

Canton Parks & Recreation

Basketball COVID-19 Safety Protocols

These policies should be practiced during the 2021-2022 basketball/indoor sports programs with adjustments based on state and local guidelines. Please note, regulations and policies may change before and during the season. Participants will need to adhere to the current policies listed below and any mid-season changes to continue with the program.

1. Canton Parks & Recreation will closely follow and monitor all CT DPH, OEC and CDC guidelines related to youth-specific activities and sports/camp-related policies.
2. All staff, coaches and children are required to self-screen for any observable illness, including cough or respiratory distress, and to confirm temperature below 100 degrees Fahrenheit. Screening includes assessing health by taking temperature.
3. Practices – Only coaches and players are permitted in the gym for practice. Parents will be able to enter the gym for drop off and pick up only.
4. If a child becomes ill or develops an elevated temperature at camp, the child will be moved to a designated area at least 15 feet away from other participants. Parents will immediately be notified to pick up their child.
5. Mask Wearing – All players, coaches, staff and spectators when indoors (vaccinated or not-vaccinated) must wear an appropriate mask (one that completely covers the nose and mouth, is worn directly on the face, and fits closely without significant gaps or openings. It is recommended that you find a mask that your child is comfortable participating in physical activity with.
6. Mask Breaks – Players will be given mask breaks. At any time, players will be allowed to exit the gym for a mask break where they can socially distance and safely remove their masks.
7. Equipment – Limited basketballs will be provided by Canton Parks & Recreation for each team. Players are encouraged to bring their own as well.
8. Peer and coach interaction – High fives, fist bumps, hugs and other peer-to-peer/coach-to-peer contact should be limited.
9. The parent's role – In addition to water bottle/supplying proper hydration, parents should provide hand sanitizer and a towel which will help in limiting facial touching.
10. Game Day – Expect spectators to be limited for games. Once more winter sports/school guidelines are released specifics on game day restrictions will be announced. *Requirements may differ for each participating town.*

Scenario Procedures: Staff or Participant Tests Positive for COVID-19

- Scenario procedures may vary depending on local, state and CDC guidelines. If a staff member, coach or participant tests positive for COVID-19 during a program - staff members, coaches, participants' guardians and partnering organizations will be notified. The local health department will be notified. We will work with the local health department to perform the necessary contact tracing.

- If made known to Canton Parks & Recreation that a staff member, coach or participant tests positive for COVID-19 within two weeks of completion of a program, staff members, participants' guardians and the partnering organization will be notified. The local health department will also be notified.

Quarantine Requirements according to the CDC/CT DPH Guidance:

- CDC has recently published new guidance for individuals who have been identified as a close contact of a known COVID-19 case:
 - If fully vaccinated (i.e., 14 days after their final vaccine dose), or fully recovered from COVID-19 in the prior 90 days, and remain free from symptoms of COVID-19:
 - do not need to quarantine away from athletics or other activities
 - get tested 5-7 days after last contact (note: testing is not recommended for individuals who have recovered from COVID-19 within the prior 90 days, as a positive test result may be residual and not reflective of current infection)
 - wear a mask when indoors (including during active game play) around other people until a negative test result is received (or for 14 days if no test is performed)
 - If fully vaccinated (i.e., 14 days after their final vaccine dose), or fully recovered from COVID-19 in the prior 90 days, and experiencing symptoms of COVID-19:
 - get evaluated by a healthcare provider as soon as possible
 - quarantine away from athletics and other activities for a full 14 days, or 10 days (i.e., return on day 11) with a negative test on day 8 or later, unless a healthcare provider rules out COVID-19 as the source of symptoms (which will usually include a negative test result)
 - wear a mask when indoors (including during active game play) around other people until a negative test result is received (or for 14 days if no test is performed), or until COVID-19 is ruled out by a healthcare provider •
 - If not fully vaccinated, or have not had COVID-19 in the prior 90 days:
 - quarantine away from athletic activities for a full 14 days; or at least 10 days (i.e., return on day 11) with a negative test at day 8 or later
 - continue to wear a mask around other people for a full 14 days, regardless of when release from quarantine occurs
- Return-to-Play after COVID-19 Infection: Infection (The following recommendations are informed by the AAP COVID- 19 Interim Guidelines:

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinicalguidance/covid-19-interim-guidance-return-to-sports/>)

Although the symptoms and disease course of COVID-19 in younger people appear on average to be somewhat milder than those of older individuals, there is the potential, and documented cases, of [severe disease complications](#) in people of all ages. In addition, it is not known whether the currently circulating Delta variant, or other SARS-CoV-2 variants will affect

children differently than what has been the experience to date. Furthermore, the long-term health effects and impacts on organ systems function resulting from even mild or asymptomatic COVID-19 disease is still unknown, although there have been some studies [implicating blood clotting and cardiac effects](#) as potentially under-recognized longer-term sequelae. As such, DPH recommends that all youth athletes receive health screening and clearance from a healthcare provider prior to resuming athletic activities after recovering from COVID-19. Post-COVID athletic health screening and a phased approach to a return to athletic activities should incorporate the American Academy of Pediatrics' (AAP) guidance for [Return to Sports and Physical Activity](#).

To view the complete State of CT DPH *Updated Guidance for the Operation of Interscholastic, Youth and other Amateur Sport Activities during the COVID-19 Pandemic*: https://portal.ct.gov/-/media/Coronavirus/Community_Resources/Vaccinations/Print-Materials/Fact-Sheets/DPH-Youth-and-Amateur-Sports-COVID19_UPDATED_Winter_2021_2022.pdf