Mills Pond Pool Rules

- 1. All persons must shower before entering the pool.
- 2. Any persons suspected of having a communicable disease shall not use the pool.
- 3. Swim diapers are required for children who are not toilet trained.
- 4. Swim suits are required for all swimmers.
- 5. No masks, fins, or snorkels as well as no toys or floatation devices are allowed in the pool.
- 6. No children under the age of 10 shall enter the facility unsupervised (must be with an "adult" age 16 and older).
- 7. No running on the pool deck.
- 8. No dunking, pushing, splashing, or rough play is allowed in the pool area.
- 9. Spitting or blowing nose in the pool is prohibited.
- 10. Food or drink is not permitted in the pool area.
- 11. During programs all spectators must remain on grassy area of the facility- spectators are not allowed on the pool deck.
- 12. Swimmers must stay off lane lines.

Diving Rules:

- 1. No diving in the shallow end of the pool.
- 2. No swimming allowed in deep end.
- 3. Only one person on the diving board at one time.
- 4. No one may dive until the person before them has reached one of the ladders.
- 5. No sitting or hanging on the diving board, all dives and jumps must be made from a standing position.
- 6. Only one bounce is allowed on the diving board.

NEW - Covid-19 Rules:

- 1. Patrons should follow social distancing guidelines at all times. Guardians are responsible to ensure children practice social distancing.
- 2. Patrons will need to bring their own chairs, towels, etc. No chairs will be provided by facility. Chair groupings should be set a minimum of six feet apart. No chairs, blankets or lounges allowed on pool deck grass areas only.
- 3. Patrons must follow signage indicating flow of traffic when entering and exiting the facility, and any social distancing markers or signs.
- 4. Patrons must wear cloth masks or covering when 6 feet distance cannot be maintained within parties. Masks will not be required while in water, but 6 feet distances must be strictly maintained.
- 5. No touching members of other parties allowed.
- 6. Frequently wash hands and use hand sanitizer. Avoid touching your face; cough or sneeze into your elbow.