

Dusky Dolphins Safety Protocol

Summer 2021

Entering Facility

- Everyone will enter through the main entrance with masks on unless fully vaccinated. *Masks are not required once outdoors.*
- The coaching staff will check in each person. The parent/guardian dropping off the participant will need to indicate if someone different will be picking the swimmer up. Parents are asked to stay outside of the pool house/pool area.
- Once all swimmers arrive the door will be closed by the coaching staff member.
- Swimmers will arrive with their bathing suits already on, towel, goggles, and equipment bags carried in hand.
- Dry bags will be placed on the pool deck maintaining social distancing as best as possible.

During Practice

- If swimmers need to use the bathroom during the workout, they will only be allowed to do so one at a time. Swimmers are encouraged to use the restrooms prior to leaving for practice.
- Swimmers are required to bring a full water bottle to practice. No refill stations or water fountains available.
- Swimmers will be assigned lanes that they will report directly to, and while out of the water, social distancing will be encouraged.
- Any dry land activities will be distanced as best as possible.
- Parents are asked to stay outside of the pool area. If parents wish to watch the session, they can do so outside the fenced in area.

End of Practice

- After practice, swimmers will exit through the designated locker rooms.
- Parents/guardians will need to check out the swimmer with the coach.

Other Requirements For Membership To Follow:

- Any swimmer or coach that does not feel well for any reason will not attend practice until cleared by a doctor. All swimmers are asked to complete a health self-assessment at home prior to coming to practice.
- Arrive as close as possible to when practice is supposed to start

During the stroke clinic participants will be using kickboards and pull buoys. While Mills Pond Pool does have the equipment, swimmers are welcomed to bring their own. Please contact Head Coach, Molly Egan (mlegan99@me.com) with any questions on where to purchase these items.



Please note, the safety protocol will be updated on an as needed basis.