

Dusky Dolphins Safety Protocol

Summer 2020

Entering Facility

- Everyone will enter through the main entrance with masks on. *(update per FVHD guidelines)*
- The coaching staff will prop open the doors while the swimmer enters the facility.
- Swimmers will enter the pool/facility following all social distancing guidelines.
- Once all swimmers arrive the door will be closed by the coaching staff member.
- Swimmers will arrive with their bathing suits already on, towel, goggles, and equipment bags carried in hand.
- Dry bags will be placed on the pool deck maintaining social distancing
- Once socially distanced on deck, swimmers may take their masks off.

During Practice

- If swimmers need to use the bathroom during the workout, they will only be allowed to do so one at a time. This should only be for an urgent need and swimmers will be encouraged to use the restrooms prior to leaving for practice or after they have left.
- Swimmers will not be allowed to use water fountains but will be required to bring a full water bottle that cannot be refilled at practice.
- Swimmers will be assigned lanes that they will report directly to – Only four swimmers per lane. Swimmers will be socially distanced. Cones will be used for guidelines and coaches will monitor to ensure social distancing.
Number of swimmers and coaches will be adjusted to follow social distancing guidelines put out by CDC, local governments, and Canton Parks and Recreation.
- Families with siblings will swim in the same lane
- There will be two coaches maximum
- Coaches must wear face masks at all times

End of Practice

- Coaches will sanitize any markers, white boards, light switches, prior to leaving.
- Parents will only be able to view practice from their cars or by the fence (outside of facility)
- After practice swimmers will exit one at a time through the staff only section. Doors will be propped. This will allow the next group to enter through the locker room.
- After everyone has left coaches will ensure all doors are closed and will sanitize all door handles as they exit the building.

Other Requirements For Membership To Follow:

- Any swimmer or coach that does not feel well for any reason will not attend practice until cleared by a doctor.
- Do not attend practice if a member of your household does not feel well.
- Swimmers should wash their hands prior to leaving for practice
- Arrive as close as possible to when practice is supposed to start
- No physical contact with anyone else
- Leave immediately after practice, no congregation outside

During the stroke clinic participants will be using kickboards and pull buoys. While Mills Pond Pool does have the equipment it is recommended that swimmers bring their own. Please contact Jake Cahill (jcahill@westminstertools.org) with any questions on where to purchase these items.

Please note, the safety protocol will be updated on an as needed basis.

