

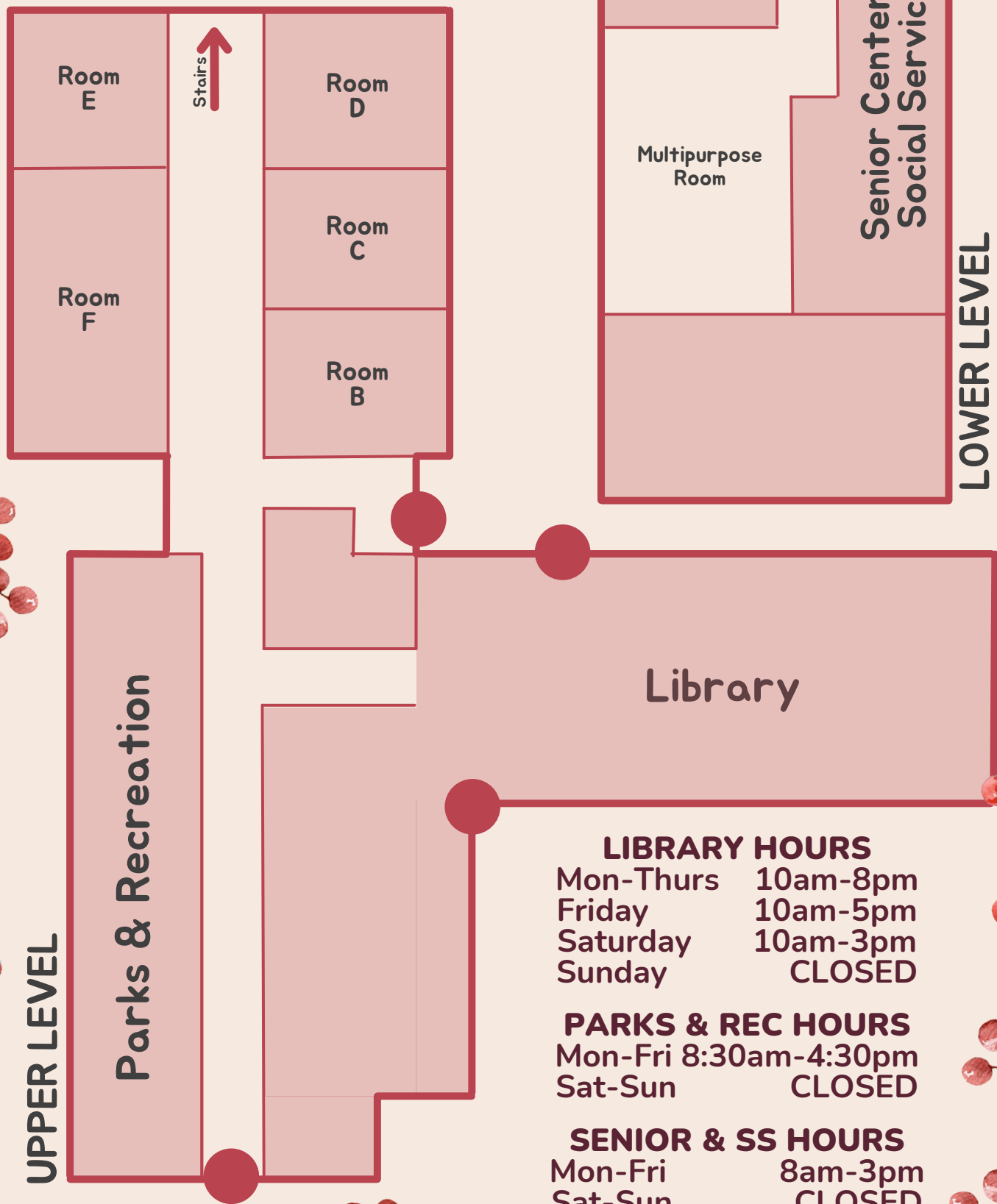
TOWN OF CANTON

WINTER &
SPRING

PROGRAM GUIDE
2023-24



CANTON COMMUNITY CENTER MAP



SENIOR CENTER

CONTACT US

(860)693-5811

townofcantonct.org/senior-services

MEET THE STAFF

Tonoa Jackson

Director of Senior & Social Services

Rebecca Briggs

*Administrative Assistant to the
Director of Senior & Social Services*

Kara McConville

Senior Center Coordinator

THE CANTON CAFE

Every Wednesday & Friday

12:00pm-12:45pm

\$5 per Lunch

*Please call the Senior Center to
reserve your meal.

PARKS & REC

CONTACT US

(860)693-5808

cantonrec.org

MEET THE STAFF

Taryn Schrager

Director of Parks & Recreation

Kellie Faust

Recreation Supervisor

Claire Boughton

Recreation Coordinator

LIBRARY

CONTACT US

(860)693-5800

cantonpubliclibrary.org

MEET THE STAFF

Sarah McCusker

Library Director

Heather Baker

Head of Children's Services

Katie Bunn

Circulation Supervisor

Meghan Glasgow

Teen Librarian

Beth Van Ness

Adult Services Librarian

FRIENDS OF THE LIBRARY MEETINGS

The monthly meetings of the Friends of the Library are open to anyone who wants to play an active role in supporting the library.

3RD TUES. OF THE MONTH AT 7:00PM

SPRING SEED LIBRARY

Come fill out a check-out form and "borrow" seed for your garden this year. You may have 5 packs in total of flower, vegetable and herb seeds. Watch for more details in the spring.

SPRING CRAFT SWAP

Our popular annual Craft Swap is back! Look for more details on the library website in early March.

SATURDAY 3/23

SPECIAL EVENTS

TINSEL TOTS: HOLIDAY EVENT

PARKS & RECREATION

AGES 2 - 5 YRS.

Looking for a fun and engaging way to spend quality time with your toddler during the holidays? Look no further than the Tots on the Go Holiday Special Event: Tinsel Tots!

TUESDAY 12/12

9:15am-9:55am in the Parks & Rec Room

\$15 per Participant

Visit cantonrec.org to Register

CANTON FAMILY ICE SKATING PARTY

PARKS & RECREATION

Join us for our 7th annual Canton Family Ice Skating Party. Enjoy an afternoon out with the family at Simsbury Farms Ice Rink hosted by Canton Parks and Recreation. There will be one hour of skate time with music. Hot chocolate will be provided.

SUNDAY 1/21 12:45PM-1:45PM

Simsbury Farms Ice Rink

100 Old Farms Rd. Simsbury, CT

\$8 per Person (includes skate rental)

Visit cantonrec.org to Register

HOLIDAY KICKOFF!

Don't let another year of cookies, cocoa, and bingo pass you by! This Holiday Kickoff will get you in the winter spirit while also treating your sweet tooth!

TUES. 12/5 1:00PM-2:00PM

MORE DETAILS TO COME!

Visit Cantonrec.org for More Information

HOLIDAY HOUSE LIGHTS CONTEST

PARKS & RECREATION

Time to break out the string lights, tinsel and yard decorations for this years Holiday House Lights Contest!

Visit cantonrec.org to Enter Your House in the Contest!

CANTON ARTS COUNCIL ART SHOW RECEPTION

LIBRARY

Come meet the artists and see the Canton Arts Council exhibit of arts and crafts. Refreshments served. This art show will be on display all of January and February.

THURSDAY 1/11

Starting at 6:30pm

Free with No Registration Required

PUMPERNICKEL PUPPET SHOW

LIBRARY

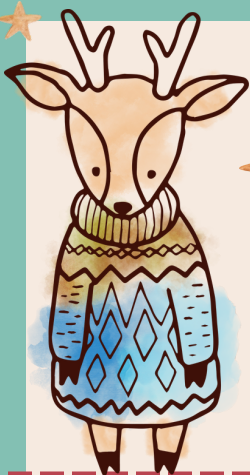
RECOMMENDED AGES 3 - 8 YRS.

Pumpernickel Puppets captivates audiences of all ages with funny and colorful adaptations of folk and fairy tales! John McDonough and his puppets will visit the library for a free performance on Take Your Child to the Library Day!

SATURDAY 2/3

2:00pm in the Library

Visit cantonpubliclibrary.org to Register



YOUTH PROGRAMS



PRE-SCHOOL

MUSIC WITH MISS JEAN

PARKS & RECREATION

AGES 18 MO. - 5 YRS.

This guitar led sing-along class consists of music and activities that keep everybody moving. Have fun playing instruments, jumping to the rhythms and learning some musical games. This class gets the kids dancing and helps them burn off some energy for nap time. Music with Miss Jean is not only a Canton community favorite, it is also a great environment for toddlers to learn to play with one another.

WINTER SESSION I

Wed. 1/10-2/7
9:30am-10:30am
Parks & Rec Room

WINTER SESSION II

Wed. 2/21-3/20
9:30am-10:30am
Parks & Rec Room

WINTER SESSION III

Wed. 3/27-4/24
9:30am-10:30am
Parks & Rec Room

SPRING SESSION I

Wed. 5/1-5/29
9:30am-10:30am
Mills Pond Park

\$70 Res. / \$75 Non-Res. per Session
Visit cantonrec.org to Register

RHYTHM AND RHYME TODDLER STORY TIMES

LIBRARY

AGES 1 - 3 YRS.

Let us help grow your reader. We'll be introducing children aged 1 to 3 years plus their loved ones to language, literature, and the library through songs, rhymes, stories, and games. An active group where parents and caregivers are heartily encouraged to play and sing along. Siblings are also welcome to attend. Stop first at the Children's Desk for nametags.

FRIDAYS AT 10:30AM

Free with No Registration Required

PRE-SCHOOL STORY TIMES & AN ART PROJECT

LIBRARY

AGES 3 - 5 YRS.

Story time is our favorite time of the week! For children aged 3 to 5 years, with a parent/caregiver. Join Ms. Heather for stories, rhymes, songs, and games to introduce your preschoolers to language, literature, and the library. We'll end every week with a special project created by artist Sue Tarinelli. Please stop first at the Children's Desk for nametags.

THURSDAYS AT 1:30PM

Free with No Registration Required

PRE-SCHOOL ART SHOW!

Come and see the lively and
colorful display in the
Children's Library!

SEE PG. 10



TOT & ME ON THE MOVE: FITNESS CLASS

PARKS & RECREATION

This class is a great way to stay active, while engaging with your child and other caregivers. The format will entail a structured fitness set as well as a walk. All fitness levels are welcomed! The class is designed to help kick start your fitness journey and find a community of caregivers. Children ages 4 and under are welcomed to join their caregiver to the class.

WINTER SESSION I

Thurs. 1/4-2/8
9:15am-10:15am
Parks & Rec Room

WINTER SESSION II

Thurs. 2/15-3/21
9:15am-10:15am
Parks & Rec Room

SPRING SESSION I

Thurs. 3/28-5/9
9:15am-10:15am
Parks & Rec Room

SPRING SESSION II

Thurs. 5/16-6/20
9:15am-10:15am
Parks & Rec Room

\$50 Res. / \$55 Non-Res. per Session
Visit cantonrec.org to Register

BABY & ME STORY TIME LIBRARY

AGES BIRTH - 12 MO.

Start early and let us help you grow your reader! We'll sing, talk, read, and play with your baby and you. Using nursery rhymes, songs, baby sign, short books we read together, plus bounces and bubbles, Children's Librarian Heather Baker will provide 45 minutes of "library time" to build early literacy skills in our youngest children. This quieter and cuddly group is for children from birth - 12 months and their beloved grown-ups.

WEDNESDAYS AT 10:30AM
Free with No Registration Required



SOCCER SHOTS

The ever-popular Soccer Shots will be returning to Canton this spring season!

SEE PG. 12

PLAYSTRONG: TUMBLE TOTS

PARKS & RECREATION

AGES 12 MO. - 5 YRS.

This is a great class for the active little ones who are looking for a foundation of tumbling and fitness. Skills are taught through a mix of song and dance as well as obstacle courses and other fun games!

MINI MOVERS (12 MO. - 24 MO.)

This child with caregiver class promotes early social and physical skills and provides a comfortable space for you to guide your baby's skill and growth with new friends!

TINY TUMBLE TOTS (18 MO. - 3 YRS.)

This is an excellent beginner class for the active little ones who are looking for a foundation of tumbling and fitness and still need parent/guardian assistance/support in class.

PRE-TUMBLE TOTS (3 - 5 YRS.)

This is a great foundational class for independent (no parent/guardian) students who are looking for tumbling and fitness. Skills are taught through a mix of song and dance as well as obstacle courses and other fun games!

WINTER SESSION

Mon. 1/8-2/26 (No Class 2/19)
Tiny Tumble Tots 9:15am-10:00am
Pre-Tumble Tots 10:00am-10:45am
Mini Movers 10:45am-11:15am
Parks & Rec Room

SPRING SESSION

Mon. 3/11-4/22 (No Class 4/8)
Tiny Tumble Tots 9:15am-10:00am
Pre-Tumble Tots 10:00am-10:45am
Mini Movers 10:45am-11:15am
Parks & Rec Room

Tiny Tumble Tots & Pre-Tumble Tots:
\$80 Res. / \$85 Non-Res. per Session
Mini Movers:
\$60 Res. / \$65 Non-Res. per Session
Visit cantonrec.org to Register

KIDS OPEN ART STUDIO

LIBRARY

AGES 2 YRS.+

Children's Programmer Sue Tarinelli designs a new art project each week for children aged 2 and up to complete here at the library with their grownup's help. It's a great way to encourage art exploration and fine motor development while visiting with other families! Drop in and get creative each week with your little one, with all of the supplies provided.

TUESDAYS BETWEEN 10:30AM-11:30AM
Free with No Registration Required

TOT TIME: OPEN GYM

PLAYTIME

PARKS & RECREATION

AGES 1 - 3 YRS.

Come to the Canton Community Center for Tot Time! An opportunity for toddlers to play, explore and burn some energy. The space will be set up for fun and movement!

FRIDAYS 9:15AM-10:15AM

Parks & Rec Room

\$15 Res. / \$20 Non-Res. per Month Session

\$5 Drop-In Fee

Visit cantonrec.org to Register

CANTA Y BAILA CONMIGO

PARKS & RECREATION

AGES BIRTH - 5 YRS.

Canta y Baila Conmigo creates a playful and interactive atmosphere where language learning meshes with musical experience. Designed for beginning Spanish speakers and native speakers alike, these playful, interactive classes naturally and organically integrate language learning with music learning.

FREE DEMO CLASS 8-WEEK PROGRAM

Tues. 12/5

10:30am-11:00am

Room D

Tues. 1/9-2/27

10:30am-11:15am

Room D

Visit cantonrec.org to View
Pricing Information & Register

TOTS ON THE GO!

PARKS & RECREATION

AGES 2 - 5 YRS.

Join Tots on the Go! and have your child exercise, play and move in a safe, nurturing environment. Children will be instructed to complete different activities that are both entertaining and fun! This is an energetic movement class centered on themed games and activities.

SESSION IV

Tues. 1/9-1/30

9:15am-9:55am

Parks & Rec Room

SESSION V

Tues. 2/6-2/27

9:15am-9:55am

Parks & Rec Room

\$55 Res. / \$60 Non-Res. per Session

Visit cantonrec.org to Register

Mon.	Tues.	Wed.	Thurs.	Fri.
PLAYSTRONG: Tumble Tots 9:15am-11:15am	Tots on the Go! 9:15am-9:55am Kids Open Art Studio 10:30am-11:30am Canta y Baila Conmigo 10:30am-11:15am	Music with Miss Jean 9:30am-10:30am Baby & Me Story Time 10:30am	Tot & Me on the Move: Fitness Class 9:15am-10:15am Pre-School Story Time & An Art Project 1:30pm	Tot Time: Open Gym Playtime 9:15am-10:15am Rhythm & Rhyme Toddler Story Time 10:30am

AFTER SCHOOL

ART-VENTURES AFTER SCHOOL

PARKS & RECREATION

GRADES K - 6

C.I.S. WINTER SESSION BREAKING ALL THE RULES: UNUSUAL AND SURPRISING ART

In this all-new program, we'll look at old techniques from refreshing new angles and combine materials that don't usually go together to create totally unexpected masterpieces. We'll also take inspiration from famous artists known for bending the rules of art! Art-Ventures participants bring home unconventional and utterly fantastic two and three-dimensional works of art each week.

8-WEEK SESSION

Mon. 1/22-3/18 (No Class 2/19)
3:00pm-4:00pm
Parks & Rec Room

\$170 per Participant
Visit cantonrec.org to Register

C.B.P.S. WINTER SESSION PENGUINS AND POLAR BEARS

Embark upon a journey through the Arctic & Antarctic regions to learn about the captivating lives of penguins, polar bears and other cold-weather creatures. In this fun, art-packed series, art explorers - equipped with a myriad of unique materials, tools and techniques - set out on an adventure across frozen tundra to discover life in and around the icy waters of the earth's poles. Explore the art of collage, fabric art, sculpting and so much more while!

6-WEEK SESSION

Tues. 1/9-2/27 (No Class 2/13 & 2/20)
3:40pm-4:40pm
Cherry Brook Primary School

\$132 per Participant
Visit cantonrec.org to Register

AFTER SCHOOL: STRENGTH & CONDITIONING PARKS & RECREATION

GRADES 5 - 8

Get ready for any sport with this dynamic strength and conditioning program. Each session is designed to improve your speed and mobility through a combination of strength, cardio, and agility training. Athletes will learn proper age-appropriate training techniques so they are well-prepared for any upcoming sports season. This program is coached by a certified group fitness instructor/former collegiate player and coach.

WINTER SESSION I WINTER SESSION II

Thurs. 1/18-2/8
3:00pm-4:00pm
Room C

Thurs. 2/15-3/7
3:00pm-4:00pm
Room C

\$40 Res. / \$45 Non-Res. per Session
Visit cantonrec.org to Register

BEGINNING PAINTERS CLUB

PARKS & RECREATION

GRADES 4 - 8

This painting class is perfect for kids who have always wanted to try their hand at painting but don't know where to start. The instructor will guide young artists through a pre-determined painting each month, teaching them the basics of painting. By the end of class, each young artists will have a completed painting of their own to take home and show off to their friends and families.

WED. 1/24, 2/21, 3/13, 4/24 & 5/22
3:00pm-4:00pm
Room E

\$20 per Class
\$75 for All Class Bundle
Visit cantonrec.org to Register

TEEN CRAFTERNOON

LIBRARY

GRADES 4 - 12

Choose knitting projects, crafts, ranging from perler beads, friendship bracelets, to hand stamped and illustrated lettering, and more. We provide project ideas, extra help and all materials needed. Work on your own projects too. Drop by, chill and create.

TUESDAYS 3:00PM-4:30PM

Free with No Registration Required

MAD SCIENCE AFTER SCHOOL

PARKS & RECREATION

GRADES K - 6

Mad Science After School is an excellent way to engage children in hands-on science experiments and activities that can help them develop a love for science and technology. Mad Science After School is led by scientists who have a passion for teaching and inspiring children to explore the world around them.

C.I.S. WINTER SESSION EUREKA! INVENTIONS

Thurs. 1/25-3/7

3:00pm-4:00pm

Parks & Rec Room

C.B.P.S. WINTER SESSION EUREKA! INVENTIONS

Mon. 1/22-3/18 (No Class 2/19)

3:40pm-4:40pm

Cherry Brook Primary School

\$150 per Participant

Visit cantonrec.org to Register

PODCASTING 101

It seems like everyone has a podcast right now. We want that "everyone" to include YOU! Join Evan Goodchild and get hands-on in producing your very own podcast.

SEE PG. 14



THE JOY OF DRUMMING

PARKS & RECREATION

GRADES 4 - 12

Learning to play an instrument can be a wonderful experience, and the drums are no exception! If your child is interested in taking up this exciting hobby but has never played before, a drumming class for beginners may be just what they need. These classes are designed to teach the fundamentals of drumming, from basic rhythms to techniques. They'll be surrounded by other beginners who are all learning together, and they'll have the chance to make new friends and enjoy the process of learning a new skill. Plus, playing the drums is a great way to relieve stress and get in some exercise!

WINTER SESSION

Tues. 1/2-1/23

3:30pm-4:00pm

Room D

\$100 per Session

Visit cantonrec.org to Register

CAS SOCCER: AFTER SCHOOL CLINIC

PARKS & RECREATION

AGES 4 - 9

Our popular summer camp is here for every week! CAS Community Clinics focus on creating a fun, learning environment while fostering a love for the game through Skill acquisition, conditioned practices small-sided games.

AGES 4 - 5

Fri. 4/19-5/17

4:15pm-5:00pm

AGES 5 - 7

Fri. 4/19-5/17

5:15pm-6:00pm

AGES 7 - 9

Fri. 4/19-5/17

6:15pm-7:00pm

\$75 Res. / \$85 Non-Res. per Session
Program Held at C.I.S. Soccer Field
Visit cantonrec.org to Register

BEYOND THE BELL PARKS & RECREATION

GRADES K - 6

Beyond the Bell is an after school program that focuses on creating a fun and safe space for kids to develop friendships, create art, burn off extra energy from the day, work on homework and explore interests. Beyond the Bell has scheduled activities and crafts throughout the afternoon that will allow your child time to do everything from completing homework to playing games with their friends!

PRICING

Seasonal Bundles: \$900
Monthly Full Time: \$325
Monthly Part Time: \$200
Monthly Single Date: \$35
Half Day: \$55

For More Information Visit cantonrec.org

RECREATION BASKETBALL K/1 CLINIC PARKS & RECREATION

GRADES K - 1

This recreation basketball clinic offers children grades K-1 to get their first experience with basketball. This program is introductory in nature where participants will learn the game of basketball through engaging drills and small-sided games. Our coaches will focus on developing the basics and fostering a love of the game.

MONDAYS 1/22-2/12

3:30pm-4:30pm

Cherry Brook Primary School

\$60 Res. / \$70 Non-Res. per Participant
Visit cantonrec.org to Register



FOOD EXPLORERS AFTER SCHOOL



More Food Explorers After School sessions are coming soon!

Visit cantonrec.org for More Information

ARTS & CRAFTS

KIDS STITCH & STRING LAB LIBRARY

GRADES 3+

Children's programmer Sue Tarinelli meets weekly with young crafters for an hour of creative, hands-on project making that focus on sewing, embroidery, weaving and fiber crafts. For kids Grades 3 & up who are excited to learn new crafting skills, it's a great way to build fine-motor coordination!

WEDNESDAYS AT 4:30PM

Free: Sign Up Month-by-Month by Visiting
cantonpubliclibrary.org

DIY WINTER HOLIDAY CRAFT STATION LIBRARY

Kids of all ages can make their own original holiday inspired crafts at our special station! Come by when it works for your schedule! Our very popular Holiday Craft Station will be returning to celebrate all the big December holidays. The Children's Library Staff provides all the supplies needed so that kids can create.

12/1-12/31 DURING LIBRARY HOURS
Free with No Registration Required

DIY VALENTINES CRAFT STATION LIBRARY

Kids of all ages can make their own original Valentine's crafts at our special station! Come by when it works for your schedule! The Children's Library Staff provides all the supplies needed so that kids can create.

2/6-2/14 DURING LIBRARY HOURS
Free with No Registration Required

CANTON SCHOOLS ART SHOW

LIBRARY

Our local celebration of National Youth Art Month! Art from all Canton Public Schools will be on display throughout the library during the entire month of March. This event is a collaboration with the Art Teachers of the Canton Public Schools, who select and display the works.

EXHIBIT

3/1-3/30 During Library Hours

ARTIST'S RECEPTION

Wednesday 3/13 6:30pm-7:45pm

Free with No Registration Required

PRE-SCHOOL ART SHOW

LIBRARY

The lively and colorful display throughout the Children's Room will include art from many local daycare/nursery schools, as well as Canton residents. A special "milk and cookies" reception will be held for our young artists and their families as well.

EXHIBIT

2/1-2/28 During Library Hours

MILK AND COOKIES RECEPTION

Wednesday 2/21 6:00pm-7:30pm

Free with No Registration Required

KID & TEEN CRAFT FAIR

Swing by the library to visit the Kid & Teen Craft Fair!

SEE PG. 14

SPRING SUCCULENT CANDLE WORKSHOP

Now open to kids 12 years old and up with an adult!

SEE PG. 15

SPORTS

ADAPTIVE BASKETBALL CLINIC

PARKS & RECREATION

AGES 4 - 21

This eight-week basketball clinic is designed to teach children with intellectual and/or physical disabilities the game of basketball. Within the sessions, athletes will be divided up based on their skill set. All athletes will be assigned at minimum one buddy/mentor to help them participate at their highest potential.

More Details Coming Soon!
Visit cantonrec.org for Updates

WARRIOR WRESTLING CLUB

PARKS & RECREATION

GRADES K - 6

Join the CHS Varsity Coaches for a developmental wrestling program for Grades 1- 8. The foundations of wrestling will be focused on while providing a great workout & fun atmosphere through drills and games. This Wrestling club will promote Self Discipline, Self Confidence, Mental Toughness & Strong Work Ethic. All levels of experience are encouraged to attend. Wrestling shoes are strongly encouraged but not required.

MONDAYS 1/8-2/26

No Class 1/15 & 2/19

5:15pm-6:15pm

CHS Wrestling Room

\$75 Res. / \$85 Non-Res. per Participant
Visit cantonrec.org to Register

US TENNIS ASSOCIATION: YOUTH TENNIS CLINICS

PARKS & RECREATION

GRADES 1 - 8

Led by approved USTA tennis coaches, the program includes the latest fun and engaging activities that help players successfully learn and play! The program focuses on developing the skills to serve, rally and play more quickly utilizing modified tennis balls, age-appropriate racquets, and court sizes. All players in their first session receive and keep a new age-appropriate racquet and program t-shirt.

RED BALL

Grades 1 & 2
Sundays 4/21-6/2
9:00am-10:00am
Mills Pond Park

ORANGE BALL

Grades 3 - 5
Sundays 4/21-6/2
10:00am-11:00am
Mills Pond Park

GREEN BALL

Grades 6 - 8
Sundays 4/21-6/2
11:00am-12:00pm
Mills Pond Park

\$95 Res. / \$100 Non-Res. per Participant
Visit cantonrec.org to Register

T-BALL

PARKS & RECREATION

AGES 4 - 6

Children learn the basics of baseball including how to throw, catch, hit, and the positions of America's favorite pastime; all while having fun in a safe environment. T-ball takes place on Saturdays spread over 5 weeks in April and May at Mills Pond Park. Participants get a cool team t-shirt to keep!

SATURDAYS 4/20-5/18

9:30am-10:30am
Mills Pond Park

\$55 Res. / \$65 Non-Res. per Participant
Visit cantonrec.org to Register

NEXT GENERATION OF DANCE

PARKS & RECREATION

AGES 3 - 10

This dance and gymnastics program is designed for all skill levels. Dance is such a fun environment to be in. It's a place to be you, be silly, meet new friends and have fun!!

COMBO CLASS (AGES 3-5)

Session II: Wed. 11/29-1/31

Session III: Wed. 2/7-3/27

Session IV: 4/3-6/5

4:30pm-5:15pm

\$112 Res. / \$120 Non-Res. per Session

HIP-HOP/GYMNASTICS (AGES 6-10)

Session II: Wed. 11/29-1/31

Recital Session: Wed. 2/7-6/5

5:15pm-6:15pm

\$126 Res. / \$135 Non-Res. for Session II

\$252 Res. / \$262 Non-Res. for Recital

Visit cantonrec.org to Register

MINI-WARRIOR: INTRO TO FIELD HOCKEY CLINIC

PARKS & RECREATION

GRADES K - 8

Come join CHS Field Hockey Coach Coach Bristol and her staff in an engaging clinic that will focus on introducing the fundamental skills of field hockey. We will focus on skill development through drills, small games, competitive play, and obstacle courses!

GRADES K - 3

Sundays 5/5-6/2
3:00pm-3:45pm
CMHS Turf Field

GRADES 4 - 8

Sundays 5/5-6/2
4:00pm-5:00pm
CMHS Turf Field

\$80 Res. / \$85 Non-Res. for Grades K-3

\$90 Res. / \$95 Non-Res. for Grades 4-8

Visit cantonrec.org to Register

SOCCER SHOTS

PARKS & RECREATION

AGES 2 - 5

MINI SOCCER SHOTS (Ages 2-3.5)

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game.

Times Offered

9:15am-9:45am / 10:15am-10:45am
11:15am-11:45am

CLASSIC SOCCER SHOTS (Ages 3.5-5)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

Times Offered

9:00am-9:45am / 10:00am-10:45am
11:00am-11:45am

SESSION I

Sundays 4/21-5/12
CIS Soccer Field

SESSION II

Sundays 6/2-6/23
CIS Soccer Field

\$72 Res. / \$77 Non-Res. for Mini
\$75 Res. / \$80 Non-Res. for Classic
Visit cantonrec.org to Register

ENRICHMENT

BE A NUTMEG READER!

LIBRARY

You can sign up to earn collectible book badges as rewards for reading the 2024 Nutmeg Books. Each age group has their own list of recommended titles, and once you have signed up, you will be able to request a book quiz on the library website - complete any quiz and you will earn a collectible book badge for that book. You can read and collect them all year, through the end of April 2024. Any participant who earns 10 or more badges before April 15, 2024 is eligible for a special reward in April 2024.

Free and Self Directed
Visit cantonpubliclibrary.org

VACATION CAMPS

EXPLORERS DECEMBER BREAK CAMP

PARKS & RECREATION

Sign your child(ren) up for some winter-time fun this December break! The camp consists of 4 themed days, each with its own special events and personalized crafts. We will be making our own snow, competing in our own version of the Winter Olympics, watching the winter classic The Polar Express, with yummy hot chocolate, and so much more! Don't miss out on all the Explorers December Break Camp has to offer!

TUESDAY 12/26 - FRIDAY 12/29

9:00am-4:00pm
Room C

\$70 Res. / \$80 Non-Res. per Day
\$260 Res. / \$270 Non-Res. for Full Week
Visit cantonrec.org to Register

ART-VENTURES APRIL BREAK CAMP

PARKS & RECREATION

Oh, the places we'll go! Art explorers travel to some pretty interesting places while creating some wicked cool art forms dating back to when art began. Discover weird gargoyle faces and visit the amazing castles of Scotland. Experience cave painting, fossil-making and bread dough miniatures. Create worry dolls and totem poles. Learn about Oaxacan alebrijes while designing colorful T-shirts. Sculpt and paint colorful Mexican pots, make bark paintings and create Haitian sequined banners.

MONDAY 4/8 - FRIDAY 4/12

10:00am-1:00pm
Parks & Rec Room

\$195 Res. / \$200 Non-Res. per Participant
Visit cantonrec.org to Register

CAS SOCCER: SPRING BREAK CAMP

PARKS & RECREATION

Our popular summer camp is here for spring break! CAS Community Camps focus on creating a fun, learning environment while fostering a love for the game through skill acquisition, conditioned practices and small-sided games (Please bring a soccer ball. Canton Parks & Recreation will have limited balls available. CAS asks that participants bring their own).

MONDAY 4/8 - FRIDAY 4/12

9:00am-1:00pm

CIS Soccer Field

\$200 Res. / \$210 Non-Res. per Participant
Visit cantonrec.org to Register

AFTERNOON APRIL BREAK CAMP

PARKS & RECREATION

Join in the afternoon fun with the April Break Afternoon Camp! We will be getting artsy throughout the week with a variety of crafts and experiments, as well as making sure to burn off energy with fun games and activities. It is recommended that you pair this afternoon camp with either the Art-Ventures April Break Camp or the CAS Soccer Spring Camp. Both programs end at 1:00pm and staff will be able to chaperon kids from the location of their morning activity to the Parks & Recreation Room where the fun can continue! If this camp is paired with a morning camp, children should bring a lunch, snacks, a change of clothes and a water bottle.

MONDAY 4/8 - FRIDAY 4/12

1:00pm-5:00pm

Parks & Rec Room

\$45 Res. / \$50 Non-Res. per Day
\$200 Res. / \$225 Non-Res. for Full Week
Visit cantonrec.org to Register

TEENS

TEEN GAMES UNPLUGGED

LIBRARY

GRADES 4 - 12

Discover all kinds of games you can play without electronics in a free afternoon of fun with Teen Librarian Meghan Glasgow. Try some favorites: Sorry, Wig-Out, Guess Who, Uno, or Sleeping Queens. Or more recent additions: Scattergories, Sequence, Yahtzee, and Rummikub. Just drop in. If it's new to you, we'll teach you how to play.

WEDNESDAYS

3:00pm-4:30pm

Teen Section of Library

Free with No Registration Required

ROADMAP TO COLLEGE

PARKS & RECREATION

GRADES 9 - 12

In this class you'll learn how to find the right college fit, plan strategically for the application process, and create good teamwork between parent, student and school counselor. Learn how to build your college list, plan visits, identify the schools and environments that offer the best fit for you, and find out about the competitive factors that influence your chance for admission and scholarships. We'll review the timeline, technology and vocabulary (ACT, FAFSA, Naviance, Common App, etc.) that support the application process.

TUESDAY 2/20

4:00pm-7:00pm

Room C

MONDAY 4/8

4:00pm-7:00pm

Room D

\$60 Res. / \$70 Non-Res. per Participant
****Parents and siblings are urged to attend for free alongside their participant****
Visit cantonrec.org to Register

PODCASTING 101

PARKS & RECREATION

GRADES 5 - 12

It seems like everyone has a podcast right now. We want that "everyone" to include YOU! Join us and get hands-on in producing your very own podcast. You will learn how to take an idea and turn it into a finished product as you are guided through the process by seasoned podcast producer and engineer, Evan Goodchild. The goal of this workshop is for you to leave with the skills and knowledge to start producing your own podcasts. The sessions will focus on low-cost, DIY approaches that won't require a professional studio or lots of start-up money.

GRADES 5 - 8

Saturdays 1/6-2/10
10:30am-12:30pm
Room B

GRADES 9 - 12

Wednesday 1/10-2/14
3:00pm-5:00pm
Room B

\$120 Res. / \$130 Non-Res. per Participant
Visit cantonrec.org to Register

COOKIE DECORATING & MOVIE

LIBRARY

GRADES 4 - 12

Have some laid-back holiday fun where you get to decorate your own sugar cookies, then eat them as you watch a holiday movie favorite. Led by Teen Librarian Meghan Glasgow and library staff. Movie choice (PG) will be determined by participant vote.

WEDNESDAY 12/20

3:00pm-5:00pm
Teen Section of Library

Free with Registration Required
Visit cantonpubliclibrary.org to Register

KID & TEEN CRAFT FAIR

LIBRARY

GRADES 12 & UNDER

Visit the library to shop for crafty creations. Kids and teens in Grades 12 and under will be selling their 100% kid and teen handmade items. All ages are welcome to attend and shop. Want to be one of our kid and teen crafters? Sellers must be in Grade 12 and under. Sign-ups for tables will begin online in mid-October.

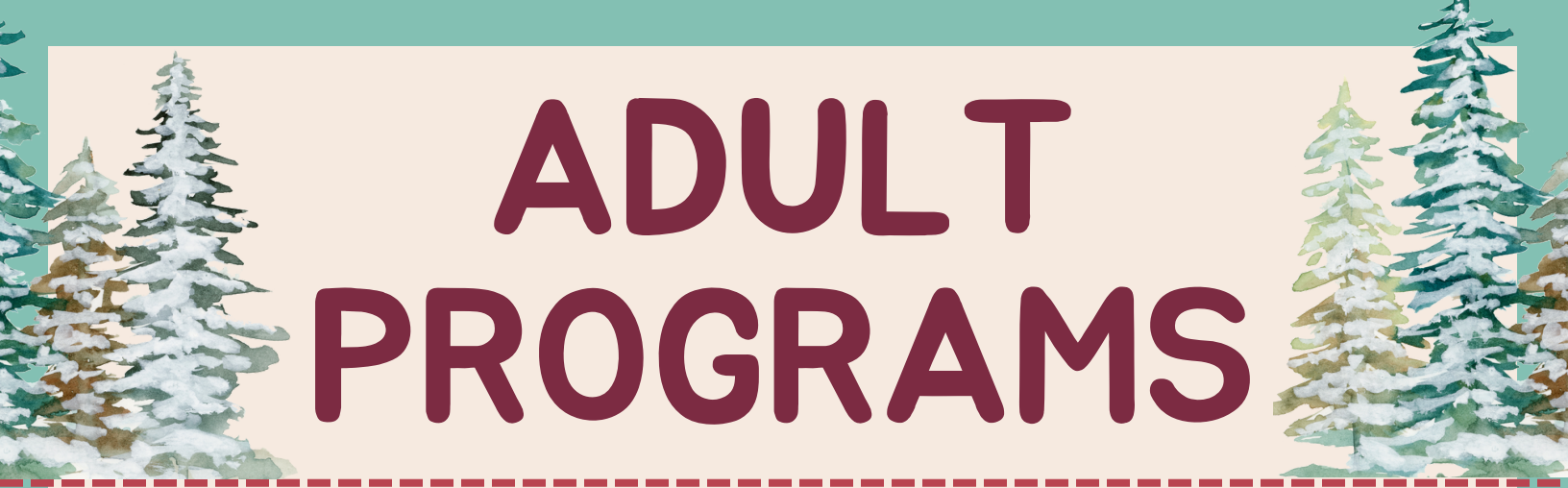
SATURDAY 12/2

11:00am-1:00pm

Free with No Registration Required

MILLS POND PARK SPLASH PAD CONSTRUCTION STARTING SOON!





ADULT PROGRAMS

ART

SPRING SUCCULENT CANDLE WORKSHOP

PARKS & RECREATION

Join Kelly from Dane Good in Welcoming Spring! This spring season, why not celebrate by creating a beautiful, vibrant succulent garden on top of a candle that you'll get to make yourself? You'll learn how to prepare, pour and decorate your candle so that you can enjoy it all season long. Register today!

THURSDAY 5/9
6:30pm-7:45pm
Multi-Purpose Room

\$55 per Participant
Visit cantonrec.org to Register

ADULT CRAFT NIGHT

LIBRARY

Join the Library Director and avid crafter Sarah McCusker for a fun craft project. New projects every month! Check the library website for project details.

2ND THURSDAY OF THE MONTH
Starting at 6:30pm

Visit cantonpubliclibrary.org for More Information

STAMP MAKING WITH BLOCK21 PRINTS

PARKS & RECREATION

Learn how to carve a stamp to create homemade note cards! Instructor Sarah May of Unionville will guide you from start to finish. Sarah is the artist behind Block21 Prints and is a public school art teacher. All supplies will be provided and no drawing skills are required, Sarah will help you. Come get your creative on!

THURSDAY 12/14
6:00pm-7:30pm
Parks & Rec Room

\$65 Res. / \$70 Non-Res. per Participant
Visit cantonrec.org to Register

HOLIDAY CANDLE & BATH BOMB MAKING

PARKS & RECREATION

Grab your friends and join Kelly for a Dane Good Candle & Bath Bomb Combo Workshop! Participants will be creating bath bombs and a candle, which they will be able to prep, pour and design. This is a great holiday gift or a wonderful set to enjoy for yourself!

THURSDAY 12/7
6:30pm-7:45pm
Parks & Rec Room

\$55 per Participant
Visit cantonrec.org to Register

FITNESS & EXERCISE

BALLET WITH BONNIE FLATTERY

PARKS & RECREATION

Ballet is a fun way to exercise! It's all about movement and enjoying rhythm while dancing to music using ballet techniques. The advantage of dance and movement programs like ballet is that you are able to go at your own pace. Focus will be on body alignment, natural movements, building strength, and increasing balance and stability.

WINTER SESSION

Wed. 2/7-3/13

2:00pm-3:00pm

Parks & Rec Room

SPRING SESSION

Wed. 3/20-4/24

2:00pm-3:00pm

Parks & Rec Room

\$45 per Session

Visit cantonrec.org to Register

TAI CHI

SENIOR CENTER

Tai Chi is an ancient Chinese movement practice that focuses on muscle control, stability, balance, and flexibility using gentle movements. Practiced regularly, it can help reduce pain, especially from knee osteoarthritis, back problems, and fibromyalgia, among many other health challenges. Join Tai Chi Joe and start to enjoy the benefits of an alternative exercise that's easier on the joints.

MONDAYS AT 1:00PM

Multi-Purpose Room

WEDNESDAYS AT 1:00PM

Room E

\$5 When Paid in Advance

\$7 Drop-Ins

Call (860)693-5811 or Visit cantonrec.org to Register

CHAIR PILATES

SENIOR CENTER

Looking for a low impact way to start or return to exercise? Robyn Centrella's Chair Pilates will have you strengthening your core, boosting your flexibility and posture as well as improving your balance. Yes, you will sit in a chair and still feel like you've gotten a great workout!

MONDAYS AT 10:30AM

Multi-Purpose Room

WEDNESDAYS AT 11:30AM

Room E

\$5 When Paid in Advance

\$7 Drop-Ins

Call (860)693-5811 or Visit cantonrec.org to Register

FITNESS MATRIX

PARKS & RECREATION

This fun beginner-to-intermediate class provides a full-body workout using multiple fitness modalities: resistance training, cardio, balance, and stretching using resistance bands, light weights, steps, POUND Ripstix®, occasional dance fitness moves, and chairs for optional standing support.

MONTHLY SESSIONS

Tuesdays 10:30am-11:30am

Parks & Rec Room

\$15 per Monthly Session

Visit cantonrec.org to Register

LUNCH CRUNCH

Welcome to our 30-minute cardio and strength workout class! This class is designed to get your heart pumping and give you the energy you need to power through the rest of your day.

**FREE TRIAL: TUESDAY 1/2
SESSION II: TUESDAYS 1/9-2/16**

12:15pm-12:45pm

Parks & Rec Room

Visit cantonrec.org to Register

POUND FITNESS CLASS

PARKS & RECREATION

A full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using lightly weighted drumsticks engineered for exercising, Pound transforms drumming into an incredibly effective way of working out. Designed for all fitness levels! Easily modifiable, Pound provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out!

SESSION III

Mon. 1/8-2/12

6:30pm-7:30pm

Parks & Rec Room

SESSION IV

Mon. 3/4-4/8

6:30pm-7:30pm

Parks & Rec Room

\$50 Res. / \$60 Non-Res. for Session III

\$60 Res. / \$70 Non-Res. for Session IV

Visit cantonrec.org to Register

YOGACHI WITH MARY ELLEN

PARKS & RECREATION

YogaCHI is for all levels and everyone is encouraged to try it out! In this gentle but energizing class we will intelligently combine disciplines of Yoga, Pilates and CHI-Gong. The emphasis will be on exercises to deepen the breath, strengthen the muscles of the "core" as well as upper body, arms and legs combined with deep stretching and ending with therapeutic relaxation techniques.

WINTER SESSION I WINTER SESSION II

Thurs. 12/14-1/25

11:00am-12:00pm

Parks & Rec Room

Thurs. 2/1-2/29

11:00am-12:00pm

Parks & Rec Room

SPRING SESSION

Thurs. 3/21-4/25

11:00am-12:00pm

Parks & Rec Room

\$60 Res. / \$70 Non-Res. for WS1 & SS

\$40 Res. / \$50 Non-Res. for WS2

Visit cantonrec.org to Register

WII BOWLING

SENIOR CENTER

Want to get some exercise and socializing in minus the big heavy ball? No need for the silly shoes either. Just bring your competitive spirit and join this wonderful and welcoming group of Seniors who bowl away with laughter and camaraderie. They are always looking for new members to join the fun on Wednesday mornings.

WEDNESDAYS AT 10:00AM

Senior Room

Free with No Registration Required

QUICK HIIT

PARKS & RECREATION

Looking for a quick and effective workout? Join us for a High Intensity Interval Training (HIIT) class! In just 30 minutes, you'll work the whole body and get your heart rate pumping with varying intervals of intense cardio and strength exercises paired with active recovery. No need to worry if you're new to HIIT workouts - modifications will be offered!

FREE TRIAL

Thurs. 1/4

5:15pm-5:45pm

Parks & Rec Room

SESSION I

Thurs. 1/11-2/29

5:15pm-5:45pm

Parks & Rec Room

\$45 Res. / \$55 Non-Res. per Session

Visit cantonrec.org to Register

PICKLEBALL CLINICS

MONDAYS

INTRO TO PICKLEBALL

Session I: 4/22-5/13

Session II: 6/3-7/1 (No Class 6/10)

6:00pm-7:30pm

SATURDAYS

INTRO TO PICKLEBALL

Session I: 4/20-5/11

Session II: 6/1-6/29 (No Class 6/15)

9:00am-10:30am

ADVANCED BEGINNER

Session I: 4/20-5/11

Session II: 6/1-6/29 (No Class 6/15)

10:30am-12:00pm

Visit cantonrec.org to Register

ZUMBA GOLD

PARKS & RECREATION

Join the party and enjoy the health benefits of this energetic, feel good, low impact aerobic workout. This class is a total body workout set to Latin and international rhythms. We use the same music and choreography as Zumba Basic; the routines are just modified to be more gentle on your knees. No experience necessary, just a willingness to dance and have fun while logging at least 5,000 steps on your fitness tracker! Interested participants are welcome to take a FREE class on either a Tuesday or Saturday.

TUESDAYS 5:45PM-6:45PM
Parks & Rec Room

SATURDAYS 10:30AM-11:30AM
Multi-Purpose Room

\$52 for an 8 Class Pass
Pick Your Own Schedule
Visit cantonrec.org to Register

YOGA WITH NANCY:

LIVESTREAM

PARKS & RECREATION

Yoga is a simple, amazing connection of body, mind and spirit, great for all ages & body types. Class includes Stretches, breathing techniques and relaxation. It will enhance your physical and mental well being, increase strength, reshape muscles and tone your entire body. It will energize you and improve your overall health, including posture, balance, power and range of motion. It's great for people with back problems and for alleviating muscle soreness and joint inflammation.

WINTER SESSION
Thurs. 1/4-2/22
7:30pm-8:30pm
Virtual via Zoom!

\$52 per Session
Visit cantonrec.org to Register

ENRICHMENT

CARYN LYN: VIOLINIST AND COMPOSER

LIBRARY

Caryn Lin plays her 4-, 5-, and 6-string electric violins and uses sound effects made for electric guitar. By using the technique of looping, she creates on the spot recordings with limitless, fascinating layers of sound.

SATURDAY 12/2
Starting at 1:00pm

Free with No Registration Required

BINGO

SENIOR CENTER

Join this growing group of BINGO enthusiasts. A great, low-key social event that involves a large digital screen to easily see and hear the numbers being called. Come when you can, bring a friend or come make some new ones. Coffee and tea are supplied while players bring a pot luck of goodies to share.

THURSDAYS 12:00PM-3:00PM
Multi-Purpose Room

\$0.05 per Card per Game
No Registration Required

SCRABBLE CLUB

SENIOR CENTER

Are you a word whiz, super speller, or have a voracious vocabulary and want to show it off? Come and show your stuff on Friday mornings. Bring a friend and let's keep our brains sharp and smart!

FRIDAYS 10:00AM-12:00PM
Senior Room

Free with No Registration Required



PINOCHLE

SENIOR CENTER

Our pinochle group is always looking for additional players. Come dine with us for lunch at noon and hop into the Senior Room for round or two of pinochle or penuchle -- no matter which way you spell it -- it's the same game of fun and trickery.

WEDNESDAYS AT 1:00PM

Senior Room

Free with No Registration Required

SCIENCE BOOK

DISCUSSION

LIBRARY

Join our Science Book Discussion Group at Good Friends Restaurant. Every month we read a nonfiction Science book or a Science Fiction novel and have a lunch discussion. You can borrow the current book at our library circulation desk. All adults are welcome at our book discussions.

1/11, 2/12, 3/11, 4/8

Starting at 12:30pm

Good Friends Restaurant

**Free with Registration Required for
First-Time Attendees**

Visit cantonpubliclibrary.org to Register

MAH-JONGG

SENIOR CENTER

The name of the game means "sparrow" in southern Chinese dialects, referring to the bird-like clacking sound the tiles make during reshuffling. This social game of skill, strategy, and a little bit of luck is a great way to meet people, form friendships and keep the mind sharp!

FRIDAYS AT 12:00PM

Senior Room

Free with No Registration Required

MONDAY EVENING BOOK

DISCUSSION

LIBRARY

Our Monday Book Club is now meeting in person again in the library program room. Copies of the book are available at our circulation desk in advance of the meeting. All adults are welcome to join these book discussions.

1/8, 2/12, 3/11 & 4/8

Starting at 7:00pm

Library Program Room

(Held Virtually Depending on Weather)

**Free with Registration Required for
First-Time Attendees**

Visit cantonpubliclibrary.org to Register

WALKING BOOK

DISCUSSION GROUP

LIBRARY

Our walking book discussion meets at Nepaug Reservoir at the Route 202 gate to walk together and discuss our latest read. All adults are welcome to join our discussions and copies of the current book are available at our circulation desk.

1/20, 2/17, 3/16, 4/20

Starting at 2:00pm

Meet at Route 202 Gate - Nepaug Reservoir

**Free with Registration Required for
First-Time Attendees**

Visit cantonpubliclibrary.org to Register

WILDLIFE

REHABILITATION

LIBRARY

Roaring Brook Nature Center will come to discuss wildlife rehabilitation.

WEDNESDAY 3/6

Starting at 6:30pm

Free with Registration Required

Visit cantonpubliclibrary.org to Register



MYSTERY LOVERS BOOK GROUP

LIBRARY

Do you love mysteries? Come to our mystery discussion at Good Friends Restaurant. The Mystery Lovers discuss our current read and enjoy drinks and/or a meal together.

1/25, 2/17, 3/16, 4/20
Starting at 6:30pm
Good Friends Restaurant

Free with Registration Required for
First-Time Attendees
Visit cantonpubliclibrary.org to Register

LOST CONNECTIONS: COMMUNITY BOOK DISCUSSION

LIBRARY

Please join us for a community discussion of Lost Connections by Johann Hari. We plan to discuss Hari's conclusions in the book about the causes of anxiety and depression and share what works and what does not in our own experience.

SATURDAY 1/13
Starting at 2:00pm
Library Program Room

Free with Registration Required
Visit cantonpubliclibrary.org to Register

BEYOND BIRDFEEDERS

LIBRARY

Roaring Brook Nature Center will talk about what you can plant in your yard to provide food to an even greater variety of birds throughout the year while promoting biodiversity in your neighborhood.

TUESDAY 1/23
Starting at 6:30pm

Free with Registration Required
Visit cantonpubliclibrary.org to Register

HEALTH, WELLNESS & FINANCE

HEARING SCREENING

SENIOR CENTER

Hearing Care Centers offers monthly baseline testing as well as advanced "booth" type testing to assess your hearing health with full hearing care services.

FIRST THURSDAY OF THE MONTH
9:00am-11:00am

Call (860)693-5811 to Register for
an Appointment

MEMORY SCREENING

SENIOR CENTER

Are you caring for a loved one who is experiencing memory problems? Through a simple series of questions and tasks, a screening is designed to gauge memory, language and thinking skills.

DATES & TIMES VARY

Call (860)693-5811 to Arrange for a
Screening

AMERICAN RED CROSS CERTIFICATION COURSES

PARKS & RECREATION

**ADULT & PEDIATRIC CPR/AED/FIRST
AID CERTIFICATION CLASS**

This course equips students with the ability to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults and infants.

DECEMBER CLASS

Thursday 12/28
2:00pm-4:30pm
Parks & Rec Room

MARCH CLASS

Thursday 3/14
5:00pm-7:30pm
Parks & Rec Room

\$75 Res. / \$85 Non-Res. per Participant
Visit cantonrec.org to Register

VETERANS ADVOCACY & ASSISTANCE

SENIOR CENTER

Veterans and their spouses now have the ability to make appointments with Canton's district representative and Veterans Service Officer, Bill Muhl, to seek help with applying for U.S. Veterans Affairs Disability Compensation Claims, the Veterans Pension and Survivors Pension Benefit Programs and Dependency and Indemnity Compensation; all administered through the U.S. Veterans Affairs Benefits Administration (VBA).

FIRST FRIDAY OF THE MONTH
9:00am-1:00pm by Appointment
Room B

Free with Appointment Needed
Call the 5th District's Office at (203) 805-6340 to arrange a meeting at the Canton Community Center with the Veteran's Service Officer.

SOCIAL SERVICES

CANTON FOOD BANK

The Canton Food Bank is a non-profit organization that assists families struggling with the burden of managing a tight budget and financial tradeoffs when it comes to providing nutritional meals for their family. Families are welcome to shop for fresh produce, meat and nonperishables weekly during Food Bank hours. Residents of Canton are eligible to receive food assistance through the Food Bank upon completing a simple intake application and providing proof of residency at the Senior & Social Services office.

OPEN HOURS
Mondays 6:00pm-7:00pm
Tuesdays 7:30am-11:30am

For More Information, Call (860)693-5811

CANTON FUEL BANK

Canton's Emergency Fuel Bank is a program designed to assist families in meeting their heating needs when other sources of aid have been exhausted. For more information, contact Senior & Social Services at 860-693-5811 or sass@townofcantonct.org.

STATE OF CONNECTICUT RENTERS' RELIEF FOR ELDERLY AND DISABLED

Elderly applicants must have been 65 years of age before December 31, 2023, rent or share rent, and have lived in Connecticut for one year. All applicants disabled and under 65 years of age must provide proof of disability; either a BPQY or Social Security Award Verification or Benefit Verification Letter. Applicants must submit documentation of ALL income and ALL receipts for rent and utilities paid January 2023 through December 2023.

APRIL 1, 2024 - OCTOBER 1, 2024

For More Information, Call (860)693-5811

STATE OF CONNECTICUT ENERGY ASSISTANCE PROGRAM

The application process for Energy Assistance is open for the 2023-2024 winter season at the Canton Senior & Social Services office. The Energy Assistance Program helps households pay for primary heating bills. **If the household's primary heating costs are included in your rent, you may also apply for assistance.**

SEPTEMBER 1, 2023 - MAY 31, 2024

For More Information, Call (860)693-5811

DIAL-A-RIDE

Dial-A-Ride provides local in-town transit service to residents of Canton who are age 60 or older, or residents age 18 or older with disabilities. An annual fee of \$50 per person or \$100 per couple purchases a Dial-A-Ride pass for September 1, 2023 through August 31, 2024.

For More Information, Call (860)693-5811

AARP FREE TAX PREPARATION

AARP Tax Volunteers will be available, by appointment only, for free tax preparation beginning February 6th. Appointments are will be held on Tuesdays between the hours of 9:30 am – 3:00 pm.

For More Information, Call (860)693-5811

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