WHAT IS THE TOWN'S TAX I.D. NUMBER?

Canton's Tax I.D. Number is 06-6002383

QUESTION: I'M DOING MY TAXES WITH AARP THIS YEAR, WHERE ARE THE TAX FORM PACKETS AND WHEN ARE THEY AVAILABLE?

The tax form packets used by AARP will be made available by Tuesday, January 20th, and will be outside of Room C in the Canton Community Center. To schedule your tax preparation appointment, call (860)693-5808 or visit the Parks & Recreation Department during open hours.

QUESTION: I CAN'T GET TO THE LIBRARY. IS THERE ANYTHING YOU CAN DO TO HELP ME?

Absolutely! If you are temporarily or permanently homebound for any reason, give us a call and we will be happy to deliver library materials to your door.

QUESTION: I WANT TO KNOW WHAT'S HAPPENING IN TOWN! HOW DO I SIGN UP TO GET EMAIL NOTIFICATIONS?

Visit townofcantonct.gov and scroll down to the "Email Signup" box on the homepage. From there, you will enter your email address and select the email lists you would like to be added to. Once all the lists have been selected, hit the red "Join" button and you will be added to the town's email database. You will then begin receiving email notifications from the lists you selected.

QUESTION: CAN SOMEONE HELP ME WITH MY DEVICE?

Yes! If you need help with a device or a computer skill, you can call the library and make an appointment for one-on-one help with a librarian. Seniors can also drop in once a month in the Senior Lounge for tech help from CHS National Honor Society students (see pg. 24)

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**PLEASE NOTE:
PROGRAMS LISTED
IN THIS GUIDE ARE
SUBJECT TO
CHANGE. FOR THE
MOST UP-TO-DATE
INFORMATION,
PLEASE VISIT THE
DEPARTMENT
WEBSITES.**

