

Mills Pond Pool – Swim Lesson Information

- **Lessons:** Swim lessons for Parent/Child require a parent/guardian to be in the water with the participant at all times. For pre-school and levels 1-6, students will be in the water independently (only instructors and participants) and should be able to participate in group instruction without parental guidance. Parents who are not required to be in the water are asked to remain on the grass portion of the pool area – [not the pool deck](#).
- **Please arrive “swim ready”!** We ask that everyone arrive with their swimsuits on prior to entering the facility. Locker rooms located in the pool house are available for use to change after lessons.
- **Check in:** All patrons will be required to check-in at the front desk. Once on the pool deck swim instructors will have signs with what lessons they will be teaching. Please go to your assigned level’s instructor for check-in. If there are siblings who are watching lessons we ask that they remain by the parent/guardian on the grass portion of the pool area and remain off the pool deck.
- **Weather:** The weather can be unpredictable with extremely isolated storms passing quickly. Canton Parks & Rec will host swim lessons in the rain. In the event of a lightning or thunder storm class will be cancelled. As noted on the registration page, there are no make-up classes or pro-rates and students may not attend other classes. If you are unsure a class will be held, please check CantonRec.org for a cancellation alert or call the pool house (860-693-7844) before leaving your house.
- **Covid-19:** As of 2/15/22, the CT DPH has not released safety guidelines for summer sports or camp programming. If there is any guidance posted, Canton Parks and Recreation will adopt the DPH policies for summer 2022. The policies to be posted must be practiced during the 2022 outdoor sports programs with adjustments based on local health department and town guidelines. Please note, regulations and policies may change before and during the program. Participants will need to adhere to the current policies and any mid-season changes to continue with the program.

