

CANTON

PARKS & RECREATION



CREATING COMMUNITY THROUGH PARKS, PROGRAMS, AND PEOPLE



PROGRAMS & EVENTS

SPORTS • ADULT FITNESS • YOUTH PROGRAMS • SPECIAL EVENTS • AND MORE!

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REGISTER EARLY!

Nothing cancels a program faster than everyone waiting until the last minute to register. If there are not enough registrations by a certain date (sometimes weeks before the program even starts), we cancel the activity, which in most situations cannot be undone. After this date passes, trying to register will not revive the program, so please register early.

**Register online at www.CantonRec.org
over the Phone at 860-693-5808
or in Person at the
Parks & Recreation Office**



"Follow" us on Instagram at
"CantonCtParksandRec"

PARKS & RECREATION

LOCATED IN THE CANTON COMMUNITY CENTER - 40 DYER AVE.

Office Hours

Monday-Friday: 8:30 a.m.-4:30 p.m.

Office Phone Number

860-693-5808

Website

www.CantonRec.org

Director of Parks and Recreation

Courtney A. Hewett, CPRP, CPO
chewett@townofcantonct.org

Recreation Supervisor

Kellie M. Faust, MSed
kfaust@townofcantonct.org

Recreation Coordinator

Lexi C. Polasek
lpolasek@townofcantonct.org

Parks and Recreation Commission

The commission meets the 3rd Monday of every month in the Canton Community Center-unless otherwise specified.

Rebecca Andrews – Chair

Christopher Eckert, Julius Fialkiewicz

Ben Holden, Todd Jacobs

Elaine Vallo, Brian Miller

Visit www.TownOfCantonCT.org to view meeting schedules, agendas and minutes. Members of the public are always welcome to attend the commission meetings!

MEET OUR STAFF

Courtney A. Hewett

Director of Parks and Recreation

Courtney Hewett has been serving the Town of Canton since October 2014; she oversees all of the department's operations. Courtney has earned a Bachelor's Degree in Sociology from Central Connecticut State University and is currently enrolled in the Master's program of Recreation Administration at Southern Connecticut State University. Before coming to Canton she served Wethersfield Parks and Recreation Department as the Aquatics Director, Swim Coach and a variety of other roles.

Courtney has been involved in the field of Parks and Recreation for over a decade. She serves as co-chair for the Aquatics Section and Camps Section for the Connecticut Recreation and Parks Association. Courtney is a Certified Parks and Recreation Professional with the National Recreation and Parks Association, a Certified Pool Operator through the National Pool/Spa Foundation, and a Water Safety Instructor and Lifeguard Instructor with the American Red Cross. Courtney was most recently awarded the Connecticut Parks and Recreation's R. Peter Ledger 2018 Young Professional. Courtney's favorite recreational activities include traveling, reading, and rock climbing.



Pictured: Lexi Polasek (left), Courtney Hewett (middle), Kellie Faust (right)

Kellie M. Faust

Recreation Supervisor

Kellie Faust joined the Canton Parks and Recreation team in May 2018; she oversees many department programs including CAST, the Recreation Basketball League, sports and fitness programs, aquatics programming and special events. Kellie has earned her Bachelor's Degree in Childhood Education from Long Island University-Post Campus and her Master's Degree in Sports Management from Old Dominion University. Before coming to Canton she worked at Yale University as the Graduate and Professional Recreation Coordinator. Kellie's favorite recreational activities include playing with her dogs, running and playing kickball.

Alexandra C. Polasek

Recreation Coordinator

Lexi Polasek has been with the Town of Canton since May 2017 where she oversees a number of department programs including the Explorers Day Camp, Tiny Tots Pre-school Camp, vacation camps, youth enrichment programs, and the Beyond the Bell afterschool program. Lexi has earned her Bachelor's Degree in Recreation, Tourism and Sports Management from Southern Connecticut State University.

Lexi's favorite recreational activities include hiking, boating, gaming and drawing.

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Charles J. Keefe, DMD

Matthew P. Keefe, DMD

Theresa F. Keefe, DMD

Janot J. Bente, DMD

Jo-Anne Castellone, DMD

DEPARTMENT INFORMATION



Department Mission Statement

It is the mission of the Canton Parks and Recreation Department to provide a wide range of recreational and leisure opportunities in an effort to enhance the quality of life for all Canton residents and promote positive physical, social and emotional experiences.

In our effort to achieve this goal we will continue to provide safe, attractive, and well maintained facilities.

ADA/Special Accommodations

Canton Parks and Recreation is committed to meeting the needs of the entire population. Accommodations may be arranged for department programs and activities for individuals with special needs. Please contact Courtney Hewett, Director of Parks and Recreation to discuss options to help modify or accommodate varying needs. Please contact us a minimum of 3 weeks prior to the start of an activity to ensure ample time for an accommodation to be arranged.

Scholarships

Individuals in need of a scholarship may pick up or download a scholarship application from www.CantonRec.org or in person at the Parks and Recreation Office. Completed forms must be submitted to the Senior and Social Services Director via email or in person during business hours. Plan ahead and please allow 2-3 weeks for processing applications, scholarship decisions will be communicated via email.

Communication

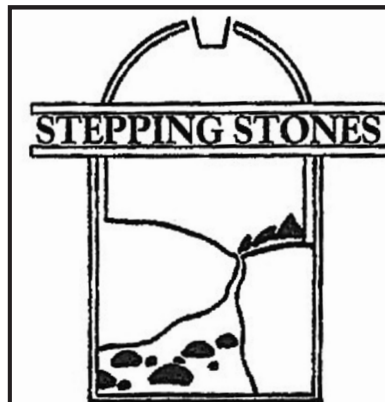
The Canton Parks and Recreation Department communicates in a variety of ways. This includes through our department Facebook page (subscribe by clicking "like" on our page), through our website www.CantonRec.org and through our e-mail blast system. We strongly recommend you subscribe to our e-mail system for the latest updates including new programs, class changes, upcoming events, registration information, contests, and more. To subscribe create or log in to your household account at www.CantonRec.org and check off "receive updates" and "cancellations." Please contact the office if you need assistance.

Program Refund Policy

1. Canton Parks and Recreation reserves the right to cancel programs for insufficient enrollment numbers. In the event we cancel a program you will receive a full refund.
2. Refunds may be issued if you cancel out of a program a minimum of 1 week prior to it beginning (excluding bus trips). A \$10 cancellation fee will be deducted.
3. Refunds cannot be issued after a program has already started for select activities including bus trips and consignment tickets.
4. Registrations made via credit card may be refunded back to the card (typically takes up to 1 week), cash or check registrations will be refunded via check (takes 2-3 weeks).

Mistakes Happen!

The Parks & Recreation Department has made every effort to prepare this brochure as accurately as possible. However due to publication deadlines, program information may change, necessitating adjustments to programs, fees, or schedules. We apologize in advance should you find an error or for any inconvenience these errors or adjustments may cause.



Educational Center, Inc.

370 Albany Tpke.
P.O. Box 523
Canton, CT 06019

Robert Amrein
Owner
LaNelle Stanhope
Director

(860) 693-6294 • (860) 693-2852
fax (860) 693-9685
www.steppingstonesedctr.com

DEPARTMENT INFORMATION

Rentals

The Town of Canton rents out select facilities and fields throughout the year. Please visit www.CantonRec.org and check out "Department Info" tab to find the necessary forms and policies. Completed forms may be submitted to the Parks and Recreation Office.

Canton Community Center Meeting Rooms contact the Parks and Recreation Office for reservations- no form required.

Canton Community Center Multi-purpose Room/ Town Hall Auditorium and other town sites require a special events application. Insurance certificate and fees may be required. Please allow at least 60 days in advance for applications to be reviewed. Contact the Parks and Recreation office for any questions.

Canton Park Fields require a Field Use Application. Non-residents and for-profit groups will be assessed fees. All groups require insurance certificate prior to use. Full details available on application.

Mills Pond Pool (seasonal only) and/or Park Pavilions require a completed Pool-Pavilion Rental Application. Contact the Parks and Recreation Office for available dates/times. Fee information is available on the application.



Call for New Program Instructors

Do you have a special talent or skill that you want to share with others? Canton Parks and Recreation accepts new program proposals year round. Program Proposal applications are available at www.CantonRec.org, completed applications should be submitted to Lexi Polasek, Recreation Coordinator at lpolasek@townofcantonct.org

Canton Youth Sports Affiliates

Not finding a particular sports program in this brochure? Check with our local Canton Youth Sport affiliates below:

Canton Little League: www.cantonll.com

Avon/Canton Hockey: www.avonhockey.com

Basketball: www.cantonyouthathletics.com

Football/Cheer: www.focf.zoomshare.com


Lacrosse: www.cantonlax.org

Soccer: www.cantonsoccer.org

Travel Football: www.warriorsfbc.com

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SPECIAL EVENTS

Movie in the Park featuring Space Jam

(Friday, September 27th at 6:45 p.m.)

Bring a lawn chair, some blankets and snacks to Mills Pond Park on Friday, September 27 to enjoy the family classic Space Jam. Movie starts at dark and will be shown by the stage where the summer concerts are held. This event is completely FREE!

6th Annual Spook-A-Palooza: Halloween Carnival

(Saturday, October 12th at 12-2 p.m.)

Calling all ghouls and goblins- Canton Parks and Recreation will be hosting the sixth annual Spook-A-Palooza Halloween Carnival at Mills Pond Park on Saturday, October 12. The carnival kicks off at 12 p.m. with a special performance by Magic by George. All of George's shows are filled with exciting magic, comedy, and fun-filled audience participation. Members of the audience even come up onstage and actually perform some of the magic!!! Then from 1-2 p.m. families can enjoy painting pumpkins and a bounce house! Children are encouraged to come in costumes.

This event is completely FREE!



6th Annual Turkey Shoot Basketball Contest

(Friday, November 15th at 6-7 p.m.)

Help the less fortunate this holiday season by participating in Canton Parks and Recreation's Turkey Shoot Contest. The Turkey Shoot is for 8-13 year olds and a parent or guardian of his or her choice. Child and parent will compete in a basketball foul (or is it fowl?) shooting contest for a chance to win a gift card! Parent/child teams will be divided into two groups: 8-9 years old and 10-13 years old. A winner will be awarded in each category and various prizes will be raffled off at the end of the night. The event will be held in the Canton Intermediate

School Gymnasium. Doors open at 5:30 p.m. with the event starting at 6 p.m. Admission is \$5 per team and a canned good for donation to a local food bank. Pre-registration required!

Annual Breakfast with Santa

(Saturday, December 7th at 9:30-11 a.m.)

Canton Parks and Recreation Department will be hosting our annual Breakfast with Santa on Saturday, December 7 from 9:30-11 a.m. We invite families to bring their children to meet Santa Claus and enjoy a tasty breakfast. The menu includes pancakes, sausages, fresh fruit, muffins, coffee, tea, cocoa, milk and juice. Food is prepared by the outstanding volunteers of the Avon-Canton Rotary Club. There will be arts and crafts, festive music and special entertainment provided by the highly popular T-Bone.

Early Bird Tickets (purchased on or before Nov. 15) \$12 adults, \$10 child.

Regular Tickets (purchased after Nov. 15) \$15 adults, \$12 child. All guests who attend the event will be charged the admission fee. Space is limited, register today!

Christmas in Collinsville

(Friday, December 6th at 7 p.m.)

Visit Parks and Recreation at the annual Christmas in Collinsville event on Friday December 6th outside the Historical Society building. We will be hosting the tree lighting ceremony at 7 p.m.



PRE-SCHOOL PROGRAMS



ACROfitness: TumbleTots

(Ages 2-4)

Music, games & FUN for your 2-4 year old. This program is an introduction to tumbling with somersaults, cartwheels and backbends. The class is active play and learning, your little one will get a great work-out! Maximum of 10 participants for this class so don't wait to register! Class is expected to fill quickly.

Dates: Mondays, 11/4-12/16

(No class 11/11)

Time: 9:30-10:15 a.m.

Location: CCC

Fee: \$60 (NR \$70)

TinkerGarten

(Ages 18 months-5 years)

Tinkergarten provides high-quality early childhood learning in the healthiest classroom of all—the outdoors. Families connect with trained leaders in their local community for play-based kids classes that help develop core life skills, all while having fun! Though it just feels like fun, a season of Tinkergarten lessons are engineered to help kids develop a range of school readiness and lifelong-learning skills. We make learning irresistible by inspiring wonder, leveraging brain science, and even sprinkling in some best practices in game mechanics.

Dates: Tuesdays 9/10-10/29

(Free Trial Session: 9/3, 10-11:15 a.m.)

Time: 10-11:15 a.m.

Fee: \$180 for first sibling
(\$126 for additional sibling)

Location: Mills Pond Park - Pavilions

Music with Ms. Jean

(Ages 18 months-3 years)

This guitar led sing-along class consists of music and activities that keep everybody moving. Have fun playing instruments, jumping to the rhythms and learning some musical games. This class gets the kids dancing and helps them burn off some energy for nap time. Have fun playing instruments and learning musical activities and games. Learn to enjoy playing with other toddlers!

Dates: Wednesdays

Session I: 9/25-10/30 **Session II:** 11/13-12/18

Time: 9:30-10:30 a.m.

Location: CCC

Fee: \$70 (NR \$75)

Pre-School Hoops

(Ages 3-5)

Youth ages 3-5 years will be introduced to the sport of basketball in a friendly, safe, and fun environment. Kids will learn skills and techniques through a variety of activities and games. Come join the fun. Register today!

Dates: Thursdays, 10/1-11/12

(No class on 10/8)

Time: 5:15-6 p.m.

Location: CCC

Fee: \$65

YOUTH ENRICHMENT PROGRAMS

American Red Cross Babysitter Training

(Ages 11-16)

The American Red Cross is the nation's leader in babysitter training and will prepare you to be the best sitter in your neighborhood. This class provides knowledge and skills necessary to safely and responsibly give care for children and infants. Participants will develop leadership skills; learn how to develop a babysitting business, keep themselves and other safe and help children behave; while learning about basic child care and basic first aid. Participants should bring lunch, a snack and drink(s).

Date: Tuesday, November 5

Time: 10 a.m.-3 p.m.

Location: CCC - Room E

Fee: \$135 (NR \$150)

Art-ventures Monsters and Mermaids Fantasy

(Grades K-3)

Pay no attention to that fire-breathing dragon! Armored in aprons and wielding paintbrushes, brave young art explorers journey into a fairytale kingdom, where fairies flit through rainbow skies and zany zombies roam the streets. Meet fantastical creatures, both spooky and sweet, while conjuring bedazzling art: Decorate wicked cool witch or wizard hats and sculpt clay witches on broomsticks! Design colorful ceramic skulls inspired by Dia De Los Muertos and paint unicorn or dragon banks. Craft monster t-shirts and create sparkling castles on canvas. Make hand puppet mermaids, vampires, fairies, werewolves, or any creature you can imagine. Build UFOs and sculpt clay aliens to fly them, construct haunted house boxes, and make metal robot art. Using some very magical potions and spells (i.e. materials and techniques), art-venturers experience painting, drawing, sculpting, stained glass, ceramics, fabric art, and more. Enchanting two and three dimensional masterpieces come home each week.

Fun, fantasy-filled art-ventures!

Dates: Tuesdays, 9/17-11/19

(No class 11/5 and 11/12)

Time: 3:40-4:40 p.m.

Location: CBPS

Fee: \$130 (\$140 NR)

Art-Ventures in the Rainforest

(Grades K-3)

Head off on a jungle safari! Art adventurers trek through the rainforest, discovering the wondrous and rare creatures that call it home. Journey into the world of parrots, jungle cats, snakes, red-eyed tree frogs and more, and experiment with whimsical and original art forms and techniques. Create stained glass tigers, build rockin' rain sticks, paint ceramic turtles, design repoussé reptiles, and sculpt froggy light switch covers. Throughout the voyage art adventurers learn about the importance of saving the rainforest, and pick up super artist survival skills like printmaking, painting, collage, and journaling. They even make their own t-shirts using a unique and unusual oil pastel technique. Surprises and laughter round out this fun-filled art safari. Adventurers return home with awesome works of art each week.

Dates: Tuesdays, 12/10-2/11

(No class 12/24 and 12/31)

Time: 3:40-4:40 p.m.

Location: CBPS

Fee: \$130 (NR \$140)

Improv for Kids with Sea Tea Improv

(Grades 9-16)

Too often, kids are told to be quiet and listen, but with Sea Tea Improv, we want to hear their wildest and most creative ideas! Sea Tea Improv's classes are all about harnessing the wit and wisdom of students ages 9-16 and turning it into intelligent, cool comedy. Whether your child wants to pursue a career in comedy, become more confident in social and academic settings or round out theatrical training, Sea Tea Improv is here to help. This class is a creative space for kids to utilize, exercise, and develop their individual talents while working together with a team of peers to create comedy theater!

Dates: Thursdays, 10/17-11/14 (No class 10/31)

Time: 6-7:30 p.m.

Location: CCC

Fee: \$80 (NR \$85)

NEW! Pottery for Kids

(Grades 8-16)

Experience the wonders of working with clay on the potters' wheel! Participants will learn throwing, embellishing and glazing techniques to create dishes they can enjoy using every day. Newcomers and those with clay experience are welcome. Come enjoy the fun!

All tools and clay provided.

Session I: Mondays, 9/16-10/14

Session II: Tuesdays, 9/17-10/15

Time: 4:30-6 p.m.

Fee: \$145 (\$155 NR)

Location: Gildersleeve Pottery Studio

YOUTH ENRICHMENT PROGRAMS

Beyond the Bell – Afterschool Program (Grades K-3)

Everyone is a little disappointed when the summer is over, but Canton Parks & Recreation keeps the summer camp fun going with our Beyond the Bell program! Beyond the Bell is an action-packed afterschool program for Cherry Brook Primary School students in grades K through 3. The program will be offered from 3:30-6 p.m. on Monday through Friday with the exception of school vacations, holidays, professional development days, and snow days. Beyond the Bell is the school year equivalent of our tremendously popular Explorers Summer Camp and is run in the same format including indoor and outdoor sports, group games, arts and crafts, and even entertainers.

Benefits of an afterschool program are widespread. Quality afterschool programs provide a safe, nurturing place with supervision for school age children and the opportunity to reinforce learning from school, teach social skills, and encourage good citizenship. Through the activities that we offer, we hope to help your children develop some life-long leisure skills, as well as an understanding about the importance of having recreational interests. Children will be provided with a snack and our staff will do homework with them every day. Participants can be picked up any time before 6 o'clock. We now offer a flexible schedule for our Two and Three Day Option, where you pick the days that fit your schedule that are consistent for that month! Register for the Fall Semester Package or our full School Year packages to save!

Dates: Monday-Friday, 9/3-12/20

September: 9/3-9/27

(No class on 9/2, 9/30)

October: 10/1-11/1

(No class on 10/9, 10/11
and 10/14)

November: 11/4-11/29

(No class on 11/5, 11/12-11/14, and 11/27-11/29)

December: 12/2-12/20

(No class on 12/23-12/31)

Time: 3:30-6 p.m.

Location: CBPS

Fees: Fully Loaded Week (5 Days):

September: \$230

October: \$255

November: \$155

December: \$200

Fall Fully Loaded Package: \$700 (9/3-12/20)

All Year Package: \$1,650 (9/3/19-6/11/20*)



You Pick Three Days Per Week:

September: \$140

October: \$140

November: \$90

December: \$125

Fall Package: \$415 (9/3-12/20)

All Year Package: \$999

(9/3/19- 6/11/20*)

**You Pick Two Days
Per Week:**

September: \$90

October: \$125

November: \$65

December: \$80

Fall Package: \$320 (9/3-12/20)

All Year Package: \$750 (9/3/19-6/11/20*)

**Estimated end of year date, dates are subject
to change due to weather cancellations throughout
the school year.*

NEW! Beyond the Bell Half Day Adventures (Grades K-5)

Beyond the Bell will be held on Half Days for even more exciting adventures! On half days children will be going on a field trip or having an entertainer or pizza party during the colder days. Children will still have time for homework and be provided with a snack. A scheduled field trip/activity calendar will be out soon.

If your child attends Cherry Brook Primary School, they will take a bus at normal dismissal time to the Canton Community Center. Our Beyond the Bell staff will greet them at the bus stop and walking them inside to the Canton Community Center for the entertainer/pizza party, or be boarding the bus with them for the field trip option.

If your child attends Canton Intermediate School, our staff will sign them out at dismissal and walk them across the street to the Canton Community Center. They will then board the bus that arrives from Cherry Brook Primary School if it is a field trip day.

Please view our website for field trip locations:

Cantonrec.org.

Dates: 10/11, 11/12-11/14, 1/17, 3/10-3/12, and 5/22

**Note: We will not be having Beyond the Bell's Half Day Adventure on November 27th due to the upcoming holiday*

Times: CBPS- 1 p.m. to 6 p.m. | CIS- 12:15 p.m. to 6 p.m.

Location: CCC- Room D

Fees: October: CBPS- \$50 | CIS- \$60

November: CBPS- \$125 | CIS- \$150

January: CBPS- \$50 | CIS- \$60

March: CBPS- \$125 | CIS- \$150

May: CBPS- \$50 | CIS- \$60

YOUTH ENRICHMENT PROGRAMS

NEW! **Beyond the Bell – Afterschool Program at CIS**

(Grades 4-5)

Beyond the Bell is an action-packed after-school program that is now offered for Canton Intermediate School students in grades 4 and 5! Our staff will sign children out and walk them across the street from CIS to the Canton Community Center where the program will be held.

The program will be offered from 2:45-5:30 p.m. on Monday through Friday with the exception of school vacations, holidays and snow days.

Participants can be picked up any time before 5:30 p.m. Children will be provided with a snack and our staff will do homework with them every day.

For more information about Beyond the Bell please view Beyond the Bell's description above, or in our Parent Handbook, located on our website: cantonrec.org.

Dates: Monday-Friday, 9/3-12/20

September: 9/3-9/27

(No class on 9/2, 9/30)

October: 10/1-11/1

(No class on 10/9, 10/11
and 10/14)

November: 11/4-11/29

(No class on 11/5, 11/12-11/14,
and 11/27-11/29)

December: 12/2-12/20

(No class on 12/23-12/31)

Time: 2:45-5:30 p.m.

Location: CCC – Room D

(Subject to change)

Fee:

Fully Loaded Week (5 Days):

September: \$240

October: \$265

November: \$165

December: \$210

Fall Fully Loaded

Package: \$700 (9/3-12/20)

All Year Package: \$1,650
(9/3/19-6/11/20*)

You Pick Three Days Per Week:

September: \$150

October: \$150

November: \$100

December: \$135

Fall Package: \$425 (9/3-12/20)

All Year Package: \$999 (9/3/19-6/11/20*)

You Pick Two Days Per Week:

September: \$95

October: \$130

November: \$70

December: \$85

Fall Package: \$320 (9/3-12/20)

All Year Package: \$750 (9/3/19-6/11/20*)

**Estimated end of year date, dates are subject to change due to weather cancellations throughout the school year.*

Guitar Lessons

(Ages 10-16)

An introduction to guitar technique for the beginner player to learn to play the songs they love. This class includes scales, rhythm, reading tabs, and an understanding and application of basic chords. Students will receive a foundation in music theory and appreciation. Class size is kept small for more one on one attention. Students are required to bring their own acoustic steel or nylon string guitar.

Dates: Tuesdays 10/1 - 11/19

Time: 6-7 p.m.

Location: CCC

Fee: \$100 (NR \$110)

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YOUTH ENRICHMENT PROGRAMS

Canton Amateur Seasonal Improv for Kids (Ages 6-9)

For the little ones looking to explore the wonderful world of Theatre, CAST for Kids is for you. Children explore acting through a variety of theatre games and exercises. Students will learn basic theatre terminology. The class will learn a song and present a scene as an opener to our CAST fall presentation of High School Musical Jr!

Production dates are: 11/15 & 11/16

Dates: Saturdays, 9/21-11/09

Time: 10:30 a.m. – 11:30 a.m.

Location: CCC

Fee: Early Bird Price: \$225 (Register by 8/26)

Regular Price: \$235

Canton Amateur Seasonal Theatre: C.A.S.T. Presents High School Musical Jr.

(Grades K-3)

Disney Channel's smash hit movie musical comes to life on the stage in Disney's High School Musical JR. Troy, Gabriella and the students of East High must deal with issues of love, friends and family while balancing their classes and extracurricular activities. The show's infectious, danceable songs are sure to engage performers and audiences alike. Production dates are 11/16 & 11/17

(Location TBA)

Dates: Mondays and Wednesdays, 9/16-11/13

(No class on 10/14)

(Schedule will also include a few Saturday afternoon rehearsals with specific characters - dates TBD)

Time: 4-6:30 p.m.

Location: CCC

Fee: Early Bird Price: \$399 (Register by 8/26)

Regular Price: \$430

Explorers December Camp (Ages 6-12)

Our extremely popular Explorers Summer Camp brings you some sun and fun this winter with Explorers December Camp! The pool may be closed but we've brought everything else with us – the games, arts & crafts, and sports have all made their way over from Mills Pond Park. Camp is the perfect place to make new friends and create memories that last a lifetime, and now Explorers is bringing the heat in December! Camp is held in the Canton Community Center- Parks and Recreation Room from 9am-3pm, Wednesday through Friday.

Field Trip Day: Friday

December 27th

Dates: Monday, 12/23 and

Thursday-Friday 12/26-12/27

Time: 9 a.m. – 3 p.m.

Location: Canton

Community Center

Early Bird Price (on or before November 29): \$35

per day (\$45 on field trip day) or \$90 for

the week

Regular Price (after

November 28): \$45 per day

(\$55 on field trip day) or

\$120 for the week



STEM FUNDamentals with LEGO Materials

(Grades K-3)

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Houseboats, Mini Golf Courses, Forklifts, and the London Tower Bridge! Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

Dates: Fridays, 10/4-11/22 (No class 10/11)

Time: 3:40-5:10 p.m.

Location: CBPS

Fee: \$144 (\$155 NR)

Mad Science: Secret Agent Lab (Grades K-3)

Develop your special agent and detective skill in this super hands-on week of fun! Uncover the science involved in evidence gathering and analysis. Sharpen your secret agent skills and discover how chemistry and the science of forensics can come to the aid of a secret agent. Identify and collect evidence – from fingerprints to tracks to trash! Secret agents-in-training will use science and awesome technological tools to connect the dots and help sniff out the suspects in this investigation into the science of sleuthing. program is 100% FUN!

Dates: Mondays, 10/21-12/9

Time: 3:40-4:40 p.m.

Location: CBPS

Fee: \$155 R (\$165 NR)

YOUTH SPORTS PROGRAMS

Next Generation Dance & Gymnastics

(Ages 3-12)

This dance and gymnastics program is designed for all skill levels. Students will learn a variety of dance and gymnastic routines. This class will emphasize skill building, meeting new friends and of course having fun! No experience is needed.

Instructor: Alyssa Laigle, Dance Instructor and Fitness Trainer

Dates: Wednesdays

Session I: 9/25-11/13

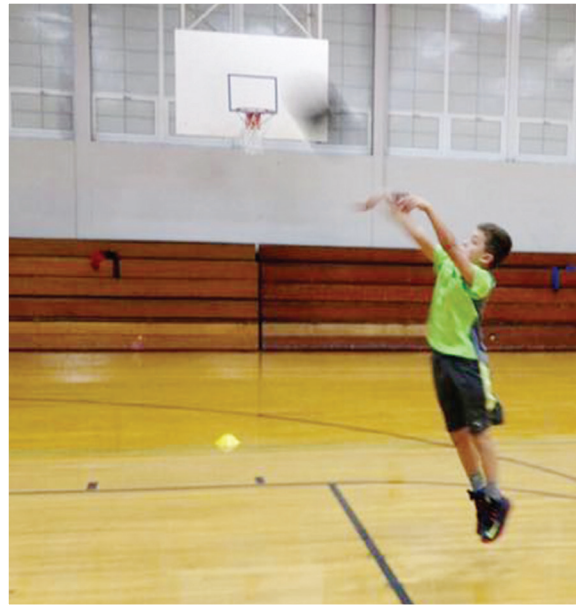
Session II: 11/20-1/29 (No class 11/27/19, 12/25/19, 1/01/20)

Times: 4:30 – 5:30 p.m.: Combo (Gym, Hip-Hop & Ballet/Tap) – ages 3-5

5:30 – 6:30 p.m.: Hip-Hop & Gymnastics – ages 6-12

Cost: \$95 (NR \$105)

Location: CCC



REC Hoops Basketball Clinic

(Grades K-3)

This after school clinic is for children interested in learning the basic skills and fundamentals of basketball: dribbling, shooting, and passing. The program focuses on the basics of basketball using smaller balls and lower hoops. This is a very popular program and fills up fast! Classes are a ton of fun and include a mix of warm ups, drills, and games.

Dates: Kindergarten & 1st grade – Mondays: 9/9-10/7 (No class 9/30)

2nd & 3rd grade – Tuesdays: 9/10-10/15 (No class 10/8)

Time: 3:40-4:40 p.m.

Location: Cherry Brook Primary School Gym

Fee: K/1: \$40 (NR \$50)

2/3: \$50 (NR \$60)

Recreation Basketball League

(Grades K-8)

Recreation Basketball League (Grades K-8) is Canton Parks and Recreation's popular basketball league for boys and girls interested in learning the sport of basketball and participating on a team. Players will be grouped into teams within grade brackets after the assessment night (10/23 & 10/24) with the goal of creating balanced, competitive teams. Due to limited space, some grade brackets may fill up. Don't wait to register! Participants will have one practice per week on a weeknight and one game per week on Saturday mornings/afternoons. The program runs November-February/March under the direction of Recreation Supervisor Kellie Faust.

Canton Parks & Recreation is continuing its partnership with Avon, Burlington, and Farmington to expand the size, competition, network and length of our leagues. This will ensure a variety of competitors and provide an early foundation for travel, AAU, and high school athletics. Games will be held in Canton, Avon, and Farmington on Saturday mornings/afternoons. Please note, some minimal travel within the Farmington Valley is required. For more information visit our website, CantonRec.org

Important Dates:

Early Bird Registration Deadline – September 4th

Registration Deadline – October 14th

Assessments – October 23rd and 24th

(No assessments for K-1)

Practice Begins – November (schedule will be released after teams are formed)

Regular Season Begins – December (approx. 10 weeks – schedule will be released after teams are formed)

Early Bird Summer Fee: \$109 (Before September 4)

Regular Registration Fee: \$130 (September 4 - October 14)

Late Registration Fee: \$145 (Late registration will be available only for teams with space)

YOUTH SPORTS PROGRAMS



NEW! Warrior Soccer Clinic

(Ages 4-9)

Join the Canton High School Girls Soccer coaches and players for this action packed soccer clinic. Participants will learn new skills and proper technique all while having fun. This clinic is great for beginner to intermediate players to work on developing dribbling, passing and shooting skills.

Dates: Saturdays, 9/7-9/28

Time: 10 – 11 a.m.

Location: CHS Turf

Fee: \$45 (NR \$50)

Girls Farmington Valley Field Hockey League

(Grades 5 & 6)

The towns of Canton, Simsbury, Avon, Granby, Burlington, Farmington, and now Wethersfield comprise the Farmington Valley Girls Field Hockey League. No previous experience is necessary. Teams will be formed in each town consisting of players in grades 5 and 6. Teams will practice one day a week in their respective towns and games will be played on Sunday afternoons in the various communities. Practices will begin at the end of August or early September at the discretion of the Head Coach. Games will be held Sundays starting at 2:30pm. Schedule available soon. Players will need to bring shin guards, eye protection, mouth guards, cleats or sneakers, a stick and water. Jerseys will be provided. This is a Recreation Travel League, so there are no tryouts, cuts, etc. Limits will only be placed on the number of players on each team based upon a first-come, first-served basis.

Registration Deadline: 8/23

Fee: \$95 for the season

NEW! Warrior Basketball Preseason Clinic

(Grades 4-8)

The Warrior Basketball Preseason clinic hosted by Canton Varsity Boys Basketball Coach, Craig Archambault, will be a 5-week skill development program for boys and girls in grades 4-8. This 90 minute skill clinic will focus on developing fundamental skills in the areas of ball handling, shooting, passing, defense, individual scoring moves and team offense/defense strategies.

It will give participants the opportunity to learn and prepare their skills for their winter season ahead! Staff will include Canton High School Basketball Coaches and Players. All campers will receive a camp t-shirt with the program!

Dates: Thursdays, 9/12-10/17 (No class 9/19)

Time: 6 – 7:30 p.m.

Location: CIS Gym

Fee: \$150 (NR\$160)

After School Ski Bus to Ski Sundown

(Grades 4-12)

The goal of this program is to promote health, fitness, and social benefits of snow sports. Ski Sundown offers discounted lift tickets, equipment rentals and ski & snowboard lessons for all abilities. There is a variety of terrain from novice trails, a terrain park for beginners at the Sunnyside Learning Area to more challenging runs and larger terrain features on the main mountain. Bus transportation provided for this 5-week chaperoned program. Please contact 860-693-5808 if you would like to chaperone. Chaperones ski for free and get additional passes for future visits! Information packets and all required forms will be available at CIS, CMS and CHS Main offices in October. Ski Bus will be on Thursdays starting in January. Stay tuned for 2020 packages and rates – go to cantonrec.org for more information. Registration deadline is November 1st.

TEEN, ADULT, AND SENIOR PROGRAMS

NEW! Pottery for Adults (Ages 15+)

Experience the wonders of working with clay on the potters' wheel! Participants will learn throwing, embellishing and glazing techniques to create dishes they can enjoy using every day. Newcomers and those with clay experience are welcome. Come enjoy the fun! All tools and clay provided.

Session I: Tuesdays, 9/17-10/15, 7-9 p.m.

Session II: Wednesdays, 9/18-10/16, 9:30-11:30 a.m.

Session III: Wednesdays, 9/18-10/16, 1-3 p.m.

Session IV: Wednesdays, 9/18-10/16, 7-9 p.m.

Session V: Thursdays, 9/19-10/17, 7-9 p.m.

Fee: \$185 (NR \$195)

Location: Gildersleeve Pottery Studio

Super Senior Stretch with Marie

Stretch, tone, and flex your way to a healthier you; to the music of the big band era. This exercise program works on flexibility, muscle tone, and balance- keys to maintaining a healthy lifestyle as we age. Sessions run every two months with a make-up week (only if needed) at the end of the second month.

Dates: Tuesdays

September/October Session: September 3 – October 22 (Make-up date: October 29)

November/December Session: November 5 – December 17 (Make-up date: TBD)

Time: 10:30-11:30 a.m.

Fee: \$30 per bi-monthly session

Location: CCC

Every Body's Exercise for Seniors with Mary

Stretch, tone, and flex your way to a healthier you. Mary is a fun-loving instructor, telling jokes, and wearing crazy costumes. She makes exercise seem effortless and fun! Come out and give it a try-you'll be hooked! Sessions are 4 weeks long- Pay by the month.

Date: Fridays



Time: 10:30-11:30 a.m

Fee: \$15 per month session

Location: CCC

Zumba Gold with Denise

Join the party and enjoy the health benefits of this energetic, feel good, low impact aerobic workout. This class is a total body workout set to Latin and international rhythms. We use the same music and choreography as Zumba Basic; the routines are just modified to be gentler on your knees. No experience necessary, just a willingness to dance and have fun while logging at least 5,000 steps on your fitness tracker! Classes run continuously throughout the year. Classes are offered 2 days a week. Buy 10 classes for \$65 and fit the classes into your schedule. No experience necessary, "Let the Energy Move You!" Not sure if Zumba is right for you? No problem! Denise is offering one free trial class. Go online to register or call the office.

Dates/Times: Tues 6-7 p.m. & Sat, 10:30- 11:30 a.m.

Fee: \$65 for 10 Classes, make your own schedule

TEEN, ADULT, AND SENIOR PROGRAMS



Yoga with Nancy

(Ages 14+)

Yoga is a simple, amazing connection of body, mind and spirit, great for all ages & body types. Class includes stretches, breathing techniques and relaxation. It will enhance your physical and mental well-being, increase strength, reshape muscles and tone your entire body. Participation will energize you and improve your overall health, including posture, balance, power and range of motion. It's great for people with back problems and for alleviating muscle soreness and joint inflammation. Yoga will improve your overall quality of life and keep you looking and feeling better throughout the year.

Dates: Thursdays

Session I: 10/17-12/12 (No class 11/28)

Session II: 12/19-2/06/2020

Time: 7:30-8:30 p.m.

Fee: \$80 (NR \$90)

YogaCHI with Mary Ellen

(Ages 14+)

YogaCHI is for all levels and everyone is encouraged to try it out! In this gentle but energizing class we will intelligently combine disciplines of Yoga, Pilates and CHI-Gong. The emphasis will be on exercises to deepen the breath, strengthen the muscles of the "core" as well as upper body, arms and legs combined with deep stretching and ending with therapeutic relaxation techniques. The class is designed to bring energy and balance into the body, mind and spirit, cultivation health, vitality and longevity. Yes, this is for everyone!

Dates: Thursdays

Session I: 9/26-10/31

Session II: 11/7-12/19 (No class 11/28)

Time: 10-11a.m.

Fee: \$60 (NR \$70)

Location: CCC

NEW! Cardio-Sculpt

Want to lose weight and get stronger? Come to Cardio-Sculpt! You will burn tons of calories to fun, upbeat music as you perform intervals of cardio drills and tone exercises. All fitness levels, from beginner to advanced, are encouraged to sign up as various options for each exercise will be provided. Mats and weights are available for use, but participants can also bring their own.

Dates: Wednesdays

Session I: 9/11-10/16

Session II: 10/23-12/4 (No class 11/27)

Time: 7:30-8:30 p.m.

Fee: \$60 (NR \$70)

Location: CCC

Power 10 Indoor Rowing

(Ages 18+)

Group Indoor Rowing Classes don't require any experience and are similar to spinning classes, except that every major muscle group is involved. Each class is an hour long including warm up and stretching and is designed to burn fat and improve cardio, strength and overall fitness and to have fun while doing it! Our classes are offered to all levels of experience and each rower will work at his/her own intensity. Group Indoor Rowing classes are never the same experience with a great variety of indoor rowing workouts. Classes are limited to 10 participants so the instructor can provide individual attention to each rower. Any makeup sessions should be coordinated with the Power 10 instructors. Classes are held at the Power 10 Indoor Rowing Studio in Avon. Register today!

Monday Class – 9:30 a.m. OR 6:30 p.m. \$59

Session I: 8/5-9/16 (No class 9/2 –

Labor day)

Session II: 9/23-10/28

Session III: 11/4-12/9

Wednesday Class – 9:30 a.m.

OR 6:30 p.m. \$59

Session I: 8/7-9/11

Session II: 9/18-10/23

Session III: 10/30-12/4

Senior Group – 1 p.m. \$89

Tuesdays, 8/6-9/24 (8 weeks)

Thursdays, 8/1-9/19 (8 weeks)

Location: Power 10 Indoor Rowing Studio (Avon, CT)

TEEN, ADULT, AND SENIOR PROGRAMS

Men's Pickup Basketball

(Ages 18+)

For men looking for a pickup basketball game, come out to Canton Intermediate School Gym for recreational basketball in the evening. The program is in a pickup format with new teams each week. All ages and abilities are welcome! Equipment is provided. The program follows the school schedule for holidays, special events, and weather closures – schedule is subject to change. Please check the website for specific dates.

Under 35

Dates: Mondays, 9/9-12/16
(No games 9/30, 10/14 & 12/2)

Time: 7:30-9:45 p.m.

Location: CIS Gym

Fee: \$35 (\$45 NR)

Over 35

Dates: Tuesdays, 9/10-12/17
(No games 11/5 & 12/3)

Time: 7:30-9:45 p.m.

Location: CIS Gym

Fee: \$35 (NR \$45)

Co-ed Adult Volleyball

(Ages 18+)

Drop-in volleyball is back at Canton Intermediate School Gym for doubles, triples, and team matches. Standard outdoor doubles and triples rules will be utilized. The program is pick-up style with new teams forming each week. Equipment is provided. The program follows the school schedule for holidays, special events, and weather closures. Please check the website for specific dates.

Dates: Thursdays, 9/12-12/19

(No games 9/19)

Time: 7:30-9:45 p.m. (Time changes to 8:30-9:45 p.m. beginning in November)

Location: CIS Gym

Fee: \$35 (NR \$45) for the session

Guitar Lessons for Adults

Learning guitar is one of the many relaxing and absorbing activities that seniors and baby boomers are discovering. This is an excellent way to maintain good cognitive functioning as well as hand flexibility. Acquiring knowledge regarding playing a guitar, or any musical instrument, exercises all aspects of your brain: sight, sound, fine movement control and perception.



Dates: Wednesdays, 10/2-11/20

Session I: 10:30-11:30 a.m.

Session II: 1:30-2:30 p.m.

Location: CCC

Fee: \$100 (\$110 NR)

RoadMap To College

Junior year is the time for students to explore colleges and continue to position themselves as strong candidates. In this class you'll learn how to find the right college fit, plan strategically for the application process and create good teamwork between parent, student and school counselor. Topics include: curricular and extracurricular choices; the timeline and process for tests, recommendations, essays, visits, interviews, applications and scholarships; the vocabulary (ACT, FAFSA, Naviance, etc.); and the technology that supports the application process.

Instructor: Katherine Hooker, College Help 360

Date: Saturday, 11/9

Time: 12-3 p.m.

Location: CCC- Room C

Fee: \$60 per family (NR \$70 per family)

AAA Drivers Education Course

AAA's full Driver Education Program consists of 30 hours of classroom study and 8 hours of individual in-car lessons (four 2 hour lessons) in one of their specially equipped training vehicles. All students enrolled in the class must be 16 years of age or older by start of the class. One parent or legal guardian is required to attend the first class for the full two hours. Register through AAA at www.AAA.com/drivingschool.

Dates: Tuesdays, Wednesdays & Thursdays

Session I: 10/1-11/6 (No class 10/9 and 11/5)

Session II: 12/10-1/22 (No class 12/24-12/26, 12/31, 1/1)

Times: 2:30-4:30 p.m.

Fee: AAA Member Price \$595,
\$650 (Non-Member Price)

TOWN PARKS, TRAILS & FACILITIES



The Canton Community Gardens

Community Garden Plots Available

The Canton Community Gardens are located behind the Canton Community Center. Fee is \$35 for a 20 x 25 plot, and \$55 for a 20 x 50 plot, raised plot \$20 (Senior discounts available). All returning plot requests must be submitted by no later than Friday, March 15. New gardener applications will be accepted starting Friday, March 22 assigned on a first come first serve basis regardless of past participation. Gardens are assigned on a first come first serve basis regardless of past participation. Registration forms are available online at www.CantonRec.org and in person at the Parks and Recreation Office.

Canton Dog Park

The Canton Dog Park project is full steam ahead thanks to the combined efforts of the Parks and Recreation Department and the Friends of Canton Dog Park Inc., a non-profit group tasked with fundraising, planning and policy development. For a history of the project please visit www.CantonRec.org to view the original survey report and meeting minutes. For up-to-date information on the project please contact Alan Duncan, president of the Friends of Canton Dog Park Inc., at alanduncan54@gmail.com.

Dyer Field

Dyer Avenue

Home to Canton Little League's Softball program.

Canton Green

Dowd Avenue & Albany Turnpike

The Canton green is a quaint space in the middle of a busy section of town. This is also the home of the annual tree lighting event in December.

Willem Van Gemenen Memorial Field

Simonds Avenue

These fields are used primarily by Canton Little League and currently houses the park's maintenance garage.

Mills Pond Skate Park

1. Hours of Skate Park: Seasonally, Monday-Sunday from dawn to dusk.
2. In the event of any emergencies call 911. Please report any damage to the Canton Parks and Recreation Department at 860-693-5808.
3. When you enter this facility you assume all responsibilities that are inherent to extreme sports activities which could result in harm to yourself, others and/or property. To enjoy your experience, know your abilities and stay within them. The Town of Canton and its agents are not responsible for any injuries.
4. Helmets and protective gear are strongly encouraged. Use of helmets and protective gear will reduce your risk of injury.
5. Be respectful of others in this area and the rest of the park. Inappropriate language, loud music, rude disruptive behavior, smoking and use of alcohol or drugs are not allowed on town property.
6. Weather conditions may create unsafe surfaces for users. Please use judgment and inspect equipment before use.
7. No modifications to the skating surfaces or features are allowed. This includes additional ramps, jumps, or obstacles.
8. Please assist us in keeping the park clean by using trash cans. No food or drink is allowed within the park area.
9. Parent or legal guardian must be in attendance at all times if participant is under 12.
10. Any participant asked to leave by a Town Official must leave the premises immediately.

Mills Pond Park

East Hill Road

Mills Pond Park is Canton's premier recreation facility. The park includes: Olympic size pool, wading pool, sand volleyball court, picnic shelters, 4 tennis courts, 2 basketball courts, play scape, soccer fields, 3 baseball/softball diamonds, skate park and walking area around the pond.

Canton Community Center & Community Gardens

Dyer Avenue

CCC houses the Parks and Recreation, Public Library and the Senior/Social Services Department. The center includes program spaces and meeting rooms. Garden plots are available for purchase in the spring.

Bicentennial Park

Old River Road

This field is used by Canton Little League for practices. There is parking and access to the Farmington River Trail.

Information on these town parks and facilities is available at www.CantonRec.org