

# CANTON PARKS & RECREATION

WINTER/SPRING 2020



CREATING COMMUNITY THROUGH PARKS, PROGRAMS, AND PEOPLE



## PROGRAMS & EVENTS

SPORTS • ADULT FITNESS • YOUTH PROGRAMS • SPECIAL EVENTS • AND MORE!

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### REGISTER EARLY!

Nothing cancels a program faster than everyone waiting until the last minute to register. If there are not enough registrations by a certain date (sometimes weeks before the program even starts), we cancel the activity, which in most situations cannot be undone. After this date passes, trying to register will not revive the program, so please register early. Also, some classes/ programs do fill up fast and once we reach full capacity we cannot accept more enrollments – so don't wait to register!

**Register online at [www.CantonRec.org](http://www.CantonRec.org)  
 over the Phone at 860-693-5808  
 or in Person at the  
 Parks & Recreation Office**



## PARKS & RECREATION

LOCATED IN THE CANTON COMMUNITY CENTER -40 DYER AVE.

### Office Hours

Monday-Friday: 8:30 a.m.-4:30 p.m.

### Office Phone Number

860-693-5808

### Website

[www.CantonRec.org](http://www.CantonRec.org)

### Recreation Supervisor

Kellie Faust, MSED, CPO  
[kfaust@townofcantonct.org](mailto:kfaust@townofcantonct.org)

### Recreation Coordinator

Lexi Polasek  
[lpolasek@townofcantonct.org](mailto:lpolasek@townofcantonct.org)

### Parks and Recreation Commission

The commission meets 3rd Monday of every month in the Canton Community Center-unless otherwise specified.

Rebecca Andrews – Chair  
 Ben Holden, Todd Jacobs, Elaine Vallo,  
 Brian Miller, and Julius Fialkiewicz

Visit [www.TownOfCantonCT.org](http://www.TownOfCantonCT.org) to view meeting schedules, agendas and minutes. Members of the public are always welcome to attend the commission meetings!

## MEET OUR STAFF



### Alexandra C. Polasek

#### *Recreation Coordinator*

Lexi Polasek has been with the Town of Canton since May 2017 where she oversees a number of department programs including the Explorers Day Camp, Tiny Tots Pre-school Camp, vacation camps, youth enrichment programs, and the Beyond the Bell afterschool program. Lexi has earned her Bachelor's Degree in Recreation, Tourism, and Sports Management from Southern Connecticut State University.

Lexi's favorite recreational activities include hiking, gaming, and playing with her two dogs.

### Kellie M. Faust

#### *Recreation Supervisor*

Kellie Faust joined the Canton Parks and Recreation team in May 2018; she oversees many department programs including CAST, the Recreation Basketball League, sports and fitness programs, aquatics programming, and special events. Kellie has earned her Bachelor's Degree in Childhood Education from Long Island University- Post Campus and her Master's Degree in Sports Management from Old Dominion University. Before coming to Canton she worked at Yale University as the Graduate and Professional Recreation Coordinator. Kellie's favorite recreational activities include taking walks with her son and dogs, running and spending time outside with her family.

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# SPECIAL EVENTS



## Pop Up Winter Wonderland Events

Calling all cold weather lovers, we have some fun events for you! Canton Parks and Recreation will be hosting a series of pop up events throughout the winter. The dates for these events will depend on the weather, so cross your fingers for some snow this year (not too much though). These events will be announced on our Facebook page- Canton Parks and Recreation and through our email system. If you are not already signed up for our emails please go to [www.CantonRec.org](http://www.CantonRec.org) to sign up. The following pop-up events are completely FREE!

### Soup and Snowmen

Do you want to build a snowman? Join us at this fun snowman building event at Mills Pond Park- carrot noses and some other materials will be provided for everyone to build their very own snow friend, but please bring other items from home to complete your snowman's look. Olaf would be proud! After you're done with your creation, warm up with some delicious soup provided by b.good.

### Tubing and Hot Chocolate

Tubes- check, hot chocolate- check, tons of fun-double check. Bring a tube or sled to Mills Pond Park and partake in the winter festivities. Hot chocolate with marshmallows will be provided.

## Valentine's Day Parents Night Out

Celebrate this Valentine's Day with no kids and no worries. Canton Parks and Recreation is providing an

evening of activities for your kids while you enjoy that reservation you booked way in advance. Kids will be supervised and entertained for the evening with arts and crafts, games and more! Pre-registration is required. If your child is in Beyond the Bell at Cherry Brook Primary School and attending Valentine's Day Parent's Night out: they will be dismissed on the Route 3 bus at 3:30 p.m. and picked up by staff at the Canton Community Center drop off. There is limited space for the bus, so register early!

**Date:** Friday, 2/14

**Time:** 5-9 p.m.

**Location:** Canton Community Center

**Fee:** \$30 for first child, \$15 for each additional child, \$15 per child for Beyond the Bell registrants.

## Explorers February Vacation Camp

(Ages 5-13)

On Monday & Tuesday, February 17th and 18th, youth ages 5-13 can enjoy another two days of Explorers Camp! This will include unique crafts that campers can take home and hours of games. Don't miss out on the February edition of Canton's most popular line of day camps.

**Date:** Monday & Tuesday, 2/17-2/18

**Time:** 9 a.m.-3 p.m.

**Location:** Canton Community Center

**Early Bird Price:** (Register on or before January 18th) \$30 for 2/17, \$40 for 2/18- Field Trip Day, \$60 for both days.

**Regular Price:** (After January 18th) \$40 for 2/17, \$50 for 2/18- Field Trip Day, \$80 for both days

**Note:** Non-residents pay an additional \$10 per day

# SPECIAL EVENTS



## Canton Family Ice Skating Night

(Friday, February 7 from 5:20-7:20 p.m.)

Join us for our 5th annual Canton Family Ice Skating Night. Enjoy a night out with the family at Simsbury Farms Ice Rink hosted by Canton Parks and Recreation. There will be two hours of free skate time with music. Hot chocolate will be provided. Online registration closes at 11:59 p.m. on Wednesday, 2/5; afterwards participants will need to pay at the door to Simsbury Ice Rink.

**Date:** Friday, 2/7

**Time:** 5:20-7:20 p.m.

**Location:** Simsbury Farms Ice Rink  
(100 Old Farms Road, Simsbury, CT 06092)

**Fee:** \$8 per person (includes skate rental)

## Easter Egg-Stravaganza!

(Saturday, April 4 at 10 a.m.)

Easter Egg-Stravaganza starts at 10 a.m. at Mills Pond Park with a special variety and juggling show featuring Jason Tardy. Promptly at 11 a.m. kids will be invited to the fields to participate in the annual egg hunt (there will be different sections for varying age groups). Find a golden Easter Egg and get a special prize! Following the egg hunt, families will get the opportunity to get photos taken with the Easter Bunny and enjoy some Easter crafts. The event is completely FREE!

**Date:** Saturday, April 4

**Time:** 10-11:05 a.m.

**Location:** Mills Pond Park

## Spring Family Movie Night featuring “The Incredibles 2”

(Friday, May 22 from 7:45-9:45 p.m)

Bring a lawn chair, some blankets and snacks to Mills Pond Park on Friday, May 22 to watch the movie The Incredibles 2. Get in the summer spirit with this family favorite sequel. Movie will be shown by the stage where the summer concerts are held. This event is completely FREE!

**Date:** Friday, 5/22

**Time:** 7:45-9:45 p.m.

**Location:** Mills Pond Park

## Water Safety Night

(Ages 4-10. Tuesday, May 12  
from 5:30-6:30 p.m.)

The summer is a great time to cool off with a swim, but first it is important to learn tips to stay safe around the water. The Mills Pond Pool staff will guide participants through a series of engaging activities and lessons to teach children important safety techniques to ensure they have fun, while staying aware of their water surroundings. This event is completely FREE!

**Date:** Tuesday, May 12

**Time:** 5:30-6:30 p.m.

**Location:** CCC – Multi-purpose Room (lower level)

## Explorers April Vacation Camp

(Ages 5-13)

Explorers Day Camp is back for April Vacation! This one week of camp is the perfect opportunity for 5-13 year olds to participate in a variety of activities, make new friends and create memories that last a lifetime! Camp will be held in the Canton Intermediate School Gym.

**Dates:** Monday, 4/13 – Friday, 4/17

**Time:** 9 a.m.-3 p.m. | Before Care: 7:30 a.m.-9 a.m. | After Care: Monday-Thursday 3-6 p.m. and Friday 3-4 p.m.

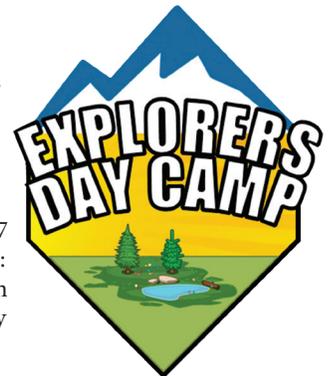
**Location:** CIS Gym | Canton Community Center for Extended Care

**Early Bird Rates:** (Register on or before March 19th)- \$30 per day (\$40 for Flight Day) or \$130 for the week.

**Regular Rates:** (After March 19th)- \$40 per day (\$50 for Flight Day) or \$170 for the week.

**Extended Care Price:** \$25 for Before Care, \$65 for After Care and \$85 for both. Extended Care Prices are for the entire week. Early Bird rates do not apply for extended care.

**Note:** Non-residents pay an additional \$10 per day or \$20 for the week



# PRE-SCHOOL PROGRAMS

## PLAYSTRONG: TumbleTots

(Ages 2-4)

Music, games & FUN for your 2-4 year old. This program is an introduction to tumbling with somersaults, cartwheels and backbends. The class is active play and learning, your little one will get a great work-out! Class is expected to fill quickly, so don't wait to register!

**Dates:** Mondays 9:30-10:15 a.m.

**Session I:** 1/27-3/9 (No class 2/17)

**Session II:** 3/23-5/11 (No class 4/13)

**Location:** CCC

**Fee:** \$60 (NR \$70)

## Music with Ms. Jean

(Ages 18 months-3 years)

This guitar led sing-along class consists of music and activities that keep everybody moving. Have fun playing instruments, jumping to the rhythms and learning some musical games. This class gets the kids dancing and helps them burn off some energy for nap time. Have fun playing instruments and learning musical activities and games. Learn to enjoy playing with other toddlers!

**Dates:** Wednesdays

**Session I:** 1/8 - 2/12

**Session II:** 2/26 - 4/1

**Session III:** 4/8 - 5/20 (No class 4/15)

**Time:** 9:30-10:30 a.m.

**Fee:** \$70 (NR \$75)

**Location:** CCC

## Pre-School Hoops

(Ages 3-5)

Youth ages 3-5 years will be introduced to the sport of basketball in a friendly, safe and fun environment. Kids will learn skills and techniques through a variety of activities and games. Come join the fun. Register today!

**Date:** Tuesdays, 4/21-6/2 (No class 5/26)

**Time:** 5-5:45 p.m.

**Location:** CCC

**Fee:** \$65

## NEW! Kids on the Move

(Ages 2-4)

This program is for the kid always on the go! Classes are focused on improving your child's physical growth and coordination through a mix of agility stations, games and sports. This program offers a little bit of everything to ensure kids stay active, play and have fun!

**Dates:** Mondays, 3/16-4/6

**Time:** 6-6:45 p.m.

**Location:** CIS Gym

**Fee:** \$45 (NR \$55)

## First Kicks Soccer Parent & Child

(Ages 3-4)

This program is a great way for parents and children to experience fun activities and spend quality time together. The program is about building positive parent and child interactions in a safe, joyful and developmentally appropriate environment. In addition to being a lot of fun, our parent & child classes are great preparation for young children to learn social skills as well as other school readiness skills that are appropriate for their age.

**Dates:** Tuesdays, 4/21-6/2 (No class 5/26)

**Time:** 6-6:45 p.m.

**Location:** CIS Field (Rain option CIS Gym)

**Fee:** \$70 (NR \$80)



## Canton Valley Dental

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Matthew P. Keefe, DMD

Janot J. Bente, DMD

Jo-Anne Castellone, DMD

# YOUTH ENRICHMENT PROGRAMS

## Canton Amateur Seasonal Theatre - C.A.S.T. presents: High School Musical Jr.

(Ages 9-16)

Disney Channel's smash hit movie musical comes to life on the stage in Disney's High School Musical JR. Troy, Gabriella and the students of East High must deal with issues of love, friends and family while balancing their classes and extracurricular activities. The show's infectious, danceable songs are sure to engage performers and audiences alike.

**Dates:** Mondays and Wednesdays, 2/24-4/30

(No rehearsal 4/13 & 4/15)

(Schedule will also include a few Saturday afternoon rehearsals with specific characters 1-3 p.m.)

**Production Dates:** 5/1 & 5/2

**Time:** 4-6:30 p.m.

**Location:** CCC

**Fee:** Early Bird Price: \$399 (Register by 1/15)

**Regular Price:** \$430

## NEW! Canton Amateur Seasonal Theatre - C.A.S.T. Acting Class

(Ages 9-12)

Acting class will encourage spontaneity, simplicity, and fun as we develop scenes and characters from notable shows. This class will enhance skill sets through a variety of theatre games, group musical numbers, scenes, and monologues. Each participant will have the opportunity to be involved in various character scenes from shows like You're a Good Man Charlie Brown, Little Women, and more. The class culminates in a performance for friends and family to come watch their work.

**Dates:** Mondays, 1/6 – 2/3 and Wednesday, 1/22

(No class 1/20)

**Time:** 4-5:30 p.m.

**Location:** CCC

**Fee:** \$175

**Performance Date:** 2/10 @ 6 p.m.

(CCC Multi-Purpose Room)

## NEW! Canton Amateur Seasonal Theatre - C.A.S.T. Advance Acting for Teens

(Ages 13-16)

CAST Advanced Acting Class is designed for teens that have some stage experience and interest in exploring acting theatre arts. This class will explore theatre techniques that will aid young actors in developing strong characters. Additionally we will discuss the audition process identifying how to stand out from the crowd during your audition. Through advanced theatre games, group and individual scene work, participants will explore how to develop believable characters and present a talent showcase at the end of the course.



**Dates:** Mondays, 1/6 – 2/3 and Wednesday, 1/22

(No class 1/20)

**Time:** 5:30-7:30 p.m.

**Location:** CCC

**Fee:** \$175

**Performance Date:** 2/10 @ 6 p.m.

(CCC Multi-purpose Room)

## Improv for Kids

(Ages 9-16)

Too often, kids are told to be quiet and listen -- but with Sea Tea Improv, we want to hear their wildest and most creative ideas! Sea Tea Improv classes are all about harnessing the wit and wisdom of students ages 9-16 and turning it into intelligent, cool comedy. Whether your child wants to pursue a career in comedy, become more confident in social and academic settings or round out theatrical training, Sea Tea Improv is here to help. This class is a creative space for kids to utilize, exercise, and develop their individual talents while working together with a team of peers to create comedy theater!

**Dates:** Thursdays, April 23 – May 14

**Time:** 6-7:30 p.m.

**Location:** CCC

**Fee:** \$80 (\$85 NR)

# YOUTH ENRICHMENT PROGRAMS

## Beyond the Bell Afterschool Program

(Grades K-3)

Everyone is a little disappointed when the summer is over, but Canton Parks & Recreation keeps the summer camp fun going with our Beyond the Bell program! Beyond the Bell is an action-packed afterschool program for Cherry Brook Primary School students in grades K through 3. The program will be offered from 3:30-6 p.m. on Monday through Friday with the exception of school vacations, holidays, professional development days, and snow days. Beyond the Bell is the school year equivalent of our tremendously popular Explorers Summer Camp and is run in the same format including indoor and outdoor sports, group games, arts and crafts, and even entertainers.

Benefits of an afterschool program are widespread. Quality afterschool programs provide a safe, nurturing place with supervision for school age children and the opportunity to reinforce learning from school, teach social skills, and encourage good citizenship. Through the activities that we offer, we hope to help your children develop some life-long leisure skills, as well as an understanding about the importance of having recreational interests.

Children will be provided with a snack and our staff will do homework with them every day. Participants can be picked up any time before 6 o'clock. We now offer a flexible schedule for our Two and Three Day Option, where you pick the days that fit your schedule that are consistent for that month! Register for the Winter/Spring Semester Package to save!

**Dates:** Monday-Friday, 1/2-6/11\*

**January:** 1/2/20- 1/31/20 (No class: 1/1/20, 1/17/20 and 1/20/20)

**February:** 2/3/20-2/28/20 (No class: 2/17/20, 2/18/20)

**March:** 3/2/20-4/3/20 (No class: 3/10/20-3/12/20)

**April:** 4/6/20-5/1/20 (No class: 4/10/20, 4/13/20-4/17/20)

**May:** 5/4/20-5/29/20 (No class: 5/22/20, 5/25/20)

**June:** 6/1/20-6/12/20\* (Last full day of School Day)

**Winter/Spring Fully Loaded Package:**

**Time:** 3:30-6 p.m.

**Location:** CBPS

**Fees: Fully Loaded Week (5 Days):**

January: \$240

February: \$215

March: \$265

April: \$175

May: \$215

June: \$120

Winter/Spring Fully Loaded Package: \$999



### You Pick Three Days Per Week:

January: \$145

February: \$130

March: \$175

April: \$120

May: \$110

June: \$75

Winter/Spring Fully Loaded Package: \$675

### You Pick Two Days Per Week:

January: \$115

February: \$100

March: \$100

April: \$75

May: \$100

June: \$50

Winter/Spring

Fully Loaded

Package: \$480

**NEW!**

## Beyond the Bell Afterschool Program

(Grades 4-6)

Beyond the Bell is an action-packed afterschool program that is now offered for Canton Intermediate School students in grades 4-6. The program will be offered from 2:45-5:30 p.m. on Monday through Friday with the exception of school vacations, holidays and snow days.

Participants can be picked up any time before 5:30 p.m. Children will be provided with a snack and our staff will do homework with them every day. For more information about Beyond the Bell please view Beyond the Bell's description above, or in our Parent Handbook, located on our website: [cantonrec.org](http://cantonrec.org).

**Dates:** Monday-Friday, 9/3-12/20

September: 9/3-9/27 (No class on 9/2, 9/30)

October: 10/1-11/1 (No class on 10/9, 10/11 and 10/14)

November: 11/4-11/29 (No class on 11/5, 11/12-11/14, and 11/27-11/29)

December: 12/2-12/20 (No class on 12/23, and 2/31)

**Time:** 2:45-5:30 p.m.

**Location:** CCC

**Fees:**

**Fully Loaded Week (5 Days):**

January: \$250

February: \$225

March: \$275

April: \$185

May: \$225

June: \$130

Winter/Spring Fully Loaded Package: \$999

# YOUTH ENRICHMENT PROGRAMS



## You Pick Three Days Per Week:

January: \$155  
 February: \$140  
 March: \$185  
 April: \$130  
 May: \$110  
 June: \$75  
 Winter/Spring Fully Loaded Package: \$675

## You Pick Two Days Per Week:

January: \$120  
 February: \$105  
 March: \$105  
 April: \$80  
 May: \$105  
 June: \$55  
 Winter/Spring Fully Loaded Package: \$480

## NEW! Beyond the Bell Half Day Adventures

Beyond the Bell will be held on Half Days for even more exciting adventures! On half days children will be going on a field trip, having an entertainer, pizza party during the colder days, or other fun activities. Children will still have time for homework and be provided with a snack. Please view our website for more information, and please note field trips/entertainers are subject to change. If your child attends Cherry Brook Primary School, they will take a bus at normal dismissal time to the Canton Community Center upon bus availability. Our Beyond the Bell staff will greet them at the bus stop and walking

them inside to the Canton Community Center for the entertainer/pizza party, or be boarding the bus with them for the field trip option.

If your child attends Canton Intermediate School, our staff will pick them up from CIS and walk them across the street to the Canton Community Center. They will then board the bus that arrives from Cherry Brook Primary School if it is a field trip day.

**Time:** CIS: 12:15-6 p.m. | CBPS 1-6 p.m.

**Location:** CCC

**Dates and Fees:** January 17: \$60 R (\$80 NR) CIS | \$50 R (\$70 NR) CBPS

March 10-12: \$150 R (\$170 NR) CIS | \$125 R (\$145 NR) CBPS

May 22: \$60 R (\$80 NR) CIS | \$50 R (\$70 NR) CBPS

## Hobby Quest's "Airplanes Captains" (Grades K-3)

Roger that—Captain, you're in charge! As a commander in this exclusive flying club, you'll learn important STEM concepts in order to build your own new ALL NEW aircraft models like the Batman helicopter, the long-flying Airshow and more! Then you'll take them for a spin and watch them soar through the clouds. This class is the perfect combination of science and fun! It's all up to you, so buckle up and take the controls in this fantastic, flying program.

Build it. Fly it. Keep it.

**Dates:** Thursdays, 2/20-4/2 (No class 3/12)

**Time:** 3:40-4:40 p.m.

**Location:** CBPS

**Fee:** \$115 (\$135 NR)

# YOUTH ENRICHMENT PROGRAMS

## **NEW! Food Explorer's** (Grades K-3)

Students will explore the food groups in MyPlate! Each class will focus on one food group, starting off with an interactive nutrition activity followed by a hands-on cooking activity. Students will make their own tasty snacks using ingredients from the food group of the day. They will learn the basics of healthy eating with a hands-on approach. This class is nut free! Students will come home with new recipes, new skills, and new knowledge about the food that they eat.

**Dates:** Wednesdays, 4/22-5/13

**Time:** 3:40-4:40 p.m.

**Location:** CBPS

**Fee:** \$65 R (\$75 NR)

## **Mad Science** **Crazy Chemworks** (Grades K-3)

Shake up a flask of fun in the lab as a junior chemist! This program is packed solid with explorations of cool chemical and physical reactions, laboratory equipment, acids and bases, florescence, states of matter, atoms and molecules and much more! Children take home labware and more by the end of term to continue the chemistry fun at home.

**Dates:** Mondays, 3/2-4/27 (No class 4/13)

**Time:** 3:40-4:40 p.m.

**Location:** CBPS

**Fee:** \$155 R (\$165 NR)

## **Pottery for Kids** (Ages 8-16)

Experience the wonders of working with clay on the potters' wheel! Participants will learn throwing, embellishing and glazing techniques to create dishes they can enjoy using every day. Newcomers and those with clay experience are welcome. Come enjoy the fun! All tools and clay provided.

### **Winter Sessions**

**Session I:** Mondays, 1/27-2/24

**Session II:** Tuesdays, 1/21-2/18

### **Spring Sessions**

**Session I:** Mondays, 3/16-4/13

**Session II:** Tuesdays, 3/17-4/14

**Time:** 4:30-6 p.m.

**Fee:** \$145 (\$155 NR)

**Location:** Gildersleeve Pottery Studio



## **Art-Ventures:** **Spring Superheroes:** **Saving Planet Earth** (Grades K-3)

Superhero girls and boys soar off on a top-secret mission to save planet Earth using the most important superpower of all: imagination! Like Powerpuffs and Spider Boys, we'll design our own superhero masks, shields, and capes to protect our secret identities, and even build superhero sidekicks to accompany us as we save the world. During these fun and resourceful art experiences, Super Art Heroes create a variety of AMAZING and original works of art using natural, recycled and unconventional art forms and techniques. Paint canvas tote bags, construct your own super-vehicles, and build jetpacks that you can really wear! Make recycled pots, create yarn paintings on jars, and draw superhero self-portraits. Color ceramic superhero banks, build secret comic book boxes, and explore the art of printmaking while designing bubble wrap t-shirts. Both girls and boys will have a blast as members of the League of Super Art Heroes, saving the Earth with exciting and environmentally-conscious masterpieces.

**Dates:** Tuesdays, 3/17-5/12 (No class 4/14)

**Time:** 3:40-4:40 p.m.

**Location:** CBPS

**Fee:** \$130 (\$140 NR)



# YOUTH SPORT PROGRAMS

## NEW! Warrior Cheerleading

(Ages 5-12)

Have fun being part of the squad! Learn cheers and dance routines! Proper stretching techniques and some gymnastics will also be part of the program. Team will cheer at Canton High School basketball games! No try outs! Everyone who registers will be on the squad. Please note, cost of uniform and pom-poms not included (additional cost); participants will be responsible for ordering through instructor.

**Dates:** Saturdays, 1/11-2/29

**Time:** Ages 5-8: 10-11 a.m. Ages 9-12: 11 a.m.-12 p.m.

**Location:** CCC

**Fee:** \$69 (\$79 NR)

## NEW! Kids on the Move

(Ages 5-6)

This program is for the kid always on the go! Classes are focused on improving your child's physical growth and coordination through a mix of agility stations, games and sports. This program offers a little bit of everything to ensure kids stay active, play and have fun!

**Dates:** Mondays, 3/16-4/6

**Time:** 6:45-7:30 p.m.

**Location:** CIS Gym

**Fee:** \$45 (NR \$55)

## First Kicks Soccer

(Ages 5-6)

This special program will feature fun activities designed to maximize instruction, develop basic technical skills and build a love for the game. At this age, our curriculum will challenge young players to focus on skills like dribbling, passing, shooting, ball control, decision-making and creativity. Team play is fostered through group exercises and small sided noncompetitive games.

**Dates:** Tuesdays, 4/21-6/2 (No class 5/26)

**Time:** 6:45-7:30 p.m.

**Location:** CIS Field (Rain option CIS Gym)

**Fee:** \$70 (NR \$80)

## Field Hockey Clinic

(Grades 4-8)

Learn the fundamentals of field hockey with former college players and coaches. This clinic is specifically designed to foster skill development and growth in players, grades 4-8. Come join the fun and improve your field hockey skills. No previous experience is necessary! Participants are asked to bring a field hockey stick, shin guards & mouth guard.

**Dates:** Tuesdays, 5/5-5/26

**Time:** 3-4:30 p.m. (instructor will meet participants after dismissal)

**Location:** CIS Field

**Fee:** \$50 (NR \$60)



## Next Generation Dance & Gymnastics

(Ages 3-10)

This dance and gymnastics program is designed for all skill levels. Students will learn a variety of dance and gymnastic routines. This class will emphasize skill building, meeting new friends and of course having fun! No experience is needed.

**Instructor:** Alyssa Laigle, Dance Instructor and Fitness Trainer

**Dates:** Wednesdays

**Session I:** 2/12-4/1

**Session II:** 4/8-5/13 (No class 4/15)

**Session III:** 5/20-6/10

**Times for sessions I-III:**

**Combo Class Ages 3-5:** 4:30-5:30 p.m.

**Hip-Hop/Gym Ages 6-12:** 5:30-6:30 p.m.

**Session I Fee:** \$95 (NR \$105) (8 week session)

**Session II Fee:** \$60 (NR \$70) (5 week session)

**Session III Fee:** \$48 (NR \$58) (4 week session)

## Spring T-ball & Coach Pitch

(Ages 4-7)

Children learn the basics of baseball including how to throw, catch, hit, and the positions of America's favorite pastime; all while having fun in a safe environment. T-ball and Coach Pitch take place on Saturdays spread over 5 weeks in April and May at Mills Pond Park. Participants get a cool team t-shirt to keep. Registration deadline is March 31st. Parent volunteer coaches are needed, if you are interested in volunteering please call 860-693-5808 or email Kellie Faust, Recreation Supervisor at [kfaust@townofcantonct.org](mailto:kfaust@townofcantonct.org).

**Dates:** Saturdays, 4/25-5/30 (No games 5/23)

**Fee:** \$50 (\$60NR)

**Location:** Mills Pond Park

**Time:** T-Ball: 10-11a.m.

**Coach Pitch:** 11-12 p.m.

# TEEN, ADULT, AND SENIOR PROGRAMS

## **NEW! Interview Workshop for Teens**

(Ages 13-17)

This is a great opportunity to prepare for getting your summer job! The workshop focuses on interview preparation, learning how to respond to different types of interview questions and the follow-up process after an interview. After the workshop, students have an opportunity to practice their interviewing skills in a mock interview to get ready for the workforce.

**Workshop Date:** Tuesday, February 4th

**Time:** 3-5 p.m.

**Mock interviews:** To be scheduled 2/10-2/14 based on participant's availability

**Fee:** \$20

**Location:** CCC

## **American Red Cross Babysitter Training**

(Ages 11-16)

The American Red Cross is the nation's leader in babysitter training and will prepare you to be the best sitter in your neighborhood. This class provides knowledge and skills necessary to safely and responsibly give care for children and infants. Participants will develop leadership skills, learn how to develop a babysitting business, keep themselves and other safe and help children behave; while learning about basic child care and basic first aid. Participants should bring lunch, a snack and drink(s).

**Date:** Saturday, April 4th

**Time:** 10 a.m.-3 p.m.

**Location:** CCC- Room E

**Fee:** \$135 (NR \$150)

## **American Red Cross Basic CPR/AED and First Aid**

(Ages 13+)

This hands-on skills training prepares you to respond to breathing and cardiac emergencies as well as basic first aid. It also teaches the skills and knowledge needed to provide care for victims of sudden cardiac arrest through the safe use of an automated external defibrillator (AED).

**Date:** Tuesday, 5/19

**Times:** 4-9 p.m.

**Location:** CCC

**Fee:** \$85 (\$100NR)

## **American Red Cross CPR/AED and First Aid Re-Certification**

(Ages 15+)

This course is an official re-certification class for existing CPR/AED and First Aid Certifications that are expiring. All students must present proof of current certification (not having been expired over 6 months). To be re-certified students must pass all

sections of this review course including written exams.

**Date:** Thursday, 5/21

**Times:** 4-7 p.m.

**Location:** CCC

**Fee:** \$60 (\$75NR)

## **AAA Drivers Education Course**

AAA's full Driver Education Program consists of 30 hours of classroom study and 8 hours of individual in-car lessons (four 2 hour lessons) in one of their specially equipped training vehicles. All students enrolled in the class must be 16 years of age or older by start of the class. One parent or legal guardian is required to attend the first class for the full two hours. Register through AAA at [www.AAA.com/drivingschool](http://www.AAA.com/drivingschool).

**Dates:** Tuesdays, Wednesdays & Thursdays

**Session I:** 2/25 -3/26

**Session II:** 4/21-5/21

**Times:** 2:30 p.m.-4:30 p.m.

**Fee:** AAA Member Price \$595, \$650

(Non-Member Price)

**Location:** CHS-Room 226

## **Guitar Lessons for Adults**

(Ages 50+)

Learning guitar is one of the many relaxing and absorbing activities that seniors and baby boomers are discovering. This is an excellent way to maintain good cognitive functioning as well as hand flexibility. Acquiring knowledge regarding playing a guitar, or any musical instrument, exercises all aspects of your brain: sight, sound, fine movement control and perception.

**Dates:** Wednesdays, 4/8-5/27

**Time:** 1:30-2:30 p.m.

**Location:** CCC

**Fee:** \$100 (\$110 NR)

## **RoadMap to College**

Junior year is the time for students to explore colleges and continue to position themselves as strong candidates. In this class you'll learn how to find the right college fit, plan strategically for the application process and create good teamwork between parent, student and school counselor. Topics include: curricular and extra-curricular choices; the timeline and process for tests, recommendations, essays, visits, interviews, applications and scholarships; the vocabulary (ACT, FAFSA, Naviance, etc.); and the technology that supports the application process.

**Instructor:** Katherine Hooker, College Help 360

**Session 1:** Saturday, January 18

**Session 2:** Saturday, April 11

**Time:** 12 p.m.-3 p.m.

**Location:** CCC- Room C

**Fee:** \$60 per family (NR \$70 per family)

# TEEN, ADULT, AND SENIOR PROGRAMS

## Super Senior Stretch

Stretch, tone, and flex your way to a healthier you. This exercise program works on flexibility, muscle tone, and balance – keys to maintaining a healthy lifestyle as we age. Session is 4 weeks long- pay by the month.

**Dates:** Tuesdays

**Time:** 10:30-11:30 a.m.

**Fee:** \$15 per month session

**Location:** CCC

## Pottery for Adults

(Ages 15 +)

Experience the wonders of working with clay on the potters' wheel! Participants will learn throwing, embellishing and glazing techniques to create dishes they can enjoy using every day. Newcomers and those with clay experience are welcome. Come enjoy the fun! All tools and clay provided.

Tuesday Class – 10 a.m. – 12 p.m.

OR 7 p.m. – 9 p.m.

**Session I:** 1/21 – 2/18

**Session II:** 3/17–4/14

Wednesday Class – 9:30–11:30 a.m. OR

1 p.m. – 3 p.m. OR 7 p.m. – 9 p.m.

**Session I:** 1/22 – 2/19

**Session II:** 3/18 – 4/15

Thursday Class – 7-9 p.m.

**Session I:** 1/23 – 2/20

**Session II:** 3/19 – 4/16

**Fee:** \$185 (NR \$195)

**Location:** Gildersleeve Pottery Studio

## Every Body's Exercise for Seniors with Mary

Stretch, tone, and flex your way to a healthier you. Mary is a fun-loving instructor, telling jokes, and wearing crazy costumes. She makes exercise seem effortless and fun! Come out and give it a try-you'll be hooked! Session is 4 weeks long- Pay by the month.

**Date:** Fridays

**Time:** 10:30-11:30 a.m.

**Fee:** \$15 per month session

**Location:** CCC

## Zumba Gold with Denise

Join the party and enjoy the health benefits of this energetic, feel good, low impact aerobic workout. This class is a total body workout set to Latin and international rhythms. We use the same music and choreography as Zumba Basic; the routines are just modified to be gentler on your knees. No experience necessary, just a willingness to dance and have fun while logging at least 5,000 steps on your fitness tracker! Classes run continuously throughout the year. Classes are offered 2 days a week. Buy 10 classes for \$65 and fit the classes into your schedule. No experience necessary, "Let the Energy Move You!"

Not sure if Zumba is right for you? No problem! Denise is offering one free trial class. Go online to register or call the office.

**Dates/Times:** Tues, 6-7 p.m. & Sat, 10:30-11:30 a.m.

**Fee:** \$65 for 10 Classes, make your own schedule

## NEW! The Zoo Indoor Rowing

(Ages 18 +)

Indoor Rowing is becoming the best way to get a full body workout that uses every major muscle group and doesn't stress your body with unnecessary impact to your joints. At The Zoo, classes are taught on ergometers, indoor rowing machines. Other light weight equipment is utilized to engage all different muscles throughout class.

Each class will incorporate a variety of exercises that will challenge you to improve your cardio and strength. Age and level of fitness should not be a deterrent, as all levels of experience are welcome and encouraged to come! As, each rower can work at their own intensity.

Wear comfortable clothing.

**Session I:**

**Mondays** - 1/6-2/17, 9:30 – 10:30 a.m.

(No class on 1/13)

**Tuesdays** - 1/7-2/11, 11:00-12 p.m.

Wednesdays – 1/8-2/12, 9:30-10:30 a.m.

or 6:30-7:30 p.m.

**Thursdays** – 1/9-2/13, 11:00-12 p.m.

**Fridays** – 1/10-2/14, 9:30-10:30 a.m.

Fridays will be an endurance based class with a longer cardio workout

**Fee:** \$59 (1 day per week programs)

\$110 (2 days per week program)

**Location:** The Zoo Health Club, Simsbury CT

## YogaCHI with Mary Ellen

(Ages 14 +)

YogaCHI is for all levels and everyone is encouraged to try it out! In this gentle but energizing class we will intelligently combine disciplines of Yoga, Pilates and CHI-Gong. The emphasis will be on exercises to deepen the breath, strengthen the muscles of the "core" as well as upper body, arms and legs combined with deep stretching and ending with therapeutic relaxation techniques. The class is designed to bring energy and balance into the body, mind and spirit, cultivate health, vitality and longevity. Yes, this is for everyone!

**Dates:** Thursdays

**Session I:** 1/2/20-2/6/20

**Session II:** 2/13/20-3/19/20

**Session III:** 3/26/20-4/30/20

**Session IV:** 5/7/20-6/11/20

**Time:** 10-11 a.m.

**Fee:** \$60 (NR \$70)

**Location:** CCC

# TEEN, ADULT, AND SENIOR PROGRAMS



## Yoga with Nancy (Ages 14+)

Yoga is a simple, amazing connection of body, mind and spirit, great for all ages & body types. Class includes stretches, breathing techniques and relaxation. It will enhance your physical and mental well-being, increase strength, reshape muscles and tone your entire body. Participation will energize you and improve your overall health, including posture, balance, power and range of motion. It's great for people with back problems and for alleviating muscle soreness and joint inflammation. Yoga will improve your overall quality of life and keep you looking and feeling better throughout the year.

**Dates:** Thursdays

**Winter Session I:** 1/02-2/20

**Winter Session II:** 2/27-4/16

**Spring Session:** 4/23-6/04

**Time:** 7:30-8:30 p.m.

**Fee:** \$80 (NR \$90)

**Location:** CCC

## Co-ed Adult Volleyball (Ages 18 & older)

Drop-in volleyball is back at Canton Intermediate School Gym for doubles, triples, and team matches. Standard outdoor doubles and triples rules will be utilized. The program is pick-up style with new teams forming each week. Equipment is provided. The program follows the school schedule for holidays, special events, and weather closures. Please check the website for specific dates.

**Dates:** Thursdays, 1/9-5/7 (No games 1/30, 3/12 & 4/16)

**Time:** 1/9-2/27: 8:00-9:45 p.m., 3/5-5/7: 7:30-9:30 p.m.

**Location:** CIS Gym

**Fee:** \$35 (NR \$45) for the session

## Men's Pickup Basketball (18 & older)

For men looking for a pickup basketball game, come out to Canton Intermediate School Gym for recreational basketball in the evening. The program is in a pickup format with new teams each week. All ages and abilities are welcome! Equipment is provided. The program follows the school schedule for holidays, special events, and weather closures. Please check the website for specific dates.

### Under 35

**Dates:** Mondays, 1/6-5/4

(No games 2/17, 3/2 & 4/13)

**Time:** 7:30-9:45 p.m.

**Location:** CIS Gym

**Fee:** \$35 (\$45 NR)

### Over 35

**Dates:** Tuesdays, 1/21-5/4

(No games 2/18 & 4/14)

**Time:** 7:30-9:45 p.m.

**Location:** CIS Gym

**Fee:** \$35 (NR \$45)

## NEW! The Cave: Youth and Teen Center

The Cave is a social and recreation center serving young people within the community. It is free to attend and two chaperones are on duty. The Cave offers a variety of beverages, snacks and food all free of charge for the youth who stop by. The Cave also has a variety of recreational games, activities and arts & crafts such as: board games, basketball, a pool table, Wii Games, Xbox Games, age appropriate movies, origami, friendship bracelet making, painting and much more!

Once a month The Cave offers a special event or activity. To view a schedule for special events, sign up on the Parks and Recreation e-mail blast list, or check Facebook and Instagram (@cysbct for both).

There is no need to register or sign up. Youth just stop by, sign in and have fun!

For Middle School Youth, if parents want to sign their child in and leave a phone number as a contact you may do so.

**Please note:** Our chaperones are there to monitor interaction while being at The Cave, but if the attendee chooses to leave The Cave our chaperones will not stop them. They can give the parent a call to notify the attendee they have left, if a number is left behind. Middle School Youth will also be provided with a free dinner (example: pizza or sandwich supplies on site), and orders will be taken between 5:30-5:45 p.m.

The Cave is located behind the Collinsville Congregational Church (7 South Street, Collinsville, CT 06022) and you enter through the middle red door. The Cave is sponsored by the Canton Youth Services Bureau.

**Dates/Times:** Fridays 7-10 p.m. (Grades 9-12)

Saturdays 5-8 p.m. (Grades 6-8)

**Location:** Collinsville Congregational Church- School House (middle red door), 7 South Street, Collinsville CT

**Fee:** FREE to attend!

## Summer Camp Early Bird Registration starts April 1, 2020

Believe it or not summer is just around the corner! Canton Parks and Recreation is already hard at work planning all of the amazing adventures that your kids will enjoy this summer at our feature day camps: Explorers Day Camp (ages 6-12), Tiny Tots Pre-School Camp (ages 3-5) and Teen Adventure Travel Camp (ages 13-15). Teen Adventure Travel Camp will be only one field trip each week. Full information will be available online at [www.CantonRec.org](http://www.CantonRec.org) and in the upcoming Summer Brochure.

Early Bird registration for summer camps begins on April 1st online at [www.CantonRec.org](http://www.CantonRec.org), over the phone at 860-693-5808 or in person at the Parks and Recreation Office. Spaces are limited so don't wait to register! A \$20 fee for Non-Residents will be added on at checkout. Register on or before May 1st to receive Early Bird rates on all camp programs and save! Prices increase on May 2nd

## Counselor-in-Training (Ages 14-17)

### What is the C.I.T. program?

Canton Parks and Recreation Department is seeking responsible, outgoing, 14-17 year olds interested in working with children in a fun, fast paced, outdoor setting during the summer. C.I.T.'s (Counselors in Training) will assist camp counselors with planning and leading activities, supervising campers both on site and on field trips and other duties as needed. There will also be weekly "Leadership Workshops" to help C.I.T.'s develop leadership skills and team building!

### Benefits of becoming a C.I.T.

Being a C.I.T. is extremely rewarding and is a great resume builder for college. Also, top performing C.I.T.'s will be given preferential consideration during the hiring process when they are eligible to apply for a paid position and openings exist.

### Application Process

Interested individuals are required to complete an application form and attach a reference letter from a non-family member (teacher, coach, etc). Applications will be accepted starting January 27th. Application materials must be dropped off to the Parks and Recreation Office by no later than April 24th to be considered. Candidates will be contacted for interviews on a rolling basis. There are a limited number of C.I.T.'s that will be admitted into the summer 2020 program so do not wait to apply.

### Admission

After completing an interview, successful candidates will receive an acceptance letter into the C.I.T. program.



## Water Safety Instructor Aide Summer 2020 (Ages 12-15)

Canton Parks and Recreation Department is seeking responsible, outgoing, 12-15 year olds interested in working with swim lesson instructors and children at Mills Pond Pool. WSI Aides will assist certified instructors with planning and leading swim lessons throughout the summer.

Interested individuals are required to register for the WSI Aide course scheduled for Sunday, June 14th. Students that are successful in the WSI Aide class will be invited to be scheduled to assist in teaching swim lesson sessions. A great volunteer experience, good for resume and a lot of fun! For more information please visit [www.CantonRec.org](http://www.CantonRec.org).

## SUMMER INTERN OPPORTUNITY

Canton Parks and Recreation is looking for a Summer Recreation Program Assistant (Intern) to assist with program planning, supervision, customer service, and other areas of the Parks and Recreation profession. Candidates must be enrolled in an undergraduate or graduate level program in recreation & leisure services or closely related field. Internship anticipated to run May-August.

Interested candidates should e-mail a resume to Kellie Faust, Recreation Supervisor at [kfaust@townofcantonct.org](mailto:kfaust@townofcantonct.org). Candidates will be contacted for an interview on a rolling basis. Position may be filled at any time

## SUMMER EMPLOYMENT 2020

Canton Parks and Recreation will begin accepting applications for summer employment starting on January 2nd, 2020. Applications and job descriptions are available at [www.CantonRec.org](http://www.CantonRec.org) and in person at the Parks and Recreation Office. Openings include summer camp counselors, front desk attendants, lifeguards, water safety instructors and maintenance. For more information please contact Kellie Faust, Recreation Supervisor at [kfaust@townofcantonct.org](mailto:kfaust@townofcantonct.org). Candidates will be contacted for an interview on a rolling basis. Position may be filled at any time. Be sure to apply early as openings are limited and fill quickly.

# DEPARTMENT INFORMATION

## ADA/Special Accommodations

Canton Parks and Recreation is committed to meeting the needs of the entire population. Accommodations may be arranged for department programs and activities for individuals with special needs. Please contact Kellie Faust, Interim Director of Parks and Recreation to discuss options to help modify or accommodate varying needs. Please contact us a minimum of 3 weeks prior to the start of an activity to ensure ample time for an accommodation to be arranged.

## Scholarships

Individuals in need of a scholarship may pick up or download a scholarship application from [www.CantonRec.org](http://www.CantonRec.org) or in person at the Parks and Recreation Office. Completed forms must be submitted to the Senior/Social Services Director, Jessica DeMeo at [jdemeo@townofcantontct.org](mailto:jdemeo@townofcantontct.org) or in person during business hours. Plan ahead and please allow 2-3 weeks for processing applications, scholarship decisions will be communicated via email.

## Department Mission Statement

It is the mission of the Canton Parks and Recreation Department to provide a wide range of recreational and leisure opportunities in an effort to enhance the quality of life for all Canton residents and promote positive physical, social, and emotional experiences. In our effort to achieve this goal we will continue to provide safe, attractive, and well maintained facilities.

## Communication

The Canton Parks and Recreation Department communicates in a variety of ways. This includes through our department Facebook page (subscribe by clicking "like" on our page), through our website [www.CantonRec.org](http://www.CantonRec.org) and through our e-mail blast system. We strongly recommend you subscribe to our e-mail system for the latest updates including new programs, class changes, upcoming events, registration information, contests, and more. To subscribe create or log in to your household account at [www.CantonRec.org](http://www.CantonRec.org) and check off "receive updates" and "cancellations". Please contact the office if you need assistance.

## Program Refund Policy

- 1.) Canton Parks and Recreation reserves the right to cancel programs for insufficient enrollment numbers. In the event we cancel a program you will receive a full refund.
- 2.) Refunds may be issued if you cancel out of a program a minimum of 1 week prior to it beginning. A \$10 cancellation fee will be deducted.
- 3.) Refunds cannot be issued after a program has already started or for select activities including bus trips and consignment tickets.
- 4.) Registrations made via credit card may be refunded back to the card (typically takes up to 1 week); cash or check registrations will be refunded via check (takes 2-3 weeks).

## Mistakes Happen!

The Parks & Recreation Department has made every effort to prepare this brochure as accurately as possible. However due to publication deadlines, program information may change, necessitating adjustments to programs, fees, or schedules. We apologize in advance should you find an error or for any inconvenience these errors or adjustments may cause.

## Rentals

The Town of Canton rents out select facilities and fields throughout the year. Please visit [www.CantonRec.org](http://www.CantonRec.org) and check out "Department Info" tab to find the necessary forms and policies. Completed forms may be submitted to the Parks and Recreation Office. Canton Community Center Meeting Rooms contact the Parks and Recreation Office for reservations- no form required.

Canton Community Center Multi-purpose Room/ Town Hall Auditorium and other town sites require a special events application. Insurance certificate and fees may be required. Please allow at least 60 days in advance for applications to be reviewed. Contact the Parks and Recreation office for any questions.

Canton Park Fields require a Field Use Application. Non-residents and for-profit groups will be assessed fees. All groups require insurance certificate prior to use. Full details available on the application.

Mills Pond Pool (seasonal only) and/or Park Pavilions require a completed Pool-Pavilion Rental Application. Contact the Parks and Recreation Office for available dates/times. Fee information is available on the application.

## Canton Youth Sports Affiliates

Not finding a particular sports program in this brochure? Check with our local Canton Youth Sport affiliates below:

- Canton Little League:** [www.cantonll.com](http://www.cantonll.com)
- Avon/Canton Hockey:** [www.avonhockey.com](http://www.avonhockey.com)
- Basketball:** [www.cantonyouthathletics.com](http://www.cantonyouthathletics.com)
- Football/Cheer:** [www.focf.zoomshare.com](http://www.focf.zoomshare.com)
- Lacrosse:** [www.cantonlax.org](http://www.cantonlax.org)
- Soccer:** [www.cantonsoccer.org](http://www.cantonsoccer.org)
- Travel Football:** [www.warriorsfbc.com](http://www.warriorsfbc.com)

## Call for New Program Instructors

Do you have a special talent or skill that you want to share with others? Canton Parks and Recreation accepts new program proposals year round. Program Proposal applications are available at [www.CantonRec.org](http://www.CantonRec.org), completed applications should be submitted to Lexi Polasek, Recreation Coordinator at [lpolasek@townofcantontct.org](mailto:lpolasek@townofcantontct.org)

# TOWN PARKS, TRAILS & FACILITIES



## Mills Pond Park

East Hill Road

Mills Pond Park is Canton's premier recreation facility. The park includes: Olympic size pool, wading pool, sand volleyball court, picnic shelters, 4 tennis courts, 2 basketball courts, play scape, soccer fields, 3 baseball/softball diamonds, skate park and walking area around the pond.

## Canton Community Center & Community Gardens

Dyer Avenue

CCC houses the Parks and Recreation, Public Library and the Senior/Social Services Department. The center includes program spaces and meeting rooms. Garden plots are available for purchase in the spring.

## Bicentennial Park

Old River Road

This field is used by Canton Little League for practices. There is parking and access to the Farmington River Trail.

## Dyer Field

Dyer Avenue

Home to Canton Little League's Softball program.

## Canton Green

Dowd Avenue & Albany Turnpike

The Canton green is a quaint space in the middle of a busy section of town. This is also the home of the annual tree lighting event in December.

## Willem Van Gemenen Memorial Field

Simonds Avenue

These fields are used primarily by Canton Little League and currently houses the park's maintenance garage.

## Mills Pond Skate Park

1. Hours of Skate Park: Seasonally, Monday-Sunday from dawn to dusk.
2. In the event of any emergencies call 911. Please report any damage to the Canton Parks and Recreation Department at 860-693-5808.
3. When you enter this facility you assume all responsibilities that are inherent to extreme sports activities which could result in harm to yourself, others and/or property. To enjoy your experience, know your abilities and stay within them. The Town of Canton and its agents are not responsible for any injuries.
4. Helmets and protective gear are strongly encouraged. Use of helmets and protective gear will reduce your risk of injury.
5. Be respectful of others in this area and the rest of the park. Inappropriate language, loud music, rude disruptive behavior, smoking and use of alcohol or drugs are not allowed on town property.
6. Weather conditions may create unsafe surfaces for users. Please use judgment and inspect equipment before use.
7. No modifications to the skating surfaces or features are allowed. This includes additional ramps, jumps, or obstacles.
8. Please assist us in keeping the park clean by using trash cans. No food or drink is allowed within the park area.
9. Parent or legal guardian must be in attendance at all times if participant is under 12.
10. Any participant asked to leave by a Town Official must leave the premises immediately.

## Community Garden Plots

Available The Canton Community Gardens are located behind the Canton Community Center. Fee is \$35 for a 20 x 25 plot, and \$55 for a 20 x 50 plot, raised plot \$20 (Senior discounts available). All returning plot requests must be submitted by no later than Friday, March 13. New gardener applications will be accepted starting Friday, March 20 assigned on a first come first serve basis regardless of past participation. Gardens are assigned on a first come first serve basis regardless of past participation. Registration forms are available online at [www.Canton-Rec.org](http://www.Canton-Rec.org) and in person at the Parks and Recreation Office.

## Canton Dog Park

The Canton Dog Park project is full steam ahead thanks to the combined efforts of the Parks and Recreation Department and the Friends of Canton Dog Park Inc., a non-profit group tasked with fundraising, planning and policy development. For a history of the project please visit [www.CantonRec.org](http://www.CantonRec.org) to view the original survey report and meeting minutes. For up-to-date information on the project please contact Friends of the Canton Dog Park Inc., at [cantondogparkct@gmail.com](mailto:cantondogparkct@gmail.com)

Information on these town parks and facilities is available at [www.CantonRec.org](http://www.CantonRec.org)